



Arboretum at Sunset *Acrylic*. Christiaan Rudolph Victor Slotemaker de Bruine 1941-2024

ACT Seniors Card Discount Directory 2026-2027



SENIORS CARD



AUSTRALIAN CAPITAL TERRITORY



WITH OVER
25 YEARS
EXPERIENCE

**CANBERRA OWNED
AND OPERATED**

15%
DISCOUNT FOR
SENIOR CARD HOLDERS

WHY CHOOSE US?

- ✓ EXPERIENCED TECHNICIANS
- ✓ LOCALLY OWNED & OPERATED
- ✓ WE COME TO YOU 7 DAYS A WEEK
- ✓ ALL TECHNICIANS ARE POLICE CHECKED
- ✓ NO TECHNOBABBLE, JUST PLAIN ENGLISH

HOW CAN WE HELP?

- ✓ INTERNET & EMAIL SETUP
- ✓ VIRUS & MALWARE REMOVAL
- ✓ NEW COMPUTERS & ACCESSORIES
- ✓ REPAIRS & UPGRADES - ALL MAKES

6112 8380

SHOP 39 HOMEWORLD CENTER
150 Soward Way Greenway ACT
(next to Access Canberra & Dan Murphy)



Foreword from the Minister for Seniors and Veterans, Suzanne Orr MLA

The ACT Government is committed to supporting older Canberrans to live well, stay connected and participate in community life. The ACT Seniors Card Program is one way we help make this possible.

This directory is a practical resource that helps older Canberrans access discounts and concessions across a range of goods and services. From everyday essentials to health and wellbeing, the ACT Seniors Card supports choice and affordability. It also encourages older Canberrans to stay active and engaged in the wider life of the ACT.

I thank the many businesses who have joined the program. Your support helps us build communities where older people are valued. I also acknowledge the work of COTA ACT in delivering the ACT Seniors Card Program and advocating for older Canberrans. Their leadership continues to strengthen inclusion and improve access to services across the ACT and regions.

The ACT Government is proud to support initiatives which promote dignity, independence and active ageing. This includes our work for Age-Friendly Cities and Communities and new programs such as UPST**AGEING** Canberra – Australia's first Creative Ageing Arts Festival.

These initiatives celebrate the creativity and lived experience of older people and help foster strong intergenerational connections. Ageing well means having access to the right supports at the right time. The ACT Seniors Card Program is part of a commitment to making Canberra a place where people of all ages can thrive.

I encourage you to use this directory to explore new opportunities, connect with local businesses and enjoy the many experiences which Canberra has to offer.

Suzanne Orr MLA
Minister for Seniors and Veterans



Access Seniors Services at ACT Libraries

If you want to understand more about services for seniors, housing options, getting support with technology or ACT Seniors Cards – or if you just don't know where to start – drop into one of COTA ACT's outreach services.

Sessions are drop in – no appointment necessary. We visit a range of ACT Libraries locations across the year.

For upcoming dates please visit the COTA ACT website cotaact.org.au or call the office on 6282 3777.

Supported by



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Government





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Disclaimer

Council on the Ageing ACT (COTA ACT) has acted in good faith in publishing the concessions and discounts listed in the Directory, but cannot in anyway guarantee the accuracy of the information. COTA ACT is reliant on the good faith of the people and the individual businesses listed to provide us with this information. The contents of the Directory is accurate at the time of publishing and COTA ACT does not accept any responsibility for errors, omissions or inaccuracies. If the Territory engages another provider to administer the program, responsibility for the information contained therein will be the responsibility of that provider.

ACT Seniors Card and COTA ACT

You can apply for your new or replacement ACT Seniors Card by completing the online form on the ACT Seniors Card website actseniorscard.org.au. If you have difficulty completing an online form, please contact the COTA ACT office on **02 6282 3777** for assistance with other options.

A card will be posted to your nominated address within 10 business days of completing an online application.

Please contact Transport Canberra on **13 10 17** for all queries relating to travel concessions, MyWay+ balances or obtaining a MyWay+ card.

COTA ACT

02 6282 3777

Hughes Community Centre, 2 Wisdom Street, Hughes provides the following services

- Housing & Ageing Advisory Service
- Get IT – free one on one technology assistance
- Community Education and Events
- Seniors Information Line
- Seniors Card and Discount Directory
- Seniors & Better Ageing Expo
- Strength for Life
- Falls Risk Assessment
- Hughes Community Shed and Garden
- Outreach services
- Information, advice and referrals
- Hughes Community Centre, room and hall hire
- UP**STAGEING** Canberra Festival

Libraries ACT

02 6205 9000

You can access public computers and free WiFi at the following library branches to apply online for an ACT Seniors Card. These branches also stock the 2026-2027 ACT Seniors Card Discount Directory.

- Belconnen, 12 Chandler Street
- Civic, Civic Square
- Dickson, Dickson Place

- Erindale, McBryde Crescent
- Gungahlin, Hibberson Street
- Kingston, Giles Street
- Kippax, Hardwick Crescent
- Tuggeranong, Cowlshaw Street
- Woden, Corinna Street

Access Canberra Service Centres 13 22 81

Access Canberra Service Centres assist with the online application process for an ACT Seniors Cards but do not stock the ACT Seniors Card Discount Directory.

Interstate Seniors Card Offices

ACT Seniors Card **02 6282 3777**

➔ actseniorscard.org.au

NSW Seniors Card **13 77 88**

➔ seniorscard.nsw.gov.au

NT Seniors Card **1800 441 489**

➔ ntseniorscard.org.au

QLD Seniors Card **13 74 68**

1300 135 500 Seniors Enquiry Line

➔ qld.gov.au/seniors

SA Seniors Card **1800 819 961**

➔ sa.gov.au/seniorscard

Tas Seniors Card **1300 135 513**

➔ seniors.tas.gov.au

Vic Seniors Card **1300 797 210**

➔ seniorsonline.vic.gov.au/seniors-card

WA Seniors Card **1800 671 233**

➔ seniorscard.wa.gov.au

LEARN, CONNECT AND ENJOY MORE with Libraries ACT



Make the most of your public library!

- Access free digital resources like eBooks, eAudiobooks, magazines, music and movies.
- Enjoy workshops, events and community groups in-person and online.
- Access public computers and free Wi-Fi in all ACT libraries.
- Apply for the Home Library Service (eligibility criteria apply).
- Membership is free.

 www.library.act.gov.au

 6205 9000  @LibrariesACT



ACT
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LIBRARIES ACT

Who is eligible for an ACT Seniors Card?

To be eligible for an ACT Seniors Card you must have turned 60 years of age, be living permanently in Australia and residing in the ACT and not be in paid employment for more than 20 hours per week. Those individuals who meet these requirements and are awaiting the outcome of an Aged Parent visa (subclass 804), Contributory Aged Parent visa (subclass 864) or holding a temporary Retirement visa (subclass 410) are also eligible to apply. Please contact the COTA ACT office on **6282 3777** for more information on the application process or visit www.actseniorscard.org.au.

How to obtain a MyWay + card using your ACT Seniors Card.

You can obtain a free physical card at a MyWay+ retail outlet. A list of MyWay+ retail outlets can be found on the Transport Canberra website www.transport.act.gov.au or you can call 13 17 10. Simply show the agent your ACT Seniors Card and request the MyWay+ card that best suits your circumstance (free off-peak travel for those aged 60-69 and over 70's free).

You can also obtain a digital card by downloading the MyWay+ app on your smartphone and linking your ACT Seniors Card. Please contact the Transport Canberra Customer Service team if you require assistance with this 13 17 10.

Can I use my ACT Seniors Card overseas?

It is worth taking your ACT Seniors Card with you when travelling overseas as it is often accepted by businesses internationally as a matter of goodwill. All you need to do is ask, particularly in Singapore, Hong Kong, Canada, New Zealand, the USA and UK.

How to travel on Transport Canberra buses and light rail

Seniors can access free or discounted bus and light rail travel in the ACT by using the following:

- **MyWay+ travel card:** Visit a MyWay+ retail outlet to get a free travel card (with the concession applied) or order one online through your MyWay+ account.

- **Bank card:** Set up a MyWay+ account and link your bank card so you can tap on and off with your physical card or digital card on a device.
- **MyWay+ pass:** Download the MyWay+ app, log into your account and use the in-app QR code digital ticket.
- **Printed ticket:** Purchase a ticket from your MyWay+ account or at a ticket vending machine located at all major bus interchanges and light rail stops.

Registering a MyWay+ account is the easiest way to manage your travel. For more information see transport.act.gov.au/mywayplus

If you hold a Seniors Card and don't yet receive our quarterly e-newsletter, please contact our office on **02 6282 3777** and add your email address to your record. Please also like and follow ACT Seniors Card on Facebook and Instagram to keep up to date with our activities.

Cost of Living – Supporting older Canberrans

Canberra continues to be a great place to live, work, study, invest and age. However, some Canberrans do not share equally in these high living standards and may be vulnerable to higher prices for essential items such as food, fuel and energy.

Further information on support you may be eligible to access to help with everyday costs such as energy, rates and transport, can be found here: act.gov.au/money-and-tax/cost-of-living-support/support-for-older-canberrans

To access these concessions, you will need to check your eligibility and, in many cases, will require a Commonwealth Concession card such as a Pensioner Concession Card from the Department of Veterans' Affairs or Services Australia (rather than an ACT Seniors Card). Please contact either Department of Veterans' Affairs: www.dva.gov.au/access-benefits/veteran-card/pensioner-concession-card or Services Australia for further information at: servicesaustralia.gov.au/concessioncards

Services Australia

Services Australia have the following payments and services for older Australians:

- Age Pension which includes Pensioner Concession Card
- Commonwealth Seniors Health Card
- Payments, information and help following the death of a loved one
- Financial Information Service
- Home Equity Access Scheme
- Work Bonus

For more information, go to servicesaustralia.gov.au/ageing or call us.

Centrelink Older Australians Line

132 300 Monday to Friday 8am to 5pm



Contact the local ActewAGL team for low electricity and gas plans on 13 14 93 or visit us in person at our Energy Bar at 40 Bunda Street, Canberra (Monday-Friday, 9am-5pm except public holidays). The team can let you know if you are eligible for concessions.

If you are experiencing financial hardship, we'll develop personal and practical solutions to help keep your electricity and/or gas supply connected, as well as work with you to tailor a flexible payment plan that suits you.

Contact the Staying Connected team
1300 138 574 or email
stayingconnected@actewagl.com.au



Motor vehicle registration concessions for seniors

If you hold a valid concession, you may be entitled to a discount on some vehicle registration fees.



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MyWay⁺

MyWay+ is Transport Canberra's ticketing system, which offers more ways to tap on and off public transport, including a MyWay+ travel card.

Seniors continue to benefit from free or discounted travel. ACT seniors over 70 always enjoy free travel, while ACT seniors aged 60-69 (who work fewer than 20 hours per week) and all interstate seniors can travel for free during off-peak times.

Seniors are required to either create a MyWay+ account or use a MyWay+ travel card when using Transport Canberra bus and light rail services.

Please keep your ACT Seniors Card to continue accessing other benefits.



transport.act.gov.au/seniors



Transport
Canberra



With MyWay+ you choose what works for you.

To ensure you pay the right fare, always tap on and tap off with the same card or device.

Please remember that all seniors must carry their proof of concession (Seniors Card) while travelling on Transport Canberra services.

If you have a Seniors Card issued by any Australian state or territory, you are entitled to concession fares on Transport Canberra services.

Your concession remains the same when you travel with a MyWay+ travel card or account.

You can save an additional 5% on your discounted fares by topping up using Autoload (direct debit). To manage this, you need to create a MyWay+ account.

A MyWay+ account also provides other personalised and convenient travel management features such as registering a concession, linking your MyWay+ travel card and viewing your transaction and travel history.

For further information about bus and light rail travel in Canberra, including seniors concession fares please go to transport.act.gov.au/seniors or call the Transport Canberra information line on 13 17 10.



Consumer Advice

When buying goods and services with your Seniors Card, please consider the following:

- Obtain the normal quoted price before showing your Seniors Card and requesting a discount.
- Always obtain a written quote on the specific work you are engaging the provider to perform.
- When making an appointment for a service advertised in this Directory as a “free consultation” or “discounted service”, please mention that you are a cardholder when making the appointment.
- To obtain a discount, you need to present your Seniors Card at the cash register, prior to payment!
- If you have difficulties in obtaining discounts from providers listed in this Directory, please advise the Seniors Card office so that the matter can be investigated.
- If you find the services or goods listed in this Directory are of poor standard, please contact the Seniors Card office.
- If you discover a business offer discounts to seniors and they are not listed in the Directory, please advise the Seniors Card Office **02 6282 3777** or seniorscard@cotaact.org.au. The business can then be contacted and encouraged to be registered with the program.
- Consider hiring a tradesperson who is a member of a peak body. Master Plumbers (ACT) for example, will offer a Consumer Guarantee and in the unlikely event that there are concerns about workmanship, consumers are protected through a \$5,000 insurance program.
- Businesses are not vetted prior to appearing in the Directory. It is the responsibility of the consumer to ensure appropriate checks are made.



Visiting a Service Centre?

Book an appointment today to make your next visit easier!
You can find information about additional support and quiet hours on the website below.



Search **'book-an-appointment'** at
www.accesscanberra.act.gov.au



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AGED CARE AND RETIREMENT

■ Aged and Disability Support Services

Australia Medic Alert Foundation

The MedicAlert Foundation is Australia's most trusted provider of emergency medical information. Our QR Code innovation, designed with paramedics, ensures instant access to your vital health information when seconds count.

Secure digital storage of your health information in a digital MedicAlert Record gives instant 24/7 access via your custom engraved MedicAlert ID from anywhere in the world. Using QR Code technology and the back-up of our 24/7 Emergency Information hotline, your MedicAlert ID alerts first responders to information they can trust, such as conditions, allergies, medicines, care instructions, emergency contacts and doctors' details.


The MedicAlert Foundation gives you confidence that we will speak for you when you can't speak for yourself.

 **1800 882 222**

 enquiry@medicalert.org.au

 medicalert.org.au

 [/MedicAlertFoundationAustralia](https://www.facebook.com/MedicAlertFoundationAustralia)


 [#medicalert.au/](https://www.instagram.com/medicalert.au/)

Bakslap


15% off the Bakslap lotion mobility applicator store. Discount code: NATSENIORS15.

Bakslap, an Australian innovation created by Raph McGowan, was inspired by a personal tragedy - the loss of his sister to melanoma skin cancer at the age of 31. This product is a compact, extendable lotion applicator designed to aid the effortless application of various lotions to the body, addressing mobility challenges. It features reusable and replaceable pads suitable for shower use and the application of any lotion. Make life a little easier with bakslap.

90 Sippy Downs Drive, Sippy Downs QLD 4556

 **0432 356 521**

 raphael@bakslap.com

 shop.bakslap.com

Balance Aged Care Specialists

We specialise in helping the public to work out financially how to downsize into retirement villages, into residential aged care, gifting assets including property to family without affecting the pension. We can also assist with all Pension services with Centrelink or Department of Veterans Affairs (DVA) and aged care placement to help find a suitable aged care home for loved ones. We offer a 10% discount for all services mentioned for eligible seniors.

☎ **0130 055 6287**

✉ info@bfs.net.au

📘 [/BalanceACS](https://www.facebook.com/BalanceACS)

Canberra Counsellor

20% discount off the usual discount fee of \$140.00 per session of counselling or hypnosis. I work with many people including those who desire to review their life and heal past issues, relationships and perspectives. I offer a free 20 minute obligation free chat so you can discover if you would like to book an appointment. Contact me on 0466182202 or send me an email Hypnocounsellor@gmail.com . I work on-line too.

Bremer Street, Griffith ACT 2603

☎ **0466 182 202**

✉ hypnocounsellor@gmail.com

Driving Miss Daisy CBR/QBN

10% discount on all bookings for Seniors Card holders - return trips only.

PO Box 1071 Woden ACT 2606

☎ **0419 255 395**

✉ eastcbrwestqbn@drivingmissdaisy.com.au

➡ [drivingmissdaisy.com.au](https://www.drivingmissdaisy.com.au)

AGED CARE AND RETIREMENT

■ Aged and Disability Support Services

Duty of Care Transport

10% discount for any of the below card holders:

- ACT, interstate/overseas Seniors Cards
- Health Care Card from Services Australia

📞 **6123 2000**

✉ info@doctransport.com

Easier Living Services

5% discount for Seniors Card holders. Specialising in keeping you living in your home longer. Grab rails, ramps, lever taps, bathroom renovations etc.

1/47 Tennant Street, Fyshwick ACT 2609

📞 **02 6280 4747**

✉ scott@easierliving.com.au

➡ easierliving.com.au

Evaheld Legacy Vault

Secure Your Family's Legacy and Future Care.

The all-in-one **Legacy Preservation and Advance Care Planning platform.**

- Preserve your personal and family story, history, and legacy for loved ones
- Advance Care Planning with a legally valid Advance Care Directive and Emergency QR Card
- Store vital personal, legal and financial documents, including wills, powers of attorney, and insurance details
- Unlimited private & shared Rooms for family and friends
- Future-dated sending and trusted sharing
- Lifetime updates, secure storage, easy sharing, and 24/7 secure access

ACT Seniors Enjoy \$30 Off! Use PROMOCODE: **ACTS30.**

3 Broadway, Ultimo NSW 2007

✉ hello@evaheld.com

➡ evaheld.com

HOMELife Technology Pty Ltd

10% off. Terms and Conditions apply.

PO Box 2136 Normanhurst NSW 2076

☎ **02 7228 7211**

✉ support@homelife.technology

➡ homelifetech.com.au/pages/seniors-card

IRT Home Care

Book a free consultation with our home care team to discuss how we can help you. We can assist with: personal care, home maintenance and cleaning, meal preparation, nursing services, grocery shopping, medication collection and management, transport to outings or appointments, and much more.

☎ **134 478**

✉ customerservice@irt.org.au

➡ irt.org.au/homecare

KinCare Pty Ltd

No lock-in contracts for Seniors Card holders.

Suite 1, 17 Napier Close, Deakin ACT 2600

☎ **1300 733 510**

➡ kincare.com.au

AGED CARE AND RETIREMENT

■ Aged and Disability Support Services

Neeki Designs; The 'Wonder Sheet'

A unique style of fitted sheet that was designed for a loved one to make turning over in bed easier. Whether due to illness or a mobility issue, sometimes turning over and getting in and out of bed becomes difficult. You can enhance your independence, increase your morale and be more comfortable in bed using the Wonder Sheet. The Wonder Sheet can benefit anyone of any age including the young. Conditions including but not limited to; Parkinson's disease, MS, Chronic Arthritis, Stroke, Hip, knee or shoulder surgery, Ongoing chronic illness, pain & disability.

Ask us about the Wonder Plus, the design that can help those needing extra grip and support on the side of the bed.

Free postage within Australia for Seniors Card holders.

PO Box 490 Chirn Park QLD 4215

📞 **07 5591 1629**

✉ info@neeki.com.au

➡ neeki.com.au

📘 [/wondersheet/](https://www.facebook.com/wondersheet/)

📷 [#wondersheet.australia/](https://www.instagram.com/wondersheet.australia/)

Nurse Next Door Canberra

Free in home Caring Consult with no obligation to book.

106 Mawson Place, Mawson ACT 2607

📞 **1300 100 247**

✉ canberra@nursenextdoor.com.au

SWITCH TO BETTER QUALITY SUPPORT AT HOME CHOOSE RIGHT AT HOME



Let's start
talking about
living™

The Right Care, Right at Home™



Right at Home are leaders in quality home care and support, delivering services that allow our clients to remain safe and independent in their own homes. Your local **Right at Home ACT** families are ready to look after yours when you can't.

- 24/7 On Call and 24/7 Care Service
- Supervised, Individual Care Plan
- Approved Support at Home Provider 1-8 and Home Care Packages 1-4
- Everyday Living and Independence Support
- Clinical and Nursing Care
- Disability and NDIS Support
- Flexible, Reliable, Certified Carers
- Restorative and Post-Operative Care, Assistive Technology and Home Modifications Management
- In-home end of life care
- Personal and Companion Care
- Domestic, Shopping, Transport

Right at Home Canberra (South Suburbs)
02 5127 5199

Right at Home ACT & Queanbeyan
(North Suburbs and Surrounding NSW)

02 5127 5198

www.rightathome.com.au | 1300 363 802

AGED CARE AND RETIREMENT

■ Aged and Disability Support Services

Pension Services

Pension services will offer 10% discount on all services, including Age Pensions application, Aged Care Applications and Commonwealth Seniors Health Care Card application.

5 Peel Place, Adelaide SA 5000

☎ **0498 203 773**

✉ hello@pensionservices.com.au

➡ pensionservices.com.au/

Ramp Champ

10% discount on any products from our website including custom ramps.

☎ **1300 913 047**

✉ hello@rampchamp.com.au

➡ rampchamp.com.au

Right at Home ACT & Queanbeyan

We offer free in-home consultations to assist with navigating aged care funding and supports.

1/68 Dacre Street, Mitchell ACT 2911

☎ **24 hr line: 02 5127 5198**

✉ care.actq@rightathome.com.au

➡ rightathome.com.au

Right at Home ACT Canberra

Free in-home consultations on accessing home support.

111, 43-57 Townsend Street, Phillip ACT 2606

☎ **02 5127 5199**

✉ care.actc@rightathome.com.au

➡ rightathome.com.au

Rosie by Vitalcare

Rosie medical alert personal alarm with fall detection and GPS locator.


10% discount for Seniors Card holders.

Personal emergency alarms that take on life with you. Only \$39.00 per month and a one-off \$50.00 establishment fee for your Rosie 24/7 Personal Alarm Service.

All calls monitored and answered by trained professionals based in Australia.

No minimum term or lock in contracts.

14/31-33 Chaplin Drive, Lane Cove West NSW 2066

 **1800 476 743**

 info@rosie.help

 rosie.help

Safe-Life

Safe-Life personal 4G medical pendant or watch alarm. 10% discount for Seniors Card holders. Call or email for offer. Call for help with the press of a button. Peace of mind, anywhere, anytime on 4G Network. Features include accurate GPS positioning with Wi-Fi and Bluetooth backup, falls detection and waterproof. Hands free, optional alarm and two-way voice contact, programmable with up to 10 emergency phone numbers. Friendly support staff.

5/270 Lower Dandenong Road, Mordialloc VIC 3195

 **03 9588 0392**

 sales@safelife.com.au

 [/SafeLifeAustralia/](https://www.facebook.com/SafeLifeAustralia/)

Housing and Ageing Options Service

Are you unsure about the housing options available to you as you age?

COTA ACT's Housing and Ageing Options Service can give you independent information on:


- Accessing home care packages to help you stay in your own home
- Retirement Villages
- Advice on assistance for carers (including respite care options)
- Accessing community support systems
- Accessing government services
- Information on home modifications and/or downsizing to a smaller home
- Information and referral on decluttering
- Information on accessing appropriate public and private housing options


Make your free appointment by contacting COTA ACT on 6282 3777 or email housing@cotaact.org.au

COTA ACT's Housing Options Advisory Service is delivered by COTA ACT with funding from the ACT Government and the Australian Government through the National Affordable Housing Agreement

See Me Aged Care Navigators

Aged Care Navigators. Care Finders. Case Managers. We enable you to keep your older loved ones at home. Our team are former ACAT assessors, we know Australia's age care program like no one else. We remove the confusion and overwhelm, supporting you through assessments, assisting you to choose a great provider for your home care package and we follow up with you to ensure you understand "what happens next". We are 100% independent. Seniors Card holders receive 10% off their initial consultation.

 **0432 995 776**

 admin@seemeacn.com.au

 seemeacn.com.au

SmartEdge Automation


Discount code: SMART10.

Home automation enhances safety, accessibility, and convenience for elderly and disabled individuals, promoting independence and peace of mind for caregivers.

Key benefits include smart locks and video doorbells for security, automated lighting to prevent falls, and health monitoring through medication reminders and caregiver surveillance. Smart assistants, thermostats, and automated blinds improve comfort, while customizable routines ensure ease of use.

With user-friendly interfaces and affordable solutions, home automation supports a safer, more independent lifestyle for those in need.

Across ACT and Queanbeyan.

 **0489 209 281**

 info@smartedgeautomation.com.au

AGED CARE AND RETIREMENT

■ Aged and Disability Support Services

SOFIHUB

\$20.00 off SOFIHUB Fall Monitoring Devices & Medical Safety Alarms.

Sofihub's safety monitoring technologies provide care for independent and active individuals. Our intelligent solutions include the TEQ-Falls Alert fall detection device and the TEQ-Secure personal safety alarm. These non-intrusive solutions enable greater independence and peace of mind, for the user as well as their families and carers.

\$20 off the order with free shipping!

Discount Code: ACTSN20.

☎ **1300 110 366**

✉ sales@sofihub.com

➔ shop.sofihub.com

Trilogy Care

Trilogy Care supports older Australians to live well at home for longer, by helping them build and self-manage the Home Care Package they want and need. Sign up to Trilogy Care to self manage your Home Care Package for 3 or more months and receive a \$100 gift card. *T&Cs apply, see our website for full details.

Level 3, 2 King Street, Bowen Hills QLD 4006

☎ **1300 459 190**

✉ info@trilogycare.com.au

➔ trilogycare.com.au/promotion/seniors-card



GOODWIN

Talk to our team today



Home Care

Making life easier
at home



Allied Health

Helping you stay
stronger for longer



Social Activities

Get out and about
or in your home.



Residential Care

A safe, supportive place
to call home



Retirement Living

Own your retirement
at Goodwin

The Better Life Choice

02 6175 5100

info@goodwin.org.au

goodwin.org.au

AGED CARE AND RETIREMENT

■ Aged Care Residences

Goodwin Aged Care Services

Live-in care focussed on quality of life, with quality clinical oversight and 24/7 inhouse nursing. The better life choice.

- 📞 Residential care sites at Ainslie, Farrer and Monash **6175 5192**
- 📞 Home care services and day clubs **6175 5650**
- 📞 Independent living at Ainslie, Farrer, Monash and Crace **6175 5000**
- ➔ goodwin.org.au

Mountain View Age Care Centre

Mountain View Aged Care Centre offers a supportive, vibrant home with a strong sense of community, managed by a team of professionals who go beyond the clinical to ensure that residents feel comfortable, safe and loved. Our spacious single-level residence has beautiful landscaped gardens and courtyards and is surrounded by greenery and suburban views. Mountain View Aged Care Centre offers permanent residential care including dementia care and palliative care; and respite (short-term) care. We also offer eligible residents in-house NDIS services. The Centre is located closely to public transport, Canberra CBD, Woden Westfield, Manuka and local health services.

**Cnr Goyder Street and Leahy Close,
Narrabundah ACT 2604**

- 📞 **02 6295 1044**
- ✉ agedcare.enquiries@salvationarmy.org.au
- ➔ agedcare.salvos.org.au/residential-aged-care/mountain-view-aged-care-centre



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You deserve to experience quality aged care
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Aged Care

140+ years of *trust* and service in Canberra

- ✓ 24-hour residential care at Mountain View Aged Care Centre
- ✓ Specialised short-term care and day centre programs at Burrangiri Aged Care Respite Centre
- ✓ Trusted Support at Home with Salvos Home Care.



1300 111 227

AbbiCare

10% off online price for all electric wheelchairs including free freight.

📞 **1300 884 975**

✉ info@abbicare.com.au

➡ abbicare.com.au

Australian Bedding Company

10% Discount off All Beds Including Electric Adjustable Beds and Free Installation. * Conditions apply.

The Australian Bedding Company is locally owned and has been in business for over 25 years. We pride ourselves on offering old fashioned service and we supply quality Australian made products, factory direct at competitive prices.

We are offering ACT Seniors Card holders 10% discount off all beds and free installation*.

Conditions apply. These conditions are dependent on access and location and we ask you to discuss any of these variables with our sales staff who will provide you with a competitive quote on your purchase.

We also **take away old beds, bed bases and frames** with only minimal handling charges above what the government charges for recycling and disposal. Our showroom is open Mon-Sat 9am - 5pm.

2/78 Hoskins Street, Mitchell ACT 2911

📞 **02 6262 3260**

✉ accounts@ausbedco.com

➡ australianbeddingcompany.com.au

C23 Driving School

Save \$10.00 on the regular price of an hour driving lesson.

📞 **0408 117 125**

✉ actdriving@outlook.com

➡ c23driving.com



Make Life Better with an Electric Adjustable Bed from **ABC**

SmartFlex 2

Head & Foot Adjustability
Steel Construction
Wireless Hand Control
Vibration Massage
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SmartFlex 3

Stylish Modern Design
Zero Gravity Position
Wireless LED Remote
Lockable Castors
3 Speed Massage Unit
Dual Zone Massage
Hi-Lo Function
Battery Back Up



Hi-Lo Chair Bed

Easy-Up Functionality
Vibration Massage
Head & Foot Adjustability
Hi-Lo Functionality
Steel Construction
Castors Optional
Wired Hand Control



Seniors Card holders receive Free Delivery and Installation of Electric Adjustable Beds.

** Conditions apply*



2/78 Hoskins St, Mitchell ACT
M-F 9-5 Ph: 02 6262 3260

Web: australianbeddingcompany.com.au
Email: retail@ausbedco.com.au

E-Ride Solutions

5% discount for Seniors Card holders.

32 Emerton Crescent, Robina QLD 4226

☎ **1300 617 339**

✉ info@eridesolutions.com.au

➡ eridesolutions.com.au

Mobility Shop Direct

Save 10% on Mobility Aids.

Valid online only for products in “Seniors Cards Mobility Aids” collection page.

☎ **1300 132 952**

✉ david@mobilityshopdirect.com.au

➡ mobilityshopdirect.com.au/collections/seniors-card-mobility-aids

Neeki Designs; The ‘Wonder Sheet’

A unique style of fitted sheet that was designed for a loved one to make turning over in bed easier. Whether due to illness or a mobility issue, sometimes turning over and getting in and out of bed becomes difficult. You can enhance your independence, increase your morale and be more comfortable in bed using the Wonder Sheet. The Wonder Sheet can benefit anyone of any age including the young. Conditions including but not limited to; Parkinson’s disease, MS, Chronic Arthritis, Stroke, Hip, knee or shoulder surgery, Ongoing chronic illness, pain & disability.

Ask us about the Wonder Plus, the design that can help those needing extra grip and support on the side of the bed.

Free postage within Australia for Seniors Card holders.

PO Box 490 Chirn Park QLD 4215

☎ **07 5591 1629**

✉ info@neeki.com.au

➡ neeki.com.au

f [/wondersheet/](https://www.facebook.com/wondersheet/)

📷 [#wondersheet.australia/](https://www.instagram.com/wondersheet.australia/)

AGED CARE AND RETIREMENT

■ Mobility

Pain Pod Pty Ltd

12% discount on all products when you buy directly from our website or our retail store in Ashmore, QLD. TENS, EMS, Microcurrent and Heat devices, gel pads and wearable accessories. Simply use the code COTA at the checkout, in person or over the phone.

3/31 Dominions Road, Ashmore QLD 4214

📞 **1300 911 442**

✉ info@painpodau.com

➡ thepainpod.com

📘 [/thepainpod/](https://www.facebook.com/thepainpod/)

📷 [#thepainpod/](https://www.instagram.com/thepainpod/)

Scooters and Mobility ACT

10% on new Scooters and Powerchairs. Other discounts by agreement.

11 Pitcairn Street, Evatt ACT 2617

02 6258 1111 or 0403 242 584

✉ scooters@netspeed.com.au

➡ scootersandmobility.com.au



Canberra Dance Theatre

CDT is a not-for-profit community dance organisation which has been offering classes in a range of styles for everybody over 16 for more than 40 years. Seniors membership \$35 (20% discount), 15% discount on all regular classes including GOLD classes (for people over 55)

1 Kingsley Street, Canberra City ACT 2602

☎ **0435 025 365**

✉ canberradancetheatre@gmail.com

➡ canberradancetheatre.org

Canberra Martial Arts and Fitness

\$35 per week - unlimited access to 10am and 12.30pm fitness classes. Usual price \$55.00 per week. Classes are catered to all fitness levels and mobility levels.

U3-10 Townshend Street, Phillip ACT 2606

☎ **0488 852 191**

✉ members@canberramartialarts.com.au

HEALTH AND FITNESS

■ General

Canberra School of Bollywood Dancing (CSBD)

10% discount on classes.


Experience the joy of movement with our interactive and low-impact Bollywood dance classes designed especially for seniors! These fun and engaging sessions focus on gentle choreography, rhythm, and expression, ensuring a safe and enjoyable workout for all fitness levels. With vibrant music and easy-to-follow moves, you'll improve flexibility, coordination, and energy while enjoying a social and uplifting atmosphere. No dance experience needed - just bring your enthusiasm and let the music move you! You can even use your discount for your grandkids!

PATS Dance Room, Harrison School, Harrison

McGrath Irish Dance, Phillip

University of Canberra, Bruce

Studio A, Eden Dance Academy, Queanbeyan

 **0411 158 506**

 csbd.cbr@gmail.com

 canberrabollywood.com

 [/canberrabollywood](https://www.facebook.com/canberrabollywood)

Elite Supps

15% off, applicable at all Elite Supps stores.

Lvl 1, Westfield Woden, Woden ACT 2606

☎ 02 6281 5563

205 Anketell St Tuggeranong ACT 2900

☎ 02 6293 9853

2/88 Newcastle St Fyshwick ACT 2601

☎ 02 6239 1222

Shop 5/75 Garema Place Canberra ACT 2601

☎ 02 6257 8444

**33 Hibberson Street Gungahlin Marketplace
Gungahlin ACT 2912**

☎ 02 6242 6606

**Shop 48A Lvl 2, Westfield Belconnen
Benjamin Way Belconnen ACT 2615**

☎ 02 6251 7717

Elite Supps CISAC (Club Lime)

100 Eastern Valley Way

Bruce ACT 2617

☎ 02 6253 1888

✉ enquiries@elitesupps.com.au

➔ elitesupps.com.au

EQUIPD Allied Health

10% discount on Strength for Life assessments.

9/70 Maclaurin Crescent, Chifley ACT 2606

☎ 02 5135 6600

✉ admin@equipdalliedhealth.com.au

➔ equipdalliedhealth.com.au

Gymquip Fitness

Between 5% - 15% discount.

☎ 02 6280 4447

✉ dan@gqfitness.com.au



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Heart Foundation Walking

Free walking groups.

📞 **13 11 12**

✉️ walking@heartfoundation.org.au

➡️ walking.heartfoundation.org.au

Mypurmist Pty Ltd

10% discount on Mypurmist Free and Mypurmist 2 Ultrapure Steam Inhalers when purchased directly. Product must be purchased directly from online shop at mypurmist.com.au Excludes accessories and spares. Only applicable to Seniors Card holders. TGA Registered. Use ACTSENIORS10 at checkout.

✉️ info@mypurmist.com.au

➡️ mypurmist.com.au

Nia with Jen

“Stay agile and mobile into the future with Nia”
Resuming at the COTA hall, Hughes in 2026 on Tuesdays from 20 January.

3 class pass usually \$45 - for seniors \$40.

For more details contact Jen.

(10 years teaching Nia in Canberra)

**Tuesday 9:30am Hughes Community Centre Hall, 2
Wisdom Street,
Hughes ACT 2605**

**Wednesday 9:30am Currie Crescent Community
Centre, 11 Currie Crescent,
Kingston ACT 2604**

📞 **0417 246 467**

✉️ niawithjen@gmail.com

➡️ niaaustralia.com.au

📘 [/NiawithJen/](https://www.facebook.com/NiawithJen/)

📷 [instagram.com/nia_with_jen](https://www.instagram.com/nia_with_jen)

HEALTH AND FITNESS

■ General

Pickleball ACT

Pickleball ACT provides a membership discount of \$10 for all Seniors Card holders.

56 Coyne Street, Fadden ACT 2904

✉ info@pickleballact.org

➔ pickleballact.org

📷 [#pickleballact](https://www.instagram.com/pickleballact)

Tunde-World

10% off the payment for a term of Tai chi and Qigong classes.

☎ **0431 466 450**

✉ tundeworld@gmail.com

Viga Massage

10% off your first massage session with code SENIOR10.

323 Sumners Road, Riverhills QLD 4074

☎ **1800 870 834**

✉ hello@vigamassage.com.au

➔ vigamassage.com.au

ZEST Dance for Wellbeing

ZEST Dance for Wellbeing Dance/movement classes designed for seniors regardless of mobility or skill. New participants pay half price for their first class when mentioning this offer. Regular price is \$15/class or \$120.00 for the term.

☎ **0417 417 182**

✉ ZestDWB@gmail.com

➔ zestdwb.blogspot.com

Anytime Fitness Lanyon

50% off joining fee and discounted rate of \$17.95 per week.

12 Sidney Nolan Street, Conder ACT 2906

📞 **0404 528 844**

✉ lanyon@anytimefitness.com.au

➡ anytimefitness.com.au

Ascend Strength & Fitness

NO joining fee and FREE access tag for Seniors Card holders.

81 Gozzard Street, Gungahlin ACT 2912

📞 **02 6242 5807**

✉ info@ascendfitness.com.au

➡ ascendfitness.com.au

Canberra Martial Arts and Fitness

\$35 per week - unlimited access to 10am and 12.30pm fitness classes. Usual price \$55.00 per week. Classes are catered to all fitness levels and mobility levels.

U3-10 Townshend Street, Phillip ACT 2606

📞 **0488 852 191**

✉ members@canberramartialarts.com.au

Cardio Online

15% Seniors Discount.

203/21 Innovation Parkway, Birtinya QLD 4575

📞 **1800 865 294**

✉ info@cardioonline.com.au

➡ cardioonline.com.au

HEALTH AND FITNESS

■ Gyms and Fitness Classes

CIT Fit and Well

Discount or offer: Senior Membership.

12 Month Membership \$350.

6 Month Membership \$200.

3 Month Membership \$115.

1 Month Membership \$42.

- Gym access: Monday - Sunday 8:00am-2:00pm.

- Medical clearance if identified through Adult Pre-Screening form.

- Access to ALL Group Fitness Classes and gym.

Casual Gym Visit or Group Fitness Class.

Senior \$8.

10 Visit membership.

Senior (excludes Yoga Classes) \$65.

(12-month expiry date)

**CIT Bruce Block A, 36 Vowels Crescent,
Bruce ACT 2617**

📞 **6207 4309**

✉ fitandwell@cit.edu.au

Curves Weston

60% off joining fee for all ACT Seniors Card holders (a saving of \$149.40) when signing up on a 12 month agreement.

**Upstairs, Coleman Court, Brierly Street,
Weston ACT 2611**

📞 **02 6288 8333**

✉ curvesweston@iinet.net.au

➡ curves.com/au

Fernwood Tuggeranong

10% off memberships, no lock in contracts, plus 8 week onboard program for \$99.00 - save \$160.00.

Lite Pace classes and Yoga, Pilates and group fitness for all fitness levels.

**Cnr Soward Way and Scollay Street,
Tuggeranong ACT 2900**

📞 **02 6293 2366**

✉ tuggeranong@fernwoodfitness.com.au

➡ fernwoodfitness.com.au

Fitness At Home

10% Discount for Seniors Card holders.

32 Lambhill Cresnet, Highton VIC 3216

✉ info@fitnessathome.com.au

➡ fitnessathome.com.au

MAK Fitness

5% off store wide for Seniors Card holders. Use the code MAKTEAM.

Unit 18/160 Lytton Road, Morningside QLD 4170

📞 **07 3200 9000**

✉ info@makfitness.com

My Heart Beats - Aqua/Hydro Tuggeranong Wednesdays 10.30am private classes

First class half price (normally \$16.00 per class)
\$140 for ten classes.

**Lakeside Leisure Centre, 1 Anketell Street,
Greenway ACT**

📞 Donna O'Brien OAM **0412 026 111**

✉ cpmdonna@gmail.com

HEALTH AND FITNESS

■ Gyms and Fitness Classes

My Heart Beats - Hughes Gentle Exercises

First class free (or pay half price for first two classes)
\$12-\$15 per class or \$110 Pay ID for 10 class pass or
\$115 cash for ten classes.

Monday 9:30 am or 10:45 am.

**Hughes Community Centre, Main Hall, Cnr Wisdom,
Groom and Whittle Streets, Hughes ACT 2605**

☎ Donna O'Brien OAM **0412 026 111**

✉ cpmdonna@gmail.com

My Heart Beats - Weston Gentle Exercises

First class free (or pay half price for the first two
classes)

\$12 - \$15 per class or \$110 Pay ID for ten classes or
\$115 cash for ten classes.

Tuesday 11:30 am and/or Thursday 11:00 am.

**Weston Creek Community Centre, Main Hall, 8
Parkinsons Street, Weston ACT 2611.**

☎ Donna O'Brien OAM **0412 026 111**

✉ cpmdonna@gmail.com

My Heart Beats - Woden Seniors 9:30am

\$7.50 per class and first class free for Seniors Card
holders.

12 Corinna Street, Woden ACT 2606

0412 026 111 or 6282 2573

✉ cpmdonna@gmail.com

NeuroStudio

NeuroStudio - an all-abilities gym offering inclusive fitness for body & mind.

Located in Phillip, ACT, NeuroStudio is an all-abilities gym dedicated to supporting physical and cognitive well-being. Our state-of-the-art facility offers specialized equipment, expert Exercise Physiologists, and a welcoming environment for people of all fitness levels, including seniors and those with disabilities. Whether you're looking to improve strength, balance, mobility, or overall brain health, we're here to help you achieve your goals.

Seniors Discount Available!

Show your Seniors Card to receive \$10 off your initial consultation and \$5 off all one-on-one appointments thereafter.

No referral needed - contact us today!

56 Colbee Court Phillip ACT 2606

☎ **02 6162 0450**

➔ neurostudio.com.au

Pilates Can Manuka

1 Bonus Pilates session when starting a PAYG arrangement after your introductory sessions. New clients only.

**Units 17/18 Level 1, Manuka Arcade, 22 Franklin Street,
Manuka ACT 2603**

☎ **0419 777 477**

✉ admin@pilatescan.com.au

➔ pilatescan.com.au

Tunde-World

10% off the payment for a term of Tai chi and Qigong classes.

☎ **0431 466 450**

✉ tundeworld@gmail.com

HEALTH AND FITNESS

■ Gyms and Fitness Classes

YogaChi

15% seniors discount on yoga classes.

35 Cameleer Lane, Strathnairn, ACT 2615

☎ **0424 271 558**

✉ kathleen@yogachi.com.au

➡ yogachi.com.au

Body Intelligence Pilates

10% off sessions (payments by bank transfer/deposit only). Excludes casual classes and equipment.

**Block D, Room 202,
Canberra Technology Park. 49 Phillip Ave Watson**

☎ **0484 679 744**

✉ pilates@bodyintel.com.au

➡ bodyintel.com.au

Fernwood Tuggeranong

10% off memberships, no lock in contracts, plus 8 week onboard program for \$99.00 - save \$160.00.

Lite Pace classes and Yoga, Pilates and group fitness for all fitness levels.

**Cnr Soward Way and Scollay Street,
Tuggeranong ACT 2900**

☎ **02 6293 2366**

✉ tuggeranong@fernwoodfitness.com.au

➡ fernwoodfitness.com.au

Higher Function Physio and Pilates

Enjoy 10% off Physiotherapy and Exercise Physiology appointments and Clinical Exercise class assessments.

**Suite 4, Level 1,
23 Petrie Plaza Canberra City ACT 2601**

☎ **02 6262 9664**

✉ reception@higherfunction.com.au

Nia with Jen

'Stay agile and mobile into the future with Nia'
Resuming at the COTA hall, Hughes in 2026 on
Tuesdays from 20 January.

3 class pass usually \$45 - for seniors \$40.

For more details contact Jen.

(10 years teaching Nia in Canberra)

**Tuesday 9:30am Hughes Community Centre Hall, 2
Wisdom Street,
Hughes ACT 2605**

Wednesday 9:30am Currie Crescent Community
Centre, 11 Currie Crescent, Kingston ACT 2604.

📞 **0417 246 467**

✉ niawithjen@gmail.com

➡ niaaustralia.com.au

📘 [/NiawithJen/](https://www.facebook.com/NiawithJen/)

📷 [instagram.com/nia_with_jen](https://www.instagram.com/nia_with_jen)

Pilates Can Manuka

1 Bonus Pilates session when starting a PAYG
arrangement after your introductory sessions. New
clients only.

**Units 17/18 Level 1, Manuka Arcade, 22 Franklin
Street,
Manuka ACT 2603**

📞 **0419 777 477**

✉ admin@pilatescan.com.au

➡ pilatescan.com.au

HEALTH AND FITNESS

■ Pilates and Yoga

SD Mission

SD Mission is a Canberra based PBI providing community services with humility, respect and dignity to seniors free of cost or at a nominal cost.

Yoga classes: Up to 20% discount for ACT Seniors Card holders.

**Gungaherra Homestead, Otway Street,
Harrison ACT 2914**

📞 **0470 501 103**

✉️ sdmission.aus@gmail.com

➡️ sdmission.org

Yoga Enlightenment

\$10.00 per casual class (usually \$12.00) for Seniors Card holders. This offer applies to Core, Chair, Gentle or Flow Yoga.

**Weston Creek Community Centre, 8 Parkinson
Street,
Weston ACT 2611**

📞 **0432 778 271**

✉️ robyn@yogaenlightenment.com.au

YogaChi

15% seniors discount on yoga classes.

35 Cameleer Lane, Strathnairn, ACT 2615

📞 **0424 271 558**

✉️ kathleen@yogachi.com.au

➡️ yogachi.com.au

EmPower Better Health

Special senior rate for gym classes.

Belconnen

CISAC, 100 Eastern Valley Way, Bruce ACT 2617

Dickson.

**Level 2 North Building, 23 Challis Street,
Dickson ACT 2602**

Gungahlin.

**Club Lime Platinum, 35 Crinigan Circuit,
Gungahlin ACT 2912**

☎ **02 6140 3282**

✉ info@empowerbetterhealth.com.au

➡ empowerbetterhealth.com.au

EQUIPD Allied Health

10% discount on Strength for Life assessments.

9/70 Maclaurin Crescent, Chifley ACT 2606

☎ **02 5135 6600**

✉ admin@equipdalliedhealth.com.au

➡ equipdalliedhealth.com.au



Higher Function Physio and Pilates

Enjoy 10% off Physiotherapy and Exercise Physiology appointments and Clinical Exercise class assessments.

**Suite 4, Level 1,
23 Petrie Plaza Canberra City ACT 2601**

☎ **02 6262 9664**

✉ reception@higherfunction.com.au



A white rectangular sticky note with a black border and two green corner tabs. It contains the text "EQUIPD" in a large, bold, black sans-serif font, with "COMMUNITY GYM" in a smaller, black sans-serif font below it.

- Exercise Physiology Support
- Affordable Access - No Lock-In
- Group Fitness Classes For All
- Supportive and Welcoming
- Accessible Exercise Equipment
- Friendly, Helpful Staff
- Inclusive Community Space



STRENGTH FOR LIFE



- Designed for Adults 50+
- Allied Health-Led Sessions
- Regain Functional Strength
- Stay Steady & Prevent Falls
- Boost Confidence & Wellbeing
- Fun, Engaging & Social



Scan for
Website

📍 9/70 Maclaurin Crescent Chifley ACT 2606

☎ (02) 5135 6600 ✉ admin@equipdalliedhealth.com.au



Strength for Life

- Providing evidence-based, progressive strength training for people 50+ years
- Improve health outcomes, quality of life and fitness for older people with a focus on strength and balance training
- Delivers affordable, high quality, results-orientated, sustainable opportunities for strength training
- Promotes social inclusion and engagement in a supportive environment, with instructors and participants as an effective intervention for those affected by social isolation

Call COTA ACT on 6282 3777 for more information and provider locations in the ACT



HEALTH AND FITNESS

■ Strength for Life

SportsTec Clinic

\$12.50 for student physiotherapy, exercise physiology and exercise classes for Seniors.

5/28 Sandford Street, Mitchell ACT 2911

☎ **02 6156 1308**

✉ admin@sportstecclinic.com.au

➡ sportstecclinic.com.au

f [/SportsTecClinic/](https://www.facebook.com/SportsTecClinic/)

📷 [#sportstecclinic/](https://www.instagram.com/sportstecclinic/)

Strength for Life program - Hughes Community Centre

ACT Seniors Card offer - First class free (normally \$15.00)

COTA ACT members and Pension, Low Income Health Card or Commonwealth Seniors Health Card \$12.00 per class.

2 Wisdom Street, Hughes ACT 2605

☎ **02 6282 3777**

✉ strengthforlife@cotaact.org.au

➡ cotaact.org.au/services/strength-for-life

Do you know your risk of **falling**?

A **falls risk assessment** can tell you what your risk of falling is and why. Five simple tests assess your vision, peripheral sensation, lower limb strength, reaction time and body sway.

Assessments take up to 30 minutes, with results available in a week. They are conducted at the Hughes Community Centre and on occasion at licensed Strength for Life provider locations.

Assessments cost \$70 for COTA ACT and/or Seniors Card members, or \$80 for non-members.

* Price correct as of October 2025

To arrange your assessment call 6282 3777 or email strengthforlife@cotact.org.au.



HEALTH AND FITNESS

■ Wellbeing

Alessandro's Kitchen

20% off for ACT Seniors Card holders. Please use the code Elderly20 when signing up.

5/118-128 Mawson Place, Mawson ACT 2607

📞 **0400 941 468**

✉ alessandroskitchenaustralia@gmail.com

➡ classbento.com.au/alessandros-kitchen

Australian Bedding Company

10% Discount off All Beds Including Electric Adjustable Beds and Free Installation. * Conditions apply.

The Australian Bedding Company is locally owned and has been in business for over 25 years. We pride ourselves on offering old fashioned service and we supply quality Australian made products, factory direct at competitive prices.

We are offering ACT Seniors Card holders 10% discount off all beds and free installation*.

Conditions apply. These conditions are dependent on access and location and we ask you to discuss any of these variables with our sales staff who will provide you with a competitive quote on your purchase.

We also **take away old beds, bed bases and frames** with only minimal handling charges above what the government charges for recycling and disposal. Our showroom is open Mon-Sat 9am - 5pm.

2/78 Hoskins Street, Mitchell ACT 2911

📞 **02 6262 3260**

✉ accounts@ausbedco.com

➡ australianbeddingcompany.com.au

Canberra Counsellor

20% discount off the usual discount fee of \$140.00 per session of counselling or hypnosis. I work with many people including those who desire to review their life and heal past issues, relationships and perspectives. I offer a free 20 minute obligation free chat so you can discover if you would like to book an appointment. Contact me on 0466182202 or send me an email Hypnocounsellor@gmail.com . I work on-line too.

Bremer Street, Griffith ACT 2603

☎ **0466 182 202**

✉ hypnocounsellor@gmail.com

Cloud Nine Careers Pty Ltd

10% off all services (excludes products on sale or packages, products already discounted)

Whitlam ACT 2611

☎ **0493 423 983**

✉ Hello@cloudninecareers.com

Day Translations, Inc

10% off any of our translation and interpretation services.

**Level 4, 5 & 12, Plaza Building, Australian Square,
95 Pitt Street,
Sydney NSW 2000**

☎ **1800 969 6853**

✉ contact@daytranslations.com

➔ daytranslations.com/locations/translation-services-australia

Fitness At Home

10% Discount for Seniors Card holders.

32 Lambhill Cresnet, Highton VIC 3216

✉ info@fitnessathome.com.au

➔ fitnessathome.com.au

HEALTH AND FITNESS

■ Wellbeing

Heart Foundation Walking

Free walking groups.

☎ **13 11 12**

✉ walking@heartfoundation.org.au

➔ walking.heartfoundation.org.au

Hydragun Australia

\$39.90 off HYDRAGUN at hydragun.com.au/. Enjoy Deep-Tissue Massages In The Comfort of Your Home.

Redeem now by emailing support@hydragun.com with your Seniors Card ID number.

Level 10, 171 Clarence Street, Sydney NSW 2000

☎ **6581 613811**

✉ support@hydragun.com

Interval Weight Loss

1st month free for Seniors Card holders and a 25% ongoing discount. Please enter code SENIORSCARD for first month free offer.

✉ iwl@intervalweightloss.com.au

➔ intervalweightloss.com

Maia Rose Healing

Reiki/spiritual healing. Reduced rates for ACT Seniors Card holders.

5 Wilson Street, Curtin ACT 2605

☎ **0438 612 999**

✉ maia.rose999@gmail.com

My Funeral Wishes

25% discount on annual subscription.

6 Caulton Street, St Johns, Auckland, New Zealand 1072

☎ **1800 352 196**

✉ michele@easenz.co.nz

➔ myfuneralwishes.net

Nutrition and You

Ask about our discount for Seniors Card holders.

A Caring and Professional Approach to Short and Long Term Good Health! A holistic approach to total health care.

☎ **0427 276 886**

✉ irene@nutritionandyou.com.au



Pain Pod Pty Ltd

12% discount on all products when you buy directly from our website or our retail store in Ashmore, QLD. TENS, EMS, Microcurrent and Heat devices, gel pads and wearable accessories. Simply use the code COTA at the checkout, in person or over the phone.

3/31 Dominions Road, Ashmore QLD 4214

☎ **1300 911 442**

✉ info@painpodau.com

➔ thepainpod.com

f [/thepainpod/](https://www.facebook.com/thepainpod/)

📷 [#thepainpod/](https://www.instagram.com/thepainpod/)

Purematcha

Seniors Card holders get 10% off our entire Purematcha teas, matcha tea sets and matcha tea accessories range. Use SENIOR10 at cart checkout. We import the finest quality Matcha green tea powder directly from Japan. 100% organic and full of amazing health benefits making it gram for gram one of the most powerful antioxidants in all of nature.

☎ **1300 50 44 69**

✉ info@purematcha.com.au

➔ purematcha.com.au

HEALTH AND FITNESS

■ Wellbeing

Red Light Therapy Kits

\$100 off the Premium Red Light Therapy Wrap and \$25 off the Mini Premium Light Therapy Wrap.

260 De haer Road, Wandi Perth WA

☎ **0409 378 895**

✉ info@redlighttherapykits.com

RJC Health Pty Ltd

5% discount on all HLTH Code meal Replacement Shakes for Seniors with the code SENIOR5OFF.

6/278 Ferntree Gully Road, Notting Hill VIC 3168

☎ **0493 115 730**

✉ info@gethlth.com.au

SD Mission

SD Mission is a Canberra based PBI providing community services with humility, respect and dignity to seniors free of cost or at a nominal cost.

Yoga classes: Up to 20% discount for ACT Seniors Card holders.

**Gungaherra Homestead, Otway Street,
Harrison ACT 2914**

☎ **0470 501 103**

✉ sdmission.aus@gmail.com

➔ sdmission.org

Simply Being

10% off Acupressure and Chinese Massage.

Ground floor, 29-31 Colbee Court Phillip ACT 2606

☎ **1800 844 867**

➔ simply-being.com.au

South Pacific Hemp

5% discount for ACT Seniors Card holders on a wide range of products including clothing, manchester, fabric, oils, baby clothes and blankets, food, hair and skin care and pet supplies.

84 Wollongong Street, Fyshwick ACT 2609

📞 **0431 318 898**

✉ sthpacifichemp@gmail.com

➡ southpacifichemp.com.au

Stitch

10% discount for Seniors Card holders.

**Level 3, WeWork,
100 Harris Street Pyrmont NSW 2009**

📞 **02 8880 0371**

✉ support@stitch.net

➡ wipeoutloneliness.org/contact

TT Massage And Day Spa

10% off any massage - 7 days a week (excluding health fund payments)

67 Anthony Rolfe Avenue, Gungahlin ACT 2912

📞 **02 6183 0119**

✉ ttmassageanddayspa@gmail.com

➡ ttmassageanddayspa.com.au

Viga Massage

10% off your first massage session with code SENIOR10.

323 Sumners Road, Riverhills QLD 4074

📞 **1800 870 834**

✉ hello@vigamassage.com.au

➡ vigamassage.com.au



COTA Visitors

COTA Visitors are volunteers who provide regular friendship and companionship to older people who are isolated.

COTA ACT is part of the Aged Care Volunteer Visitors Scheme (ACVVS), an Australian Government initiative that provides friendly volunteers for older people who are at risk of loneliness or social isolation.

If you're interested in becoming a COTA Visitor, you can contact our friendly team on 6282 3777 or at acvvs@cotaact.org.au.

Wellness Woo

10% discount on all wellness and symptoms journals. Keep track of the health information that matters to you, including your medications, symptoms, vitals, food, appointments, and more. Gain insights and make changes to live better. Use promo code SENIORS10 at checkout.

✉ hello@wellnesswoo.com.au

➔ wellnesswoo.com.au

f [/wellnesswoo](https://www.facebook.com/wellnesswoo)

📷 [#wellness_woo](https://www.instagram.com/wellness_woo)

Your Listener Counselling

40% discount on service fees. Sixty minute appointments are discounted to \$89 (normally \$149). Ninety minute appointments are discounted to \$119 (normally \$199) for Seniors Card holders.

☎ **0402 333 950**

✉ your.listener.coaching@gmail.com

➔ yourlistener.wixsite.com/coaching/about

ZEST Dance for Wellbeing

ZEST Dance for Wellbeing Dance/movement classes designed for seniors regardless of mobility or skill. New participants pay half price for their first class when mentioning this offer. Regular price is \$15/class or \$120.00 for the term.

☎ **0417 417 182**

✉ ZestDWB@gmail.com

➔ zestdwb.blogspot.com

Academy Tiling Canberra

15% discount on tiling services for Seniors Card holders.

☎ **0403 614 617**

✉ academy213@tpg.com.au

f [/AcademyTilingCanberra/](https://www.facebook.com/AcademyTilingCanberra/)

HOUSEHOLD

■ Building and Improvements



- Woven Stainless Steel Security Mesh
- No Bars or Grilles
- Security with a View

**5% SENIORS
DISCOUNT**

**BOOK YOUR FREE MEASURE
AND QUOTE ONLINE NOW!**

6280 7465

156-158 Gladstone Street, Fyshwick ACT | Factory & Showroom

www.alucom.com.au

Alucom

5% discount for Seniors Card holders.

156-158 Gladstone Street, Fyshwick ACT 2609

☎ **02 6280 7465**

➔ alucom.com.au

Architech Windows

10% discount for Seniors Card holders.

38 Paterson Parade, Queanbeyan NSW 2620

☎ **02 6284 3288**

✉ info@architechwindows.com.au

➔ architechwindows.com.au



**CANBERRA
PLUMBING
& DRAINS**



EMERGENCY SERVICE

**SERVICING ALL CANBERRA
& QUEANBEYAN**

- ✓ Qualified Professionals
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- ✓ All work guaranteed
- ✓ Quality parts & materials
- ✓ Stocked service vehicles

**DONE ONCE.
DONE RIGHT!**

Got a plumbing problem? We've got this.
CANBERRA^{PLUMBING}.NET.AU
SAME DAY SERVICE ↘
CALL NOW

6288 9929

PLUMBING

- All plumbing maintenance
- Hot water repairs & replacements
- Leaking taps & toilets
- Burst pipes
- All water leak detection
- Bathroom & kitchen renos
- Gutters & downpipes
- Tank/rain water harvesting
- Pump installation, service & repairs
- Evaporative cooling servicing, repairs & installations
- Plumbing & Drainage Certifications

BLOCKED DRAINS

- All drain cleaning
- Blocked drains, toilets, sinks & pipes
- High pressure water jetters
- Electric eels
- CCTV digital pipe camera
- Sewer & stormwater replacements
- Subsoil & drainage engineering
- Stormwater flood prevention & advice
- Sumps & channel drains
- Emergency & planned excavation
- Drainage Certifications & approvals
- Digital imagery & reporting



20% Discount off
labour for seniors



THERMANN



EMERGENCY SERVICE

SERVICING ALL CANBERRA & QUEANBEYAN
**PLUMBING, DRAINAGE, HEATING,
COOLING & GASFITTING**



Plumbing & Gasfitting

20%
discount
off labour
for seniors



SAME DAY SERVICE

- Maintenance, repairs & replacements
- Blocked drains - sewer & stormwater
- All taps, toilets, sinks & vanities
- Drain camera inspection (CCTV)
- Sewer & stormwater replacements
- Emergency excavation
- Burst pipe and leak detection
- All gas heater services and repairs
- Hot water repairs & replacements
- Gas leak detection & repairs
- Fully qualified & accredited technicians
- Comprehensively insured



0407 212 565

wodenvalleyplumbing.com.au



THERMANN



VISA



Auscert Building Certifiers

5% discount for ACT Seniors Card holders.

PO Box 148 Calwell ACT 2905

☎ **02 6113 9907**

✉ info@auscertifiers.com.au

➔ auscertifiers.com.au

Barry Richards Ceramic Tiling

12% off quoted price for Seniors Card holders.

4 Dixon Drive, Holder ACT 2611

☎ **0435 015 647**

✉ barrc666@aol.com

Canberra Antennas

15% on all services for ACT Seniors Card holders.

☎ **1800 443 700**

✉ info@canberraantennas.com.au

Canberra Bathroom Renovations

20% off labour.

82 Kalgoorlie Crescent, Fisher ACT 2611

☎ **02 6288 8795**

Canberra Facilities Maintenance

10% discount off the already highly competitive pricing. Discount is off the total amount of the bill.

☎ **0457 188 902**

✉ info.canberrafm@gmail.com

HOUSEHOLD

■ Building and Improvements



Carpet One Canberra

Minimum 5% discount on flooring products.

Up to 20% off window furnishing and outdoor products.

T&Cs apply.

141 Flemington Road, Mitchell ACT 2911

☎ **02 62415666**

✉ sales@carpetonecanberra.com.au

➡ carpetone.com.au/mitchell

Chama Design - Fireplaces Heating

10% off fireplaces. Excludes sales.

1032A North Road, Bentleigh East Vic 3165

☎ **03 9555 9318**

✉ info@chamadesign.com.au

➡ chamadesign.com.au



Discount Glass

10% discount on all services. Reduced senior rate for all pet door (cat and dog) installations into glass panels.

4 Purdue Street, Belconnen ACT 2617

☎ **02 6253 1099**

✉ info@discountglass.com.au

➡ discountglass.com.au

Easier Living Services

5% discount for Seniors Card holders. Specialising in keeping you living in your home longer. Grab rails, ramps, lever taps, bathroom renovations etc.

1/47 Tennant Street, Fyshwick ACT 2609

☎ **02 6280 4747**

✉ scott@easierliving.com.au

➡ easierliving.com.au



JML Group

10% discount on labour and callout charges only, no discount on materials.

16 Hincksman Street, Queanbeyan NSW 2620

☎ **02 6193 4089**

✉ office@jmlplumbing.net.au

➡ jmlplumbing.net.au

f [/jmlplumbing](https://www.facebook.com/jmlplumbing)

Magnetite Retrofit Double Glazing

10% discount for ACT Seniors Card holders.

7/91-93 Grimwade Street, Mitchell 2911

☎ **02 6255 7220**

✉ canberra@magnetite.com.au

➡ magnetite.com.au

Mayner & Cochran

10% discount to Seniors Card holders for all in home or workshop repairs and spare parts.

1/86 Townsville Street, Fyshwick ACT 2609

☎ **02 6280 6833**

✉ service@maynerandcochran.com.au

HOUSEHOLD

■ Building and Improvements

My Local Handyman

10% discount to ACT Seniors Card holders.

☎ **0405 842 230**

✉ mlhcanberra@gmail.com

My Pool Builders

5% off the installation of any fiberglass pools using the code SENIORSFIVE when you apply.

☎ **1800 849 221**

✉ info@mypoolbuilders.com.au

Ochre Trade Services

15% discount for ACT Seniors Card holders.

17 Townsend Street, Phillip ACT 2606

☎ **0473 512 080**

✉ service@ochretrade.com.au

Rod's Painting and Decorating

10% off for Seniors Card holders.

4 Main Close, Chisholm ACT

☎ **0449 538 337**

✉ rodspainting671@gmail.com

Select Electrical and Solar Solutions

5% discount.

1/42 Wollongong Street, Fyshwick ACT 2609

☎ **02 6103 0505**

✉ admin@selectelectricalonline.com.au

➔ selectelectricalonline.com.au

f [/SelectElectricalOnline](https://www.facebook.com/SelectElectricalOnline)

SmartEdge Automation

Discount code: SMART10.

Home automation enhances safety, accessibility, and convenience for elderly and disabled individuals, promoting independence and peace of mind for caregivers.

Key benefits include smart locks and video doorbells for security, automated lighting to prevent falls, and health monitoring through medication reminders and caregiver surveillance. Smart assistants, thermostats, and automated blinds improve comfort, while customizable routines ensure ease of use.

With user-friendly interfaces and affordable solutions, home automation supports a safer, more independent lifestyle for those in need.

Across ACT and Queanbeyan.

☎ **0489 209 281**

✉ info@smartedgeautomation.com.au

Solace & Creations

Windows & Doors

Solace Creations Double Glazing

5% discount on the window and door supply components for all Seniors Card holders.

17 Townsville Street, Fyshwick ACT 2609

☎ **02 6260 1621**

➔ solacecreations.com.au

Taqwa Painting

10% off labour (all quotes free)

☎ **0451 031 550**

✉ taqwapainting@gmail.com

HOUSEHOLD

■ Building and Improvements

Yard to Yard Fencing

5% discount to Seniors Card holders.

343 Williamsdale Road, Burra NSW 2620

☎ **0417 258 785**

✉ yardtoyardsfencing@gmail.com

➔ yardtoyardsfencing.com



Hiring a tradie?

It's important to do your research and shop around so you have confidence in the tradie you choose.

 **ACT**
Government

 **Access**
Canberra.

Calibre Cleaning

10% discount off our cleaning services for all members. This includes once off spring cleans, regular house cleans and end of lease cleans.

**Suite 3540, 805/22 Collins Street,
Melbourne VIC 3000**

☎ **1300 991 368**

✉ support@calibrecleaning.com.au

➡ calibrecleaning.com.au/canberra

Get Clean ACT

10% discount on carpet cleaning services.

86 Cowper Street, Dickson ACT 2602

☎ **0412 615 211**

✉ info@getcleanact.com.au

➡ getcleanact.com.au

IdeallyClean

\$5.00 off every cleaning service with a minimum 2 hour clean.

5/15 Bond Street, Caulfield North VIC 3161

☎ **0431 243 325**

✉ ideallyclean@gmail.com

➡ ideallyclean.com.au

Maid2Match

10% off your first house clean with code SENIOR10.

323 Sumners Road, Riverhills QLD 4074

☎ **1800 207 686**

✉ hello@maid2match.com.au

➡ maid2match.com.au

Ozkleen Pressure Washing Services

10% off all quotes.

☎ **0468 572 773**

✉ ozkleen-pws@outlook.com

HOUSEHOLD

■ Curtains and Blinds

Amaru Window Coverings

40% of list price, excluding sales.

95 Freda Gibson Circuit Theodore ACT 2905

☎ **1300 362 670**

✉ john@amaru.com.au

➡ amaru.com.au

Apollo Blinds ACT

25% off (not in conjunction with any other offer)

1/6 Wiluna Street, Fyshwick ACT 2609

☎ **02 6280 4900**

✉ canberra@apolloblinds.com.au

➡ apolloblinds.com.au



Carpet One Canberra

Minimum 5% discount on flooring products.

Up to 20% off window furnishing and outdoor products.

T&Cs apply.

141 Flemington Road, Mitchell ACT 2911

☎ **02 62415666**

✉ sales@carpetonecanberra.com.au

➡ carpetone.com.au/mitchell

Canberra Antennas

15% on all services for ACT Seniors Card holders.

📞 **1800 443 700**

✉️ info@canberraantennas.com.au

Ecpcsolar and Electrical

10% off installation costs for grid tie solar system.

📞 **0467 257 215**

✉️ ecpcsolar@gmail.com

➡️ ecpcsolar.com.au

Mayner & Cochran

10% discount to Seniors Card holders for all in home or workshop repairs and spare parts.

1/86 Townsville Street, Fyshwick ACT 2609

📞 **02 6280 6833**

✉️ service@maynerandcochran.com.au

Ryujin Electronics

We're an Apple Consultants Network member based in Canberra, offering personalised assistance with:

- iPhone, iPad, and Mac setup
- Apple ID and iCloud support
- Photos and backup help
- Email, FaceTime and Messages
- Accessibility features and settings
- Device security and updates

Available as in-home visits, remote sessions, or drop-in support. Get quick and easy support and clear guidance from certified Apple specialists.

10% discount for ACT Seniors Card holders.

📞 **(02) 6145 2808**

✉️ support@ryujinelectronics.com.au

➡️ ryujinelectronics.com.au/seniors

📘 [/ryujinelectronics/](https://www.facebook.com/ryujinelectronics/)

HOUSEHOLD

■ Electrical Services

SOLAR 4 LIFE

\$200 Off Our Standard Price!

As a valued member of the ACT Seniors Card Program, we're delighted to offer you an exclusive discount of \$200 off our standard price. But that's not all! By participating in this program, we're also committed to extending the same benefits to interstate Seniors Card holders and NZ Gold Card holders, because we believe everyone deserves a chance to save.

Don't miss out on this fantastic opportunity to enjoy our product/service at a discounted rate. Take advantage of this offer today and experience the benefits for yourself!

Unit 4, 66 Heffernan Street, Mitchell ACT 2911

☎ **02 6182 2724**

✉ info@solar4life.com.au

➡ solar4life.com.au

SunStak Energy Solutions

\$400 Off a SunStak Solar Energy System (Small, Medium or Large) sunstak.com.au/solar-installs-canberra.

\$100 Off the hardware cost of a Sanden Hot Water Heat Pump system. sunstak.com.au/hot-water-heat-pump-sanden.

\$100 Off the hardware cost of a Tesla Powerwall 2 sunstak.com.au/solar-battery-tesla-powerwall.

\$50 Off the installation cost of a Tesla (HPWC) EV Charger sunstak.com.au/ev-charging.

110 Woodberry Avenue, Coombs ACT 2611

☎ **02 5127 5000**

✉ team@sunstak.com.au

➡ sunstak.com.au

f [/sunstak.energy](https://www.facebook.com/sunstak.energy)

Superb Electrics

10% discount on all visits/callouts.

17 Banner Street, O'Connor ACT 2602

📞 **0422 629 795**

✉️ alex@superbelectrical.com.au
.....

HOUSEHOLD

■ Gardening

Canberra Capital Garden Maintenance

10% Discount to ACT Seniors Card holders.

☎ **0400 290 000**

✉ johnkyr@bigpond.com

➔ canberracapitalgardenmaintenance.com.au

Complete Tree Services

10% discount for ACT Seniors Card holders. Free quotes, no job too small. Expertise in hedge trimming and ongoing maintenance, tree trimming including tree removal. Fully insured, experienced, professional and reliable.

220 Southern Cross Drive, Latham ACT 2615

☎ **0417 411 487**

✉ awardplumbingact@gmail.com

➔ completetreeservices.com.au

High Country Horticultural Services

10% discount for Seniors Card holders for all garden maintenance services.

☎ **0410 058 658**

✉ highcountryhorticultural@gmail.com

Lawn.com.au

10% off your first lawn care service with code SENIOR10.

323 Sumners Road, Riverhills QLD 4074

☎ **1800 952 423**

✉ hello@lawn.com.au

➔ lawn.com.au

My Local Handyman

10% discount to ACT Seniors Card holders.

☎ **0405 842 230**

✉ mlhcanberra@gmail.com

Plant and Leaf

10% off all stock on website. Use discount code SENIORS10 at checkout.

📞 **0425 610 932**

✉ admin@plantandleaf.com.au

➡ plantandleaf.com.au

Solutions 4 U

5% discount on each service rate. Property maintenance and logistic services, pickup and delivery, large furniture relocation, decluttering and assistance selling assets online, storage to home moves, labour hire, rubbish and unwanted items removed, presale garden tidy services and gutter and roofs cleared.

📞 **0490 365 398**

✉ frankfinder@solution4u.com

The Rose Man - Canberra

10-15% off total for Seniors Card holders for Rose bush pruning and rescue services.

Wagga Street, Farrer ACT 2607

📞 **0419 619 259**

✉ therosemancanberra@gmail.com

➡ theroseman.com.au

Yard to Yard Fencing

5% discount to Seniors Card holders.

343 Williamsdale Road, Burra NSW 2620

📞 **0417 258 785**

✉ yardtoyardfencing@gmail.com

➡ yardtoyardfencing.com

HOUSEHOLD

■ Home Help

Budget Bins

\$10.00 off each booking for Seniors Card holders.

103/222 City Walk Canberra City ACT 2601

☎ **02 6249 7974**

✉ office@budget.com.au

➡ budgetbins.com.au

Goodwin Aged Care Services

Live-in care focussed on quality of life, with quality clinical oversight and 24/7 inhouse nursing. The better life choice.

☎ Residential care sites at Ainslie, Farrer and Monash **6175 5192**

☎ Home care services and day clubs **6175 5650**

☎ Independent living at Ainslie, Farrer, Monash and Crace **6175 5000**

➡ goodwin.org.au

IRT Home Care

Book a free consultation with our home care team to discuss how we can help you. We can assist with: personal care, home maintenance and cleaning, meal preparation, nursing services, grocery shopping, medication collection and management, transport to outings or appointments, and much more.

☎ **134 478**

✉ customerservice@irt.org.au

➡ irt.org.au/homecare

KinCare Pty Ltd

No lock-in contracts for Seniors Card holders.

Suite 1, 17 Napier Close, Deakin ACT 2600

☎ **1300 733 510**

➡ kincare.com.au

My Local Handyman

10% discount to ACT Seniors Card holders.

📞 0405 842 230

✉ mlhcanberra@gmail.com

Regina's Housesitting

Reliable housesitter with more than 10 years experience. Will cater only for one to two cats, or one very small dog. Free service for seniors.

📞 0438 508 970

Ochre Trade Services

15% discount for ACT Seniors Card holders.

17 Townsend Street, Phillip ACT 2606

📞 0473 512 080

✉ service@ochretrade.com.au

The advertisement features the 'team national.' logo at the top, consisting of five colored circles (pink, purple, green, blue, orange) above the text. The main headline reads 'Caring through the seasons of life.' Below this, it states 'Proudly supporting our local Canberra community for 35+ years.' The central image shows a smiling female caregiver in a black uniform embracing an elderly man. Two smaller circular images show a caregiver assisting a person in a wheelchair and a group of staff members. The 'OUR SERVICES' section lists: 'Locally owned & operated for 25yrs+', 'Registered Nurse Supports', 'NDIS Supports and Complex Skill Supports', 'Agency of choice to ACT's primary Aged Care facilities', and 'Aged Care in-home Supports done your way'. The footer contains contact information: 'NATIONAL HEALTHCARE SERVICES | NATIONAL INHOME CARE | NATIONAL WELFARE AGENCY | NATIONAL COMMUNITY CARE', '3/35 Russell St, Mitchell ACT', 'www.teamnational.com.au', and 'info@teamnational.com.au'.

HOUSEHOLD

■ Home Help

Maid2Match

10% off your first house clean with code SENIOR10.

323 Sumners Road, Riverhills QLD 4074

☎ **1800 207 686**

✉ hello@maid2match.com.au

➡ maid2match.com.au

Ramp Champ

10% discount on any products from our website including custom ramps.

☎ **1300 913 047**

✉ hello@rampchamp.com.au

➡ rampchamp.com.au

Right at Home ACT Canberra

Free in-home consultations on accessing home support.

111, 43-57 Townsend Street, Phillip ACT 2606

☎ **02 5127 5199**

✉ care.actc@rightathome.com.au

➡ rightathome.com.au

Rosie by Vitalcare

Rosie medical alert personal alarm with fall detection and GPS locator.

10% discount for Seniors Card holders.

Personal **emergency** alarms that take on life with you. Only \$39.00 per month and a one-off \$50.00 establishment fee for your Rosie 24/7 Personal Alarm Service.

All calls monitored and answered by trained professionals based in Australia.

No minimum term or lock in contracts.

14/31-33 Chaplin Drive, Lane Cove West NSW 2066

☎ **1800 476 743**

✉ info@rosie.help

➡ rosie.help

Sentinel Security & Technology Group

5% off goods and services to ACT Seniors Card holders.

📞 **02 6179 7290**

✉ admin@sstg.com.au

➡ sstg.com.au

Sheridan - Flat Pack Assembly

15% off for ACT Seniors Card holders on flat pack assembly.

📞 **0419 370 236**

✉ benstigers@gmail.com

SOFIHUB

\$20.00 off SOFIHUB Fall Monitoring Devices & Medical Safety Alarms.

Sofihub's safety monitoring technologies provide care for independent and active individuals. Our intelligent solutions include the TEQ-Falls Alert fall detection device and the TEQ-Secure personal safety alarm. These non-intrusive solutions enable greater independence and peace of mind, for the user as well as their families and carers.

\$20 off the order with free shipping!

Discount Code: ACTSN20.

📞 **1300 110 366**

✉ sales@sofihub.com

➡ shop.sofihub.com

Sheridan Upholstery

15% discount for ACT Seniors Card holder on upholstery services.

69 MacCallum Circuit, Florey ACT 2615

📞 **0419 370 236**

✉ benstigers@gmail.com

HOUSEHOLD

■ Home Help

SOLAR 4 LIFE

\$200 Off Our Standard Price!

As a valued member of the ACT Seniors Card Program, we're delighted to offer you an exclusive discount of \$200 off our standard price. But that's not all! By participating in this program, we're also committed to extending the same benefits to interstate Seniors Card holders and NZ Gold Card holders, because we believe everyone deserves a chance to save.

Don't miss out on this fantastic opportunity to enjoy our product/service at a discounted rate. Take advantage of this offer today and experience the benefits for yourself!

Unit 4, 66 Heffernan Street, Mitchell ACT 2911

☎ **02 6182 2724**

✉ info@solar4life.com.au

➡ solar4life.com.au



Aged Care

**Trusted people and support
that grows with you.**

Contact us on
1300 111 227

Today.



Salvos Home Care

Solutions 4 U

5% discount on each service rate. Property maintenance and logistic services, pickup and delivery, large furniture relocation, decluttering and assistance selling assets online, storage to home moves, labour hire, rubbish and unwanted items removed, presale garden tidy services and gutter and roofs cleared.

📞 **0490 365 398**

✉️ frankfinder@solution4u.com

SunStak Energy Solutions

\$400 Off a SunStak Solar Energy System (Small, Medium or Large) sunstak.com.au/solar-installs-canberra.

\$100 Off the hardware cost of a Sanden Hot Water Heat Pump system. sunstak.com.au/hot-water-heat-pump-sanden.

\$100 Off the hardware cost of a Tesla Powerwall 2 sunstak.com.au/solar-battery-tesla-powerwall.

\$50 Off the installation cost of a Tesla (HPWC) EV Charger sunstak.com.au/ev-charging.

110 Woodberry Avenue, Coombs ACT 2611

📞 **02 5127 5000**

✉️ team@sunstak.com.au

➡️ sunstak.com.au

📘 [/sunstak.energy](https://www.facebook.com/sunstak.energy)



The Salvation Army - Aged Care Home Help

Live the life you want while receiving the care you need. Everyday tasks can become more difficult as we age. Our range of services are designed to support older Australian live independently in their own homes and communities.

📞 **1300 111 227**

✉️ agedcare.enquiries@salvationarmy.org.au

➡️ agedcare.salvos.org.au

HOUSEHOLD

■ Locksmiths

Buy A Safe

Offering prioritized service for ACT Seniors Card holders.

203 Victoria Road, Marrickville NSW 2204

☎ **1300 405 200**

✉ admin@apexlocksmiths.com.au

➡ buyasafe.com.au

CLASS Locksmiths

10% off everything except safes.

Shop 51 Kembla St Fyshwick ACT

☎ **6280 6611**

✉ class@classclocks.com.au

➡ classlocks.com.au

Out and About Locksmiths

10% off total invoice price for ACT Seniors Card holders.

☎ **0431 515 640**

✉ service@outandaboutlocksmiths.com.au

➡ outandaboutlocksmiths.com.au

Downsizing with Care - Deceased Estate Clearances and Downsizing Support

Helping you downsize a lifetime of possessions. We provide practical and sensitive support to help make downsizing a house full of memories easier. Our empathetic and mature team have the experience to help reduce the stress of a whole home downsize.

Seniors Card holders who book a decluttering session get a free personalised 12 page Downsizing Plan to help you plan your downsize. (Not applicable to estate clearance clients)

📞 **02 6134 5200**

✉️ hello@downsizingwithcare.com.au

➡️ downsizingwithcare.com.au

My Funeral Wishes

25% discount on annual subscription.

**6 Caulton Street, St Johns, Auckland,
New Zealand 1072**

📞 **1800 352 196**

✉️ michele@easenz.co.nz

➡️ myfuneralwishes.net

Solutions 4 U

5% discount on each service rate. Property maintenance and logistic services, pickup and delivery, large furniture relocation, decluttering and assistance selling assets online, storage to home moves, labour hire, rubbish and unwanted items removed, presale garden tidy services and gutter and roofs cleared.

📞 **0490 365 398**

✉️ frankfinder@solution4u.com

HOUSEHOLD

■ Organising and Decluttering

Wellness Woo

10% discount on all wellness and symptoms journals. Keep track of the health information that matters to you, including your medications, symptoms, vitals, food, appointments, and more. Gain insights and make changes to live better. Use promo code SENIORS10 at checkout.

✉ hello@wellnesswoo.com.au

➔ wellnesswoo.com.au

f [/wellnesswoo](https://www.facebook.com/wellnesswoo)

📷 [#wellness_woo](https://www.instagram.com/wellness_woo)

WellSorted - Professional Organiser and Decluttering

Helping you declutter your home and life without the overwhelm. We help donate, sell and remove what you don't want, and most importantly help you decide what stays. Contact us today.

☎ **0422 490 131**

✉ virginia@getwellsorted.com.au

➔ getwellsorted.com.au

3 Rivers Pest Control

At **3 Rivers Pest Control**, we understand how important it is to feel comfortable and safe in your home. That's why we're offering **5% off** (up to **10%** depending on the size of the job) to all ACT Seniors Card holders.

We specialise in **termite protection** but can handle any pest issue you may face. Proudly serving the ACT and South Coast, our team is here to ensure your home stays pest-free.

3 Rivers Pest control "You breed M i kill M"

☎ **02 4472 1177**

✉ 3rivers@rentokil-initial.com

A1 PROFESSIONAL Pest Control

10% discount for all ACT Seniors Card holders.

Bennie Street, Macgregor ACT 2615

☎ **02 6278 5858**

✉ admin@a1professionalpestcontrol.com.au

➡ a1professionalpestcontrol.com.au

Bug-Free Pest Control

10% discount on all the services we provide.

1/437 Hume Highway, Yagoona NSW 2199

☎ **1300 855 548**

✉ info@bugfree.com.au

Bugalugs Pest Control Pty Ltd

10% off services. Discount on termite services and inspections is at the discretion of the technician due to the varying complexity of termite work.

☎ **0428 425 847**

✉ info@bugalugspest.com.au

HOUSEHOLD

■ Plumbing and Gasfitting

Born Plumbing

10% discount on services for ACT Seniors Card holders. Licenced plumber and member of Master Plumbers ACT.

☎ **0423 491 249**

✉ ethan@bornplumbing.com

Canberra Plumbing & Drains

20% off labour.

82 Kalgoorlie Crescent, Fisher ACT 2611

☎ **6288 5123**

✉ hello@canberraplumbing.net.au

➡ canberraplumbing.net.au

Genuine Connections Plumbing

10% discount on any service.

42 Bywong Street, Sutton ACT 2620

☎ **0404 082 359**

✉ info@cgplumbing.com

➡ gcplumbing.com

Iplumb Canberra Pty Ltd

10% discount on services will be offered for ACT Seniors Card holders. We are a proud member of Master Plumbers ACT and offer 100% satisfaction guarantee on our reliable and efficient service.

PO Box 160 Mitchell ACT 2911

☎ **0421 879 119**

✉ justin@iplumbcanberra.com.au

➡ iplumbcanberra.com.au



**CANBERRA
PLUMBING
& DRAINS**



EMERGENCY SERVICE

**SERVICING ALL CANBERRA
& QUEANBEYAN**

- ✓ Qualified Professionals
- ✓ Fully licensed & insured
- ✓ All work guaranteed
- ✓ Quality parts & materials
- ✓ Stocked service vehicles

**DONE ONCE.
DONE RIGHT!**

Got a plumbing problem? We've got this.
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SAME DAY SERVICE
CALL NOW ↘

6288 9929

PLUMBING

- All plumbing maintenance
- Hot water repairs & replacements
- Leaking taps & toilets
- Burst pipes
- All water leak detection
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- Gutters & downpipes
- Tank/rain water harvesting
- Pump installation, service & repairs
- Evaporative cooling servicing, repairs & installations
- Plumbing & Drainage Certifications

BLOCKED DRAINS

- All drain cleaning
- Blocked drains, toilets, sinks & pipes
- High pressure water jetters
- Electric eels
- CCTV digital pipe camera
- Sewer & stormwater replacements
- Subsoil & drainage engineering
- Stormwater flood prevention & advice
- Sumps & channel drains
- Emergency & planned excavation
- Drainage Certifications & approvals
- Digital imagery & reporting



20% Discount off
labour for seniors



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EMERGENCY SERVICE

SERVICING ALL CANBERRA & QUEANBEYAN
**PLUMBING, DRAINAGE, HEATING,
COOLING & GASFITTING**



Plumbing & Gasfitting

20%
discount
off labour
for seniors



SAME DAY SERVICE

- Maintenance, repairs & replacements
- Blocked drains - sewer & stormwater
- All taps, toilets, sinks & vanities
- Drain camera inspection (CCTV)
- Sewer & stormwater replacements
- Emergency excavation
- Burst pipe and leak detection
- All gas heater services and repairs
- Hot water repairs & replacements
- Gas leak detection & repairs
- Fully qualified & accredited technicians
- Comprehensively insured



0407 212 565

wodenvalleypumbing.com.au



THERMANN



VISA





JML Group

10% discount on labour and callout charges only, no discount on materials.

16 Hincksman Street, Queanbeyan NSW 2620

☎ **02 6193 4089**

✉ office@jmlplumbing.net.au

➡ jmlplumbing.net.au

📘 [/jmlplumbing](https://www.facebook.com/jmlplumbing)

Just a Plumber

Genuine discount of \$40.00 off total invoice (excluding drain cleans). Local licensed plumber since 2008 specialising in home maintenance plumbing. All plumbing performed by the licensed plumber: former President, current member of Master Plumbers ACT.

220 Southern Cross Drive, Latham ACT 2615

☎ **0417 411 487**

✉ admin@justaplumber.com.au

➡ justaplumber.com.au

Mayner & Cochran

10% discount to Seniors Card holders for all in home or workshop repairs and spare parts.

1/86 Townsville Street, Fyshwick ACT 2609

☎ **02 6280 6833**

✉ service@maynerandcochran.com.au

HOUSEHOLD

■ Plumbing and Gasfitting



Merit Plumbing & Drains

Get 10% off labour, plus a free onsite plumbing inspection! This offer cannot be used in conjunction with any other discount offers.

☎ **0408 358 703**

✉ james@meritplumbing.com.au

RJW Plumbing

10% off all services to Seniors Card holders.

☎ **0431 870 404**

✉ rjwplumb@gmail.com

f [/RJWPlumbingCanberra/](https://www.facebook.com/RJWPlumbingCanberra/)

The Plumbing and Electrical Doctor

10% discount on labour, free plumbing inspection.

☎ **13 10 91**

✉ contact@plumbingandelectrical.net.au

➡ plumbingandelectrical.net.au

Weston Creek Plumbing

10% on all invoices off labour and material. ACT Licence No 199715762.

☎ **0412 623 444**


✉ bwaugh@grapevine.net.au

Woden Valley Plumbing & Gasfitting

20% off labour.

82 Kalgoorlie Crescent, Fisher ACT 2611

 **02 6288 5123**

 info@wodenvalleyplumbing.com.au

 wodenvalleyplumbing.com.au

HOUSEHOLD

■ Utilities

Econnex

Seniors Card holders get a \$50 eWish Gift Card to compare and switch energy providers.

Lvl 12/64 York St, Sydney 2000

☎ **1800 013 000**

✉ support@econnex.com.au

ELGAS

\$100 worth of LPG gas account credits.

*terms and conditions apply.

5 Geelong Street, Fyshwick ACT 2609

☎ **131 161**

✉ canberra@elgas.com.au

➔ elgas.com.au

Energy Australia

Join Energy Australia and receive an exclusive range of benefits with your ACT Seniors Card.

EnergyAustralia offer discounts on home energy, and is one of Australia's leading energy providers committed to reducing the cost of living for ACT Seniors Card holders.

Follow this link energyaustralia.com.au/partner-program to find out how you can enjoy the Partner Program benefits. Use the code Winning and insert your postcode to see your savings.

*The Partner Program offer is available to eligible customers who are currently a member of ACT Seniors EnergyAustralia Partner Program. By using the applicable offer code provided to employees of the Partner Program.

☎ **1800127 049**

➔ energyaustralia.com.au/partner-program

Select Electrical and Solar Solutions

5% discount.

1/42 Wollongong Street, Fyshwick ACT 2609

☎ **02 6103 0505**

✉ admin@selectelectricalonline.com.au

➡ selectelectricalonline.com.au

📘 [/SelectElectricalOnline](https://www.facebook.com/SelectElectricalOnline)

SOLAR 4 LIFE

\$200 Off Our Standard Price!

As a valued member of the ACT Seniors Card Program, we're delighted to offer you an exclusive discount of \$200 off our standard price. But that's not all! By participating in this program, we're also committed to extending the same benefits to interstate Seniors Card holders and NZ Gold Card holders, because we believe everyone deserves a chance to save.

Don't miss out on this fantastic opportunity to enjoy our product/service at a discounted rate. Take advantage of this offer today and experience the benefits for yourself!

Unit 4, 66 Heffernan Street, Mitchell ACT 2911

☎ **02 6182 2724**

✉ info@solar4life.com.au

➡ solar4life.com.au

HOUSEHOLD

■ Utilities

SunStak Energy Solutions

\$400 Off a SunStak Solar Energy System (Small, Medium or Large) sunstak.com.au/solar-installs-canberra.

\$100 Off the hardware cost of a Sanden Hot Water Heat Pump system. sunstak.com.au/hot-water-heat-pump-sanden.

\$100 Off the hardware cost of a Tesla Powerwall 2 sunstak.com.au/solar-battery-tesla-powerwall.

\$50 Off the installation cost of a Tesla (HPWC) EV Charger sunstak.com.au/ev-charging.

110 Woodberry Avenue, Coombs ACT 2611

☎ **02 5127 5000**

✉ team@sunstak.com.au

➔ sunstak.com.au

📘 [/sunstak.energy](https://www.facebook.com/sunstak.energy)

Supagas

New Customer - Order and pay for 2 x 45kg LPG bottles of gas and get 50% off your first order! Standard rental charges apply. PLUS, you will receive 24 months fixed branch pricing and FREE delivery to most areas. T&Cs apply.

Existing Customers - Order one or more 45kg LPG home bottles and receive \$10 off total yearly rental, plus FREE delivery to most areas. T&Cs apply.

2 Tooth Street, Mitchell ACT 2911

✉ canberraorders@supagas.com.au

➔ supagas.com.au/blogs/promotions/2025/May/22/seniors_offer

Budget Bins

\$10.00 off each booking for Seniors Card holders.

103/222 City Walk Canberra City ACT 2601

📞 **02 6249 7974**

✉ office@budget.com.au

➡ budgetbins.com.au

Solutions 4 U

5% discount on each service rate. Property maintenance and logistic services, pickup and delivery, large furniture relocation, decluttering and assistance selling assets online, storage to home moves, labour hire, rubbish and unwanted items removed, presale garden tidy services and gutter and roofs cleared.

📞 **0490 365 398**

✉ frankfinder@solution4u.com

Free waste services in the ACT



- Order your first green garden waste bin for free (concession card holders only)
- Free bin repairs
- One free bulky waste collection of up to two cubic metres each financial year



For more information

Phone: 13 22 81

www.act.gov.au/wastesorted



PROFESSIONAL SERVICES

■ Automotive Services

AutObarn

15% off any full priced item, first Tuesday of the month only.

Blcok 2, 310 Anketell Street, Greenway ACT 2900

☎ **02 6214 0600**

✉ sales@tuggeranong.autobarn.com.au

Autoco

Free oil, water and tyre pressure check anytime. Plus 7.5% discount on all vehicle servicing and repairs.

Belconnen 02 6264 7700.

Tuggeranong 02 6293 5000.

Phillip 02 6281 9899.

✉ phillip@autoco.com.au

➔ autoco.com.au

Automotive Computer Diagnostic Centre (ACDC) Pty Ltd

10% discount on Logbook/Handbook Services. 10% discount on Electric Vehicle Services (all types of EV's) 10% on discount on Air-condition service 10% discount on Prins LP Gas installations. 10% discount on 10 year LP Gas Tank inspections. 50% discount on ACT annual LP Gas certificates. The LP Gas certificate is free if we have installed your system.

23 Kemble Court, Mitchell ACT 2911

☎ **02 6262 2680**

✉ info@acdcptyltd.com.au

Bridgestone Select

Free wheel alignment check anytime. Plus 7.5% discount on any vehicle servicing.

☎ Belconnen **02 6201 8000**

☎ Tuggeranong **02 6282 9022**

☎ Phillip **02 6281 9899**

✉ tuggeranong@bselectact.com.au

➔ bridgestoneselect.com.au

C23 Driving School

Save \$10.00 on the regular price of an hour driving lesson.

📞 **0408 117 125**

✉️ actdriving@outlook.com

➡️ c23driving.com

Capital Subaru

10% off total invoicing for servicing.

34 Ipswich Street, Fyshwick ACT 2609

📞 **02 622 15300**

✉️ service@capitalsubaru.com.au

Car Mechanical Services

10% discount for ACT Seniors Card holders.

82 Kalgoorlie Crescent, Fisher ACT

📞 **02 6162 4111**

✉️ admin@carmechanicalservices.com.au

Dyno Tune Mitchell

10% off labour.

8/10 Gimwade Street, Mitchell ACT 2911

📞 **02 6241 6109**

✉️ info@dynotune.com.au

JAX Tyres & Auto

10% off mechanical repairs, 5% off tyres.

Visit JAX Tyres & Auto website and check the closest store from you.

📞 **1300 367 897**

✉️ marketing@jax.com.au

➡️ jaxtyres.com.au/tyre-stores

PROFESSIONAL SERVICES

■ Automotive Services

Pedders

7.5% discount on all vehicle repairs.

Free on roller brake test anytime.

Belconnen 02 6253 1755

Phillip 02 6217 0670

✉ phillip@pedders.com.au

➡ pedders.com.au

Solartint Belconnen

5% discount.

Unit 4/11 Walder Street, Belconnen ACT 2617

☎ **02 6251 8750**

✉ solartint@smartchat.net.au

➡ solartintact.com.au

Star Car Wash

Monday to Wednesday.

Platinum Wash \$10 off.

Star Polish \$15 off.

Any Details \$25 off.

Canberra Centre, Gungahlin Marketplace,
Tuggeranong Hyperdome, Westfield Belconnen,
Westfield Woden, Canberra Outlet, Manuka Terrace,
Chisholm Village.

☎ **02 6251 1007**

➡ starcarwash.com.au

Transtate Tyres

5% discount off all transactions.

2 Egan Court Belconnen

☎ 6251 3852

16 Weedon close Belconnen

☎ 6251 9000

➔ belconnen@transtate.com.au

1/347 Reed St Tuggeranong

☎ 6293 2538

➔ tuggeranong@transtate.com.au

141 Uriarra Road Queanbeyan

☎ 6299 6747

➔ queanbeyan@transtate.com.au

☎ 02 6253 2244

➔ transtate.com.au

Waves Carwash

\$5 off any valet wash service everyday. \$10 off any valet was service on Tuesday Seniors Double Discount Day.

5 O'Brien Place, Gungahlin ACT 2912

17 Lonsdale Street, Braddon ACT 2612

➔ wavescarwash.com.au

PROFESSIONAL SERVICES

■ Car Hire

Avis

Discount plus 5th day free* of the base rate. Quote AWD P374900 plus TPPA026 for your free day.

*Terms and conditions apply.

National Offer

📞 **13 63 33**

✉️ reservations@avis.com.au

➡️ avis.com.au/seniors

Budget

Great rates or \$20 off* for 3+ days rentals. Quote BCD D795803 with coupon MPNZ066 for money off.

*Terms and Conditions apply.

Valid Australia Wide

📞 **1300 362 848**

✉️ reservations@budget.com.au

➡️ budget.com.au/seniors

DriveAway

Get 10% off on domestic and international car rentals, motorhomes, and Europe car leasing when you book with DriveAway today. It's easy - mention '**SENIORS**' when booking and provide your Seniors Card number. Additional terms and conditions may apply.

Level 1, 157 Walker Street, North Sydney NSW 2060

📞 **1300 363 500**

✉️ enquiries@driveaway.com.au

➡️ driveaway.com.au

Europcar Australia

10% off car rental across Australia and New Zealand.

189 South Centre Road, Tullamarine VIC 3043

**Novotel City, 65 Northbourne Avenue,
Canberra City ACT 2601**

Terminal Building, Canberra Airport ACT

☎ **1300 13 13 90**

✉ customer.relations@europcar.com.au

➔ europcar.com.au/partners/seniors-act

Towncars Networks Australia

10% off all Towncars services and an additional \$10.00 off on your first trip PROMO CODE: TOWN65.

☎ **1300 869 627 or (02) 8874 5000**

✉ bookings@towncarsaust.com.au

➔ towncarsaust.com.au

PROFESSIONAL SERVICES

■ Computers and IT Support

All Marketing

Enjoy a 25% Seniors discount for Tech Tutoring Online. Get familiar with your computer and mobile internet devices with this friendly, patient and custom tutoring for seniors and empower yourself with modern day technology and communications.

✉ info@allmarketing.com.au

➔ allmarketing.com.au

Australian Seniors Computer Clubs Association

Providing support to ACT Seniors Card holders.

☎ **0434 857 222**

✉ office@ascca.org.au

➔ ascca.org.au

Crawford's Computer Service

15% discount for Seniors Card holders.

Mon, Wed, Fri 10am to 5pm. Tues, Thur, Sat 10am to 3pm. Sunday closed or by appointment only. Mobile Service is available 7 days by appointment.

3/15 Darling Street, Mitchell ACT 2911 and Shop 39, Homeworld Tuggeranong ACT 2900)

☎ **02 6112 8380**

✉ seniors@crawfords.network



WITH OVER
25 YEARS
EXPERIENCE

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AND OPERATED**

15%
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SENIOR CARD HOLDERS

WHY CHOOSE US?

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- ✓ WE COME TO YOU 7 DAYS A WEEK
- ✓ ALL TECHNICIANS ARE POLICE CHECKED
- ✓ NO TECHNOBABBLE, JUST PLAIN ENGLISH

HOW CAN WE HELP?

- ✓ INTERNET & EMAIL SETUP
- ✓ VIRUS & MALWARE REMOVAL
- ✓ NEW COMPUTERS & ACCESSORIES
- ✓ REPAIRS & UPGRADES - ALL MAKES

6112 8380

SHOP 39 HOMEWORLD CENTER
150 Soward Way Greenway ACT
(next to Access Canberra & Dan Murphy)

PROFESSIONAL SERVICES

■ Computers and IT Support


Get IT

COTA ACT's Get IT program is a free program offering one on one support and guidance on mobile devices. Our Digital Mentors can assist with a range of issues whether you're a first time user or used a mobile device for years.

Make an appointment by calling COTA ACT on 02 6282 3777.

Hughes Community Centre,

Wisdom Street Hughes 2605

 **02 6282 3777**

 contact@cotaact.org.au

 cotaact.org.au


HOMELife Technology Pty Ltd

10% off. Terms and Conditions apply.

PO Box 2136 Normanhurst NSW 2076

 **02 7228 7211**

 support@homelife.technology

 homelifetech.com.au/pages/seniors-card



Get IT

Free Digital Help For Seniors

Do you or a family member need help to use or understand your phone, tablet or laptop?

COTA ACT can provide support on a range of issues, including how to:

- Set up and navigate a smartphone or tablet
- Set up and access an email account
- Texting or use apps
- Fill out online forms
- Video chat to keep in touch with distant family or friends

Our team of friendly digital mentors can spend up to an hour in a free one-on-one session, helping you learn more about your phone or device.

Please call reception on 6282 3777 to book your spot or find out more information.

PROFESSIONAL SERVICES

■ Computers and IT Support

Local Geeks

Canberra's best value mobile computer repairs. Why pay more? Local Geeks provides expert IT support at your door with an exclusive 20% discount for ACT Seniors Card holders.

- We specialize in fixing hardware and software issues for PCs, Macs, and Laptops. Whether your internet is dropping out, your screen is broken, or your computer just won't start, our certified technicians can fix it same-day.
- We Come To You: Mobile service across all Canberra suburbs.
- Safety First: We remove viruses and secure your accounts.
- Zero Risk: No Fix, No Technician Fees*

☎ **1300 857 581**

✉ help@localgeeks.com.au

On Again Computer Services

10% discount for Seniors Card holders.

☎ **0424 855 904**

✉ tech@onagain.com.au

➡ onagain.com.au

RyLabs Computing

5% discount for ACT Seniors Card holders off the \$66.00 hourly rate.

Mobile Service

☎ **0406 169 360**

✉ rylabs.computing@gmail.com

Ryujin Electronics

We're an Apple Consultants Network member based in Canberra, offering personalised assistance with:

- iPhone, iPad, and Mac setup
- Apple ID and iCloud support
- Photos and backup help
- Email, FaceTime and Messages
- Accessibility features and settings
- Device security and updates

Available as in-home visits, remote sessions, or drop-in support. Get quick and easy support and clear guidance from certified Apple specialists.

10% discount for ACT Seniors Card holders.

☎ **(02) 6145 2808**

✉ support@ryujinelectronics.com.au

➔ ryujinelectronics.com.au/seniors

📘 [/ryujinelectronics/](https://ryujinelectronics/)

Scott Shorter Pty Ltd

We are offering a 15% discount across all our services for all seniors who hold an ACT Seniors Card.

☎ **0431 603 162**

✉ info@scottshorter.com.au

➔ scottshorter.com.au

PROFESSIONAL SERVICES

■ Computers and IT Support

Sharp

10% discount to Seniors Card holders on our range of fully serviced printers/photocopiers.

You know technology is moving fast when kids don't go ask for help from their elders, that the elders go ask the kids.

Who has time to fix printer problems, outsource it back to the supplier. A serviced MFD (printer, scanner, photocopier) includes all part, labour and toner. Check out our website sharp.net.au for our products and reach out by phone or email.

2 Julius Ave East North, Ryde NSW 2113

📞 **0412 114 391**

✉️ rmathe@sharp.net.au

➡️ sharp.net.au

TechFixer

10% discount on onsite support hourly rate.

27/1 Christina Stead Street, Franklin ACT 2913

📞 **0469 273 797**

✉️ hello@techfixer.com.au

Web Wizards

There are quite a lot of retired and semi retired seniors starting web based businesses for additional or replacement income. \$500 off 10 page information website (normally \$4,995.00) webwizards.com.au/services/perth-web-design.

\$500 off Ecommerce Website (normally \$6995.00) webwizards.com.au/services/ecommerce-shopping-carts.

10% off Monthly SEO Services. We give a customised quote for your business or hobby.

📞 **08 9350 9392**

✉️ neville@webwizards.com.au

➡️ webwizards.com.au

Xclusive Solutions

50% discount, unlimited remote computer support, remote computer support provided from 9am to 5pm EST Monday to Friday. All users must have internet connection.

 **0449 783 594**

 purchasing@xclusiveit.com.au

 xclusiveit.com.au

PROFESSIONAL SERVICES

■ Dental

Australian Dentists Clinic

10% discount on general and preventative dental treatments. This can include dental services such as examinations, x-ray, clean and fillings.

Level 3 620 Bourke Street, Melbourne VIC 3001

☎ **03 9088 0257**

✉ australiandentistsclinic@gmail.com

➔ dentistsclinic.com.au

EverythingDentures Hawker

Complimentary consultation. Want to know more about our procedures, materials, treatment plans and costs. Take advantage of our complimentary consultation with one of our denture professionals.

Suite 6, Playoust Building, Hawker Shopping Centre, Hawker ACT 2614

☎ **02 6281 0099**

✉ wecare@everythingdentures.com.au

everythingdentures.com.au/locations/act/hawker/

EverythingDentures Phillip

Complimentary consultation. Want to know more about our procedures, materials, treatment plans and costs. Take advantage of our complimentary consultation with one of our denture professionals.

65 Colbee Court, Phillip ACT 2606

☎ **02 6281 0099**

✉ wecare@everythingdentures.com.au

➔ everythingdentures.com.au/locations/act/phillip/

Franklin Bright Smiles

10% discount to ACT Seniors Card holders.

3/54 Nullarbor Avenue, Franklin ACT 2913

☎ **02 6274 0404**

✉ reception@franklinbrightsmiles.com.au

Franklin Dental Care

10% discount on all dental treatment.

Unit 129B, 1 Clare Burton Crescent,

Franklin ACT 2913

☎ **02 6170 1405**

✉ reception@franklindentalcare.com.au

Hobart Place Dental

10% discount for ACT Seniors Card holders.

Level 10 AMP Building, 1 Hobart Place,

Canberra City ACT 2601

☎ **02 6247 9230**

✉ hobartplacedental@gmail.com

Jamison Dental Care

10% discount on treatment (excludes major dental)

Unit 6, 3 Jamison Centre, Macquarie ACT 2614

☎ **6251 5443**

Kaleen Family Dental Surgery

5% discount.

Kaleen Shopping Centre, 2 Gwydir Square,

Kaleen ACT 2617

☎ **02 6241 5941**

✉ kfd@kaleenfamilydental.com.au

➔ kaleenfamilydental.com.au

My Dentist Canberra

10% discount on all general dentistry.

36/21 Thynne Street, Bruce ACT

☎ **0402 149 114**

✉ info@mydentistcanberra.com.au

PROFESSIONAL SERVICES

■ Dental

Pearly Whites Australia

10% off our entire product range - use the promo code ACTSC at checkout.

☎ **1800 188 735**

✉ marketing@pearlywhitesaustralia.com

➔ au.pearlywhites.com

Robert Low Dentist

10% discount on general dental treatments.

Suite 7, Dickson Chambers, Dickson Place,

Dickson ACT 2602

☎ **02 6248 0827**

✉ malaihew@hotmail.com

Showground Dental Care

10% Discount on dental services.

98 Showground Road, Castle Hill NSW 2154

☎ **02 9894 6655**

✉ showground98@gmail.com

➔ showgrounddentalcare.com.au

Signature Smiles Dental

20% off regular prices.

T117/43 Hibberson Street, Gungahlin ACT 2912

☎ **02 6255 7800**

✉ info@signaturesmilesdental.com

➔ signaturesmilesdental.com.au

The Denture Clinic

5% Seniors Card discount on all item codes, services and products.

**Suite 8A, Tuggeranong Square,
Cnr Anketell and Reed Streets,
Greenway ACT 2900**

Unit 7c 52-58 Wollongong Street,

Fyshwick ACT 2609

5/53 Colbee Court, Phillip ACT 2606

☎ **1300 DENTURE - 1300 336 887**

✉ thedentureclinicreception@gmail.com

➔ thedenturecliniccanberra.com.au

Vogue Dental

10% discount on everything except ongoing specials.

2/26 Benham Street, Chisholm ACT 2905

☎ **02 6291 5533**

➔ voguefamilydental.com.au

Weston Dentistry

10% discount.

15/41-43 Liardet Street, Weston ACT 2611

☎ **02 6287 2889**

✉ westondentistry01@gmail.com

➔ westondentistry.com.au

PROFESSIONAL SERVICES

■ Dry Cleaners and Laundromats

AAA Discount Alterations

10% off alterations for ACT Seniors Card holders.

205 Anketell Street, Greenway ACT 2900

☎ **6293 4949**

✉ thuyqntk@gmail.com

Clean Touch Dry Cleaners

15% discount on normal retail dry cleaning. Excludes other offers and specials.

Shop 6, 118 Hardwick Crescent, Holt ACT 2615

☎ **02 6255 1253**

✉ cleantouchdrycleaners@gmail.com

➡ cleantouchdrycleaners.com.au

R&R Fabricare Services

10% off drycleaning services. Excludes other offers.

Shop S009 Coleman Court, Weston Creek ACT

☎ **02 6288 2721**

✉ enquiries@rrfabricare.com

➡ rrfabricare.com

Accountants and More

10% for Seniors Card holders.

228 Victoria Street, Taree NSW 2430

☎ **02 6551 7303**

✉ graham@accountantsandmore.com.au

Aussie Manuka

Free one hour discovery conversation to assist clients looking to downsize or move to retirement living.

Unit 1, 2 Captain Cook Crescent, Manuka ACT 2603

☎ **02 6295 2470**

✉ manuka@aussie.com.au

➔ aussie.com.au/mortgage-broker/act/manuka

Balance Aged Care Specialists

We specialise in helping the public to work out financially how to downsize into retirement villages, into residential aged care, gifting assets including property to family without affecting the pension. We can also assist with all Pension services with Centrelink or Department of Veterans Affairs (DVA) and aged care placement to help find a suitable aged care home for loved ones. We offer a 10% discount for all services mentioned for eligible seniors.

☎ **0130 055 6287**

✉ info@bfs.net.au

📘 [/BalanceACS](https://www.facebook.com/BalanceACS)

Curo Financial Services

10% rebate on your life insurance premiums once your new policy has been in place for 12 months.

704/53 Walker Street, North Sydney NSW 2060

☎ **02 9222 1234**

✉ admin@curofinancialservices.com.au

➔ curofinancialservices.com.au

PROFESSIONAL SERVICES

■ Financial Services

H&R Block Tax Accountants

10% discount on your individual tax return fee. At participating offices only.

T&Cs hrblock.com.au/tax-academy/seniors-card-tax-return-offer.

**Ground floor, Ethos House, 28 Ainslie Place,
Canberra ACT 2601**

Unit 1, 32 Lonsdale Street, Braddon

Unit 14, 25-35 Lathlain Street, Belconnen

**Shop 122, Gunghalin Square, 43 Hibberson Street,
Gungahlin**

Unit 15 and 16, 191 Anketell Street, Tuggeranong

G 2 and G3, 32-38 Townshend Street, Phillip

**Belconnen Westfield Site 7, Benjamin Way,
Westfield Belconnen,
Belconnen ACT 2617**

**Woden Westfield Site 7, Level 2, Westfield Woden,
Keltie Street,
Woden ACT 2606**

☎ **13 23 25**

➔ hrblock.com.au/tax-academy/seniors-card-tax-return-offer

ICARE SMSF

10% discount to the costs listed in the fee schedule on the iCare Super's website.

2/269 Centre Road, Bentleigh Victoria 3204

☎ **03 9557 4079**

✉ info@icaresuper.com.au

➔ icaresmsf.com.au

MEB Services

Seniors Card holders receive 5% off all charges.

Unit 1A, 2-14 Hughes Place, Hughes ACT 2605

☎ **6101 7823 or 0426 719 576**

✉ markebrownepharlap@gmail.com

**PHILLIPS**
WEALTH PARTNERSwww.phillipswp.com.au

Phillips Wealth Partners

Goal based and fee for service financial advice with accredited aged care specialists.

**Level 4, 1 University Avenue,
Canberra City ACT 2601**

☎ **0420 460 483**

✉ craig@phillipswp.com.au

➔ phillipswp.com.au

Shield Wealth

10% discount for both aged care and independent living advice.

**Unit 4, Level 1, 113 Canberra Avenue,
Griffith ACT 2601**

☎ **02 6274 0400**

➔ shieldwealth.com.au

SMSF Depot

ACT Seniors Card holders receive accounting, tax and audit at \$99.00 per month.

7/112A Martin Street, Brighton Victoria 3186.

☎ **0494 364 622**

✉ support@smsfdepot.com.au

Stellar Super

10% off Tax, Compliance and Audit services for the first year of support.

Level 1, 113 Canberra Avenue, Griffith ACT 2603

☎ **02 6274 0400**

➔ stellarsuper.com.au

PROFESSIONAL SERVICES

■ Financial Services

Tax Window

Free initial consultation and 20% ongoing discount for ACT Seniors Card holders.

16B Murrong Avenue, Bentleigh East VIC 3165

☎ **0401 117 311**

✉ info@taxwindow.com.au

➡ taxwindow.com.au

Wybrow & Associates

Aged Care specialist advice.

52 Brookman Street, Torrens ACT 2607

☎ **02 6162 4100**

✉ office@wybrow.com.au

➡ wybrow.com.au

Blossoms Of Canberra

10% discount on the flower value in store.

Shop 24 68 Comrie Street, Wanniasa ACT

☎ **02 6231 0822**

✉ sales@blossomsofcanberra.au

Kingston Florist ACT

10% extra flowers for Seniors Card holders. Seniors Card number required **prior** to ordering.

Shop 5, 22 Jardine Street, Kingston ACT 2604

☎ **02 6295 0721**

✉ kingstonflorist@westnet.com.au

Petals Network

15% discount on flower value of orders placed through petals.com.au/seniorstas.

86 A Beardy Street, Armidale NSW 2350

☎ **1800 888 668**

✉ partners@petalsnetwork.com

➔ petals.com.au/seniorstas

PROFESSIONAL SERVICES

■ Funeral Directors

Critical Info

10% off RRP for our Guide: My Loved one has died, what do I do now?

Guide: My Loved one has died, what do I do now?

The goal of this guide is simple, to help ease the stress and uncertainty of dealing with estates and end-of-life arrangements. It will save you time, money and confusion. The guide covers the first hours, days, weeks and months after a loved one dies, stepping you through a prioritised list of tasks you will need to complete, from the funeral arrangements to finalising the estate.


We let you know what you can do yourself and when it would be best to consult a legal or financial professional. It is written in everyday language and is easy to understand.

The guide details each state of Australia and has been written in consultation with Greg Russo of Greg Russo Law Pty Ltd, a specialist in Wills and Estates Law in Victoria.


Buy online and download; criticalinfo.com.au/product/my-loved-one-has-died/

Use coupon code “Senior” at checkout. If you cannot complete online transactions, please call Catherine Ashton on: 0419883443 to discuss alternate arrangements.

30 Stradbroke Avenue, Frankston South VIC 3199

 **0419 883 443**

 catherine.ashton@criticalinfo.com.au

 criticalinfo.com.au/product/my-loved-one-has-died



Honour and celebrate end-of-life at Canberra Memorial Parks

Cremation – Burial – Memorialisation

The Gungahlin Crematorium at Gungahlin Cemetery offers a wide range of modern facilities and services to meet the needs of the community. This includes a private viewing room for intimate services.

To visit our crematorium or explore the beautiful grounds of our Canberra cemeteries, contact our team today. Phone **(02) 6207 0000** or visit us online at **canberramemorialparks.act.gov.au**



PROFESSIONAL SERVICES

■ Funeral Directors

EziFunerals

Get FREE independent, trustworthy and unbiased third party advice to help you organise your funeral needs from the privacy of your own home. We will help you plan your funeral, compare funeral homes and select the right Director. Please call or visit our website.

Online Australia Wide.

☎ **1300 236 402**

✉ support@ezifunerals.com.au

➡ ezifunerals.com.au

Grave Keepers

Ask about our discount for Australian Seniors Card holders. Terms and Conditions apply.

50 Brebner Street, Evatt ACT 2617

☎ **0448 329 200**

✉ gravekeepersact@bigpond.com

➡ gravekeepers.com

My Funeral Wishes

25% discount on annual subscription.

**6 Caulton Street, St Johns, Auckland,
New Zealand 1072**

☎ **1800 352 196**

✉ michele@easenz.co.nz

➡ myfuneralwishes.net

SAGE Executor Solutions

Sage Executor Solutions coordinates and manages the deceased estate administration workload associated with searching, reading, comprehending and decision making when a person dies. At Sage Executor Solutions, we strive to provide personalised support to clients based on the principles of empathy, simplicity, expedience, cost effectiveness and the removal of stress commonly experienced with managing after death administration.

1 hour FREE consultation and receive a 15% discount on our deceased administration services. Deposit of 50% payable upon signing agreement terms. 15% discount will be deducted off the balance once the final invoice is issued.

30 Methuen Street, Fitzroy SA 5082

📞 **0407 786 486**

✉ help@sageexecutorsolutions.com.au

➡ sageexecutorsolutions.com.au

Tobin Brothers

Ask about our discount for Australian Seniors Card holders. Terms and conditions apply.

Kingston 02 6295 2799

Belconnen 02 6251 2344

Queanbeyan 02 6297 1546

Tuggeranong 02 6293 3177

➡ tobinscanberrafunerals.com.au/seniors

White Lady

Ask about our discount for Australian Seniors Card holders. Terms and conditions apply.

Kingston 02 6239 7023

Belconnen 02 6251 4369

Queanbeyan 02 6299 2627

Tuggeranong 02 6293 3199

➡ whiteladyfunerals.com.au/seniors

PROFESSIONAL SERVICES

■ Hair and Beauty

Bentleys Hair at Red Hill

10% discount to Seniors Card holders on services only (excludes products)

Unit 2/1-11 Dufken Pl, Red Hill ACT 2603

☎ **02 6260 6731**

✉ bentleysredhill@inet.net.au

➡ bentleysofcanberra.com.au

Bentleys Hair of Canberra - Jamison

10% discount on services only (excludes products)

**Shop A07, Jamison Plaza, Bowman Street,
Macquarie ACT 2614**

☎ **02 6251 2681**

✉ bentleyshair@grapevine.com.au

➡ bentleysofcanberra.com.au

Coco's Hair & Beauty

10% discount on services only (excludes products)

Shop 4, Watson Place, Watson ACT 2602

☎ **02 6241 1510**

✉ cocoshair06@gmail.com

➡ cocoshair.com.au



DeePeez

DeePeez is a salve created to protect and heal dry, scaly or itchy skin that may be affected by dermatitis, eczema, psoriasis. This olive and hemp oil salve is non-perfumed, has no irritating ingredients and can be applied liberally without clogging pores. The cost for a 100g tin is \$25 including delivery. ACT Seniors Card members will receive a 10% discount upon purchase by using the Promo Code SCM2021.

Visit the online shop to purchase and view testimonials fusionfitness.com.au/shop. For more information contact Diane on 0429 145 633 or email fusion_fitness@hotmail.com.

☎ **0429 145 633**

✉ fusion_fitness@hotmail.com

➔ fusionfitness.com.au/shop

PROFESSIONAL SERVICES

■ Hair and Beauty

Elegant Image

10% discount on all Elegant Image services
(Weekends and Public Holidays excepted)

**Shop 14, Four Seasons House 191-204 Anketell Street,
Greenway ACT 2900**

☎ **02 6293 2992**

✉ info@elegantimage.com.au

➔ elegantimage.com.au

Enhance Skin Care

20% off anti-age facials before 4pm Monday to Wednesday.

64 Allara Street, Canberra City ACT 2601

☎ **02 6247 2100**

✉ jskincare@homemail.com.au

➔ enhanceskincare.com.au

Elegant Image
Day Spa Medi Spa

Shop 14 Four Seasons House
191 - 203 Anketell St.
Greenway ACT 2900
02 6293 2992

- Facials & Massage
- Skin Tightening
- Skin & Hair Rejuvenation
- Advanced Skincare
- Cosmetic Tattooing
- Microblading

10% Seniors Discount
on all Products & Services
Every Week Day

www.elegantimage.com.au

Just Cuts

Style cuts for Seniors.

Monday to Friday - \$44.00.

Saturday - Sunday - No concessions. Full price \$47.00.

Works deal - shampoo, scalp massage, style cut and dry off - \$65.00 on weekdays and \$75.00 on weekends.

**Just Cuts Canberra Centre, 220 Bunda Street,
Canberra City ACT 2601**

☎ **02 6257 8180**

☎ **02 6257 8180**

Narrabundah Hair Studio

Ask in store for our seniors discount.

☎ **02 6295 7154**

✉ narrabundahhairstudio@gmail.com

Natural Beauty Centre

10% off for Seniors Card holders.

**First Floor, 29a/27 Lonsdale, Street,
Braddon ACT 2612**

☎ **02 6248 0490**

✉ naturalbeautycentre@hotmail.com.au

Nu Cut Salon

A whopping 20% off designer cuts, colours and foils.
Short hair only.

**Shop 3, 34 Marcus Clarke Street,
Canberra City ACT 2601**

☎ **02 6249 7163**

PROFESSIONAL SERVICES

■ Hair and Beauty

Quintessence Nail and Beauty

10% discount on treatments only every Tuesday.

2/9 Page Place, Page ACT 2614

☎ **6278 5334**

✉ quintessencenailandbeauty@iinet.net.au

➔ beautysalonbelconnen.com.au

Red Light Therapy Kits

\$100 off the Premium Red Light Therapy Wrap and
\$25 off the Mini Premium Light Therapy Wrap.

260 De haer Road, Wandi Perth WA

☎ **0409 378 895**

✉ info@redlighttherapykits.com

Salon By Amie

10% off services for Seniors Card holders.

9A Higgins Place, Higgins ACT 2615

☎ **6254 2418**

✉ amie.c@live.com.au

Sibu Beauty

Every Tuesday at both our Salons we offer 10% of
services when you present your Seniors Card. Terms
and Conditions apply. Valid only for treatments.
Online bookings available.

**64 Kelleway Avenue, Nicholls ACT 2913
and 56 Abena Avenue, Crace ACT 2911**

☎ Nicholls **02 6241 4115** and Crace **02 6162 0397**

✉ sibu.beauty@gmail.com

➔ sibubeauty.com.au

Slow Beauty Eco Salon

10% off services on Tuesdays.

4 Hart Street, O'Connor ACT 2602

☎ **02 6156 4746**

✉ connect@slowbeauty.com.au

➡ slowbeauty.com.au

TT Massage And Day Spa

10% off any massage - 7 days a week (excluding health fund payments)

67 Anthony Rolfe Avenue, Gungahlin ACT 2912

☎ **02 6183 0119**

✉ ttmassageanddayspa@gmail.com

➡ ttmassageanddayspa.com.au

PROFESSIONAL SERVICES

■ Hearing Services

Blamey Saunders hears

10% off hearing aids. Not to be used in conjunction with any other offer.

364 Albert Street, East Melbourne VIC 3002

☎ **1300 443 279**

✉ info@blameysaunders.com.au

➡ blameysaunders.com.au/Hearing-Aids

Bloom Hearing Specialists

10% off Evoke Hearing Aids. Complimentary hearing health check and 7 day trial.

1 Farrell Place, Canberra City ACT 2601

Unit 3, 7 Napier Close, Deakin ACT 2600

2/42 Clifford Street, Goulburn 2580

☎ **1800 777 659**

✉ canberra@bloomhearing.com.au

➡ bloomhearing.com.au

Canberra Audiology

\$10 discount on your first appointment.

1A/16 Napier Close, Deakin ACT 2600

100 Atherton St, Downer ACT 2602

☎ **02 6156 4474**

✉ kim@canberraaudiology.com.au

➡ canberraaudiology.com.au

Helen King Hearing Solutions

10% discount on all hearing services, including Hearing Aids, hearing tests and consultations.

1/30 Bougainville Street, Manuka ACT 2603

☎ **02 6162 4545**

✉ helen@hkhearingsolutions.com.au

➡ hkhearingsolutions.com.au



Ethical. Local. Independent.

Good hearing keeps us connected — to family, friends, conversations, and the experiences that bring joy to daily life. At Michelle Richards Hearing, you'll find a warm, independent, community-focused clinic where your needs, comfort and outcomes always come first.

Located in the heart of Dickson, the clinic is owned and operated by Michelle Richards, a highly experienced Senior Clinical Audiometrist (Dip HDPE, Auslan, MAcAud) with over 20 years in the hearing-health sector. Michelle's approach is grounded in transparency, person-centred care, and evidence-based practice—free from the sales pressures often found in large retail chains.

Exclusive Offers for ACT Seniors Card Holders (Jan 2026 – Dec 2027)

- ✓ 10% Discount on binaural (2) hearing aid fittings
 - ✓ FREE standard charger with every Premium-Level Rechargeable (pair)
- A high-value accessory (worth up to \$299) included at no additional cost



Your Better Hearing Journey Starts Here

Book an appointment today and experience the difference of a truly independent hearing provider.

Michelle Richards Hearing

Room 8, Level 3 490 Northbourne Ave Dickson ACT 2602

Book Online: michellerichardshearing.com.au

Phone: 02 6281 0222

PROFESSIONAL SERVICES

■ Hearing Services

Michelle Richards Hearing


- 10% Discount on binaural (2) hearing aid fittings
- FREE standard charger with every Premium-Level Rechargeable (pair) A high-value accessory (worth up to \$299) included at no additional cost

Ethical.. Local.. Independent.. Your Better Hearing Journey Starts Here Book an appointment today and experience the difference of a truly independent hearing provider.

**Room 8, Level 3 490 Northbourne Ave,
Dickson ACT 2602**

 **02 6281 0222**


 michelle@michellerichardshearing.com.au

 michellerichardshearing.com.au

Access Canberra - Access Canberra is an ACT Government service that brings together customer and regulatory services.

Access Canberra Service Centres are located in Gungahlin, Belconnen, Dickson, Woden and Tuggeranong and the only transactions that need to be done in person at a Service Centre are registrations that require a photo such as a driver's licence, proof of identity or working with vulnerable people card or to arrange new number plates for new registrations or custom plates. Most other transactions can be done online on the Access Canberra website at act.gov.au/accessCBR or by calling 13 22 81.

If you need to attend a Service Centre please remember that customers that need extra support will be prioritised, and that Access Canberra is cashless and process electronic transactions only. Access Canberra Service Centres no longer issue ACT Seniors Cards or stock the ACT Seniors Card Discount Directory. To apply for a Seniors Card visit actseniorscard.org.au. COTA ACT is always available if you require assistance applying for a Seniors Card and can be contacted on 02 6282 3777.

 **13 22 81**

 act.gov.au/accessCBR

PROFESSIONAL SERVICES

■ Information

City Services - Pet Registration

Did you know that dog registration is compulsory in the ACT?

All dogs must be registered if:

- The dog is over eight weeks old
- The dog has been kept in the ACT for 28 days or more
- The dog's keeper has been a resident of the ACT for 28 days or more

All cats aged over eight weeks must be registered.

Pet owners will receive annual registration reminders by email, text or letter at least 14 days prior to their pet's registration renewal date. Renewal dates are on the anniversary of when your pet was first registered. For instance, if a dog was registered on 1 September 2020, the renewal date will be 1 September each year.


If you hold a Seniors Card or other eligible concession, you can register your cat or dog for the first time for a one-off concessional fee of \$20.70.

Keeping your pet's registration details up to date is part of being a responsible pet owner. It also enables Domestic Animal Services to return lost pets to their owners as quickly as possible.

For more information on fees and how to register visit the City Services website at cityservices.act.gov.au/pets-and-wildlife/domestic-animals/dog-and-cat-registration.

ACT Seniors Card are recognised for pet registration, but at this stage cannot be verified through ACT Digital Account unlike a Services Australia concession card.

People using an ACT Seniors Card need to register their pet will need to do it by contacting DAS (02) 6207 2959 to claim the concession. They can then manage their registration via Digital Account thereafter.

 **13 22 81**

 cityservices.act.gov.au

COTA ACT

Access a range of services, programs and events - free or low cost. Free Seniors Information Service provides information, advice and referrals.

**Hughes Community Centre, 2 Wisdom Street,
Hughes ACT 2606**

☎ **02 6282 3777**

✉ info@cotaact.org.au

➔ cotaact.org.au

f [/cotaact](https://www.facebook.com/cotaact)

Flexible Bus Service

Free Service for the over 70's within zones between 9:30am - 1:30pm Monday to Friday.

Wheelchair accessible mini-bus.

Local shopping and medical centre drop-off.

☎ **13 17 10**

➔ transport.act.gov.au

Free waste services in the ACT



- Order your first green garden waste bin for free (concession card holders only)
- Free bin repairs
- One free bulky waste collection of up to two cubic metres each financial year



For more information

Phone: 13 22 81

www.act.gov.au/wastesorted





ACT Seniors Information Service

The Seniors Information Service is a Canberra-wide information and referral service for ACT seniors, families, friends, grandparents and carers, managed by COTA ACT.

We can help you with Seniors Cards and discounts, social activities, retirement options, housing and ageing advice.

We can also provide advice on transport, community and government services, information technology and more.

Please call 6282 3777 or email contact@cotaact.org.au

Libraries ACT

Belconnen, 12 Chandler Street.
Civic, Civic Square.
Dickson, Dickson Place.
Erindale, McBryde Crescent.
Gungahlin, Hibberson Street.
Kingston, Giles Street.
Kippax, Hardwick Crescent.
Tuggeranong, Cowlshaw Street.
Woden, Corinna Street.
Fyshwick, 255 Canberra Avenue (ACT Heritage Library)

☎ **02 6205 9000**

➔ library.act.gov.au

Services Australia Scams and Identity Theft Helpdesk

The Helpdesk provides advice on protecting your identity online. Call us if you have given any personal information to a scammer.

☎ **1800 941 126**

➔ servicesaustralia.gov.au/scams



NobleOak Life Insurance cover

17% discount
for the life
of the cover*



Get an online quote at:

www.nobleoak.com.au/seniorsact

or call NobleOak on **1300 041 494**
and mention '**Seniors ACT**'.



NobleOak Life Limited ABN 85 087 648 708 AFSL No. 247302 issues the products. This information is of a general nature only and does not consider your individual objectives, financial situation or needs. Please read the My Protection Plan Product Disclosure Statement and Target Market Determination at www.nobleoak.com.au. Age limitations apply. People who seek to replace an existing Life Insurance policy should consider their circumstances including continuing the existing cover until the replacement policy is issued and cover confirmed. Online quotes are indicative only - actual premiums depend on factors such as health, age and pastimes.

*17% lifetime discount. Seniors Card ACT members are entitled to a 17% discount (which remains for the life of the cover) on NobleOak's My Protection Plan standard premium rates on term Life Insurance cover (not in conjunction with a discount from any other program). Details on website.



SAVE with *the over 50s specialists*

Seniors Home & Contents Insurance

- ✓ Get up to 20% off combined home and contents with a Seniors Card^{1,3}
- ✓ Optional extras cover: Portable valuables and Electrical motor burnout

Seniors Car Insurance

- ✓ 5% discount for valid Seniors Card holders^{2,3}
- ✓ Choose from a range of flexible excess options



Call **1300 186 725**
or visit **seniors.com.au**

¹ Home & Contents must be combined on one policy to receive a 10% discount. Valid Seniors Card required for additional 10% discount, totalling 20% and must be notified to us prior to policy inception.

² Valid Seniors Card required for 5% discount and must be notified to us prior to policy inception.

³ Discount can't be backdated and applies for the first 12 months and will be reapplied each time your policy is renewed so long as you hold a Seniors Card and we continue to offer the discount. Discount doesn't apply to taxes, levies or government charges. Eligibility criteria, T&C's apply.

This is general information and does not take into account your financial situation. Consider the Product Disclosure Statement, Financial Services Guide and Target Market Determination available at seniors.com.au to ensure these products are right for you. Cover subject to eligibility criteria. Exclusions apply - see PDS. Seniors Car and Home Insurance products are arranged by Australian Seniors Insurance Agency, a trading name of Greenstone Financial Services Pty Ltd ABN 53 128 692 884, AFSL 343079, as agent of the insurer The Hollard Insurance Company Pty Ltd ABN 78 090 584 473, AFSL 241436.

PROFESSIONAL SERVICES

■ Insurance

Australian Seniors Insurance Agency

Up to 20% discount on combined home and contents.

- 10% discount on pet insurance
- 5% discount on car insurance*
- 5% discount on combined building and contents for landlords insurance. *
- DARE magazine offer for new customers. *

* T&Cs apply, see website for details.

50 Norwest Boulevard, Norwest NSW 2153

 seniors.com.au

COTA Insurance

Up to 10% off selected insurance. Call 1300 1300 50 for details.

PO Box 7156 Hutt Street, SA 5000

 **1300 1300 50**


 insurance@cota.com.au

 cota.com.au


Curo Financial Services

10% rebate on your life insurance premiums once your new policy has been in place for 12 months.

704/53 Walker Street, North Sydney NSW 2060

 **02 9222 1234**

 admin@curofinancialservices.com.au

 curofinancialservices.com.au

Easy Travel Insurance

Save an extra 10% on our already discounted rates at Easy Travel Insurance - Specialists in all travel insurance needs for seniors of any age.

Use promotional code SCARD10.

 info@easytravelinsurance.com.au



Are your funeral costs sorted?

Cover your funeral costs with Seniors Funeral Insurance

- ✓ Quick payout to your family¹
- ✓ Cover from \$3,000 up to \$15,000²
- ✓ Australian residents aged 40–79 are guaranteed acceptance
- ✓ Free online legal Will valued at \$160³



Call **1300 264 310**
or visit **seniors.com.au**

¹ Claims usually paid within one business day of receiving completed documentation.

² Cover for accidental serious injury and accidental death only in the first 12 months.

³ Offer applies to new policies purchased from 17 July 2024 for a limited time and may be discontinued without notice. Offer must be redeemed within 12 months of policy commencement date. Terms and conditions apply.

This is general information only. Please consider the Product Disclosure Statement and Target Market Determination available at seniors.com.au to ensure this product suits your needs. Seniors Funeral Insurance is promoted and distributed by Greenstone Financial Services Pty Ltd ABN 53 128 692 884, AFSL 343079, and issued by Hannover Life Re of Australasia Ltd ABN 37 062 395 484, AFSL 530811. Terms and conditions apply.

PROFESSIONAL SERVICES

■ Insurance



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COTA Insurance funds are used to improve the health, participation and social connectivity of older Australians

1300 1300 50

cota.com.au

Travel • Home • Contents • Landlord • Car • Boat • Caravan

Insurance and Membership Services Limited ABN 59 057 159 743, AR No 246235 trading as COTA Insurance (COTA, we, or us), arranges these insurances as agent of the insurer Allianz Australia Insurance Limited (Allianz) ABN 15 000122 850, AFSL No. 234708 (except Travel & Boat insurance). For travel insurance, COTA is an authorised representative (AR No 246235) for nib Travel Services (Australia) Pty Limited ABN 81 115 932 173, AFS Licence No. 308461. This insurance is underwritten by Pacific International Insurance Pty Ltd, ABN 83 169 311 193. We are a Referrer of Club Marine Limited ("Club Marine") ABN 12 007 588 347, AFSL 236916. Club Marine is an agent of the insurer Allianz Australia Insurance Limited ("Allianz") ABN 15 000 122 850 AFSL 234708 and is a member of the Allianz Group. If you purchase this insurance, we will receive a commission that is a percentage of the premium. Please ask us for more details. Any advice here does not take into consideration your objectives, financial situation or needs, which you should consider before acting on our recommendations. Policy terms, conditions and exclusions apply. You should read and consider the Product Disclosure Statement and key fact sheets available from cota.com.au or by calling 1300 1300 50 before deciding whether to acquire any product mentioned. The relevant Target Market Determination is available by calling 1300 1300 50. If you purchase this insurance, we will receive a commission that is a percentage of the premium. Ask us for more details before we provide you with services.

MEB Services

Seniors Card holders receive 5% off all charges.

Unit 1A, 2-14 Hughes Place, Hughes ACT 2605

6101 7823 or 0426 719 576

✉ markebrownepharlap@gmail.com

NobleOak Life

17% lifetime discount on Lifecover for ACT Seniors Card holders.

Level 7, 66 Clarence Street, Sydney NSW 2000

☎ **1 300 041 494**

✉ enquiry@nobleoak.com.au

➡ quote.nobleoak.com.au/seniorscardact

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30% off all car rental insurance policies online at RentalCover.com.

2/55 Pyrmont Bridge Road, Pyrmont NSW 2009

✉ sales@rentalcover.com

➔ rentalcover.com/seniors-discount

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Price Beat offer for Seniors Card holders on your car insurance renewal. Call TrueCover on 1300 800 900 to save today!

For eligible customers only. T&Cs apply. Use promo code 'SENIORS'. Read the PDS, FSG and TMD to decide if this product is right for you.

☎ **1300 800 900**

✉ help@truecover.com.au

➔ truecover.com.au

PROFESSIONAL SERVICES

■ Legal

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5% discount on conveyancing and estate planning.

Level 8, 224 Bunda Street, Canberra City ACT 2601

Level 12, 59 Goulburn Street, Sydney NSW 2000

37 Bolton Street, Newcastle NSW 2300

☎ **02 6188 3600**

✉ hello@chamberlains.com.au

➔ chamberlains.com.au

Gathered Here

Gathered Here is Australia's top-rated free online Wills platform. Gathered Here offers you the opportunity to write your Will for free, plus free and unlimited updates for life:gatheredhere.com.au/make-a-will-online/

✉ enquiries@gatheredhere.com.au

➔ gatheredhere.com.au/make-a-will-online/

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Tell us you are a Seniors Card holder and your initial appointment is free. Up to 10% discount on professional fees for ongoing Australian visa and citizenship services.

**Level 4, AMP Building, 1 Hobart Place,
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☎ **02 62473373**

✉ reception@hourigan.com.au

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10% off RRP for our Guide: My Loved one has died, what do I do now?

Guide: My Loved one has died, what do I do now?

The goal of this guide is simple, to help ease the stress and uncertainty of dealing with estates and end-of-life arrangements. It will save you time, money and confusion. The guide covers the first hours, days, weeks and months after a loved one dies, stepping you through a prioritised list of tasks you will need to complete, from the funeral arrangements to finalising the estate.


We let you know what you can do yourself and when it would be best to consult a legal or financial professional. It is written in everyday language and is easy to understand.

The guide details each state of Australia and has been written in consultation with Greg Russo of Greg Russo Law Pty Ltd, a specialist in Wills and Estates Law in Victoria.


Buy online and download; criticalinfo.com.au/product/my-loved-one-has-died/

Use coupon code “Senior” at checkout. If you cannot complete online transactions, please call Catherine Ashton on: 0419883443 to discuss alternate arrangements.

30 Stradbroke Avenue, Frankston South VIC 3199

 **0419 883 443**

 catherine.ashton@criticalinfo.com.au

 criticalinfo.com.au/product/my-loved-one-has-died

PROFESSIONAL SERVICES

■ Legal

LegalWill.com.au

At LegalWill.com.au, we're dedicated to simplifying estate planning for all Australians. We believe creating a legally valid Will shouldn't be complicated or expensive. Our user-friendly online platform guides you through, asking clear questions to capture your specific wishes.

We offer various packages to suit different needs including options for couples and Solicitor checked Wills. We also provide comprehensive kits for Power of Attorney and Advance Health Directives, ensuring you're prepared for any eventuality. It's time to protect your loved ones and make your wishes known. We have been the market leader for over 20 years; now that's peace of mind! ACT Seniors Card holders receive a 20% discount.

✉ support@legalwill.com.au

f [/LegalWill.com.au](https://www.facebook.com/LegalWill.com.au)

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50% off our online Will and Living Will services. Simply use the code: SC1770.

✉ customerassistance@keptsafe.com

➔ [quickwills.com.au](https://www.quickwills.com.au)

The Essential Estate Summary

Save 20% on Singles & Couples orders of the Essential Estate Summary using the discount code "ACTSeniors20" at checkout.

PO Box 215, Daw Park, SA 5041

✉ info@australianbusinesspublishing.com.au

➔ [essentialestatesummary.com.au](https://www.essentialestatesummary.com.au)

f [/essentialestatesummary](https://www.facebook.com/essentialestatesummary)

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20% discount of the Standard and Premium Will Options for Seniors Card holders. Use the promotional voucher Seniorscard20 at checkout. Go to yourwills.com.au today.

**Ground floor, Suite 105, 470 Kilda Road,
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☎ **03 8415 6622**

✉ info@yourwills.com.au

➔ yourwills.com.au

PROFESSIONAL SERVICES

■ Medical Services

Australia Medic Alert Foundation

The MedicAlert Foundation is Australia's most trusted provider of emergency medical information. Our QR Code innovation, designed with paramedics, ensures instant access to your vital health information when seconds count.


Secure digital storage of your health information in a digital MedicAlert Record gives instant 24/7 access via your custom engraved MedicAlert ID from anywhere in the world. Using QR Code technology and the back-up of our 24/7 Emergency Information hotline, your MedicAlert ID alerts first responders to information they can trust, such as conditions, allergies, medicines, care instructions, emergency contacts and doctors' details.


The MedicAlert Foundation gives you confidence that we will speak for you when you can't speak for yourself.

 **1800 882 222**

 enquiry@medicalert.org.au

 medicalert.org.au

 [/MedicAlertFoundationAustralia](https://www.facebook.com/MedicAlertFoundationAustralia)

 [#medicalert.au/](https://www.instagram.com/medicalert.au/)

Canberra Imaging Group

Gap only payments. Discounted billing for all ACT Seniors Card holders at greatly reduced prices. 10 convenient locations across the ACT and southern NSW.

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John James Healthcare Campus, Deakin ACT

Dann Close, Garran ACT

Bourke Street, Goulburn NSW

Hibberson Street, Gungahlin ACT

Antill Street, Queanbeyan NSW

Grattan Court, Wanniasa ACT

☎ **1300 788 508**

✉ info@cig.com.au

➡ canberraimaging.com.au

CPAP Australia

10% off all RRP prices.

**Equinox 2, Unit 23, 70 Kent Street,
Deakin ACT 2600**

☎ **1300 692 727**

✉ cpap@cpapaustralia.com.au

➡ cpapaustralia.com.au



canberra**imaging**

canberraimaging.com.au

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Emergency ID Australia

The largest and most diverse range of medical alerts and Emergency ID worldwide. A large range of Emergency ID medical bracelets, alert ID necklaces, insulated medication bags, key rings engraved with medical and emergency information, I.C.E USBs, wallet ID cards, emergency medical alerts for to wear, carry or keep in your home. Ideal for when you are out and about and especially when travelling.

All items are CUSTOM engraved FREE of charge and there are NO unnecessary membership or yearly fees. Emergency ID Australia support Australian senior citizens by offering you a 20% discount on all our full priced items. Cannot be used in conjunction with any other discount codes or on items already on sale. Enter COUPON CODE: Seniors Card in checkout.

55 High St Campbell Town TAS 7210

☎ **1300 369 142**

✉ enquiries@emergencyid.com.au

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Never be alone.....

safeTcare monitoring together with our safeTwear medical alert pendant provides Australia's leading emergency alert system.

Find out if you qualify for a FREE medical alert device and key safe (worth \$500). Terms and Conditions apply. ACT Seniors Card holders are eligible for a 30% discount off our products and services.

Suite 27, 39 Lawrence Drive, Nerang QLD 4211

☎ **1300 699 159**

✉ care@emsas.com.au

➔ emsas.com.au

PROFESSIONAL SERVICES

■ Medical Services

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Level 1, 67-69 Chandos Street, Leonards NSW 2065

☎ **1300 796 401**

✉ info@fevermates.com

➡ fevermates.com

Kaleen Family Practice

Existing patients of the practice who hold a current Seniors Card and Medicare Card will be bulk billed.

4/37 Georgina Crescent, Kaleen ACT 2617

☎ **02 6241 8308**

✉ judy@kaleenfamilypractice.com.au

Mediband

15% discount on all Mediband products, including custom silicone medical ID and medical jewellery. Use the code SENIORS at the checkout. This code can be used anytime throughout the year.

**Level 1, 67-69 Chandos Street,
St Leonards NSW 2065**

☎ **1300 796 401**

✉ info@mediband.com

➡ mediband.com/au

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MedibandPlus: 20% discount on all MedibandPlus products, including yearly membership for medical data storage and emergency medical access. Use the code SENIORS at the checkout. This code can be used anytime throughout the year.

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📞 **1300 796 401**

✉ info@medibandplus.com

➡ medibandplus.com

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10% discount on all MediBC products including first aid kits, defibrillators and medical and health products. Use code SENIORS at the checkout. This code can be used anytime throughout the year.

**Level 1, 67-69 Chandos Street,
St Leonards NSW 2065**

📞 **1300 796 401**

✉ info@medibc.com

Next Practice Deakin

Discounted fees for those who have a concession card (40%) and Seniors Card (20%)

Suite 2, 4 Makin Place, Deakin ACT 2600

📞 **02 6185 5555**

✉ deakin@nextpracticehealth.com

➡ nextpracticehealth.com/locations/act-deakin

Orthocare

10% off all products.

35-37 Dover Drive, Burleigh QLD 4220

📞 **1800 226 445**

✉ sales@orthocare.com.au

➡ orthocare.com.au

PROFESSIONAL SERVICES

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Rosie medical alert personal alarm with fall detection and GPS locator.

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Personal **emergency** alarms that take on life with you. Only \$39.00 per month and a one-off \$50.00 establishment fee for your Rosie 24/7 Personal Alarm Service.

All calls monitored and answered by trained professionals based in Australia.

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 **1800 476 743**

 info@rosie.help

 rosie.help

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Safe-Life personal 4G medical pendant or watch alarm. 10% discount for Seniors Card holders. Call or email for offer. Call for help with the press of a button. Peace of mind, anywhere, anytime on 4G Network. Features include accurate GPS positioning with Wi-Fi and Bluetooth backup, falls detection and waterproof. Hands free, optional alarm and two-way voice contact, programmable with up to 10 emergency phone numbers. Friendly support staff.

5/270 Lower Dandenong Road, Mordialloc VIC 3195

 **03 9588 0392**

 sales@safelife.com.au

 [/SafeLifeAustralia/](https://www.facebook.com/SafeLifeAustralia/)

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The sale of small CPAPs for Travel. The Transcend Micro is the smallest, lightest Travel CPAP available. The Transcend Micro, is available for existing CPAP users who wish to upgrade or replace their current CPAP but want the convenience of the smallest and lightest, fully featured CPAP, that can be easily be carried in your hand luggage, briefcase or handbag. The Micro is the size of a baseball or an apple. \$85 worth of spares for the Transcend Micro CPAP with each purchase (HME Cartridges and Filters) with each order of the Transcend Micro CPAP Kit (505000PK1) when purchased online at minitravelcpap.com.

PO Box 5181 Elanora Heights NSW 2101

✉ info@minitravelcpap.com

➔ minitravelcpap.com

Universal Medical Imaging

10% discount on all MRI's not covered by Medicare.

1/110 Giles Street, Kingston ACT 2604

☎ **02 6126 5010**

✉ admin@unic.com.au

➔ unic.com.au

PROFESSIONAL SERVICES

■ Mental Health Services and Counselling

Canberra Counsellor

20% discount off the usual discount fee of \$140.00 per session of counselling or hypnosis. I work with many people including those who desire to review their life and heal past issues, relationships and perspectives. I offer a free 20 minute obligation free chat so you can discover if you would like to book an appointment. Contact me on 0466182202 or send me an email Hypnocounsellor@gmail.com . I work on-line too.

Bremer Street, Griffith ACT 2603

☎ **0466 182 202**

✉ hypnocounsellor@gmail.com

Cloud Nine Careers Pty Ltd

10% off all services (excludes products on sale or packages, products already discounted)

Whitlam ACT 2611

☎ **0493 423 983**

✉ Hello@cloudninecareers.com

Your Listener Counselling

40% discount on service fees. Sixty minute appointments are discounted to \$89 (normally \$149). Ninety minute appointments are discounted to \$119 (normally \$199) for Seniors Card holders.

☎ **0402 333 950**

✉ your.listener.coaching@gmail.com

➔ yourlistener.wixsite.com/coaching/about

Canberra Vision Care

10% off when purchasing a complete set of frames and lenses.

\$10 off retinal photography.

**Erindale Shopping Centre, 68 Comrie Street,
Wanniassa ACT 2903**

☎ **02 6296 3540**

✉ reception@canberravisioncare.com.au

Capital Eye Optometrist

\$100 off a complete pair of Spectacles (frames and lenses) when you mention this discount offer at the time of purchasing.

**Suite 3B, Level 1, 3 Sydney Avenue,
Barton ACT 2600**

☎ **02 6273 7458**

✉ info@capitaleye.com.au



Curtin Optical

10% off complete pairs of spectacles (frames and lenses) when you present your Seniors Card at the time of ordering and mentioning our ACT Seniors Card Directory listing.

Shop 1b Curtin Place, Curtin ACT

☎ **6281 1220**

✉ curtinoptical@outlook.com.au

PROFESSIONAL SERVICES

■ Optometrists

EyeQ Optometrists Woden

EyeQ offers everyone 2 frames for \$199*

Seniors Card holders receive a 10% discount.

10% off frames or 50% off second pair (with purchase of full-price pair). No Gap available. Bulk billing available.

1st Floor, Bonner Court, Westfield Woden ACT 2606

📞 **02 6285 1606**

✉ woden@eyeq.com.au

➡ eyeq.com.au/optometrist/woden/

📷 [#eyeqoptoms/](https://www.instagram.com/eyeqoptoms/)

Junic Eyecare Plus Coombs

20% off complete pairs of spectacles (frames and lenses). Seniors Card must be presented at the time of purchase.

Unit 7 110 Woodberry Avenue, Coombs ACT 2611

📞 **02 6152 8585**

✉ eyecare@junic.net.au

➡ juniceyecare.com.au

MacKinley Optical

10% off frames when you mention our ACT Seniors Card Directory ad.

25 Petrie Plaza, Canberra City, ACT 2601

📞 **02 6248 9100**

Westfield Belconnen, Benjamin Way, Belconnen ACT

📞 **02 6251 3399**

OPSM

10% off complete pair of spectacles (frames and lenses)

10% off complete pair of prescription glasses (frames and lenses) only redeemable for eligible Seniors Card members who hold a Seniors Card issued by a state or Territory Government in Australia. The Seniors Card must be presented at the time of purchase. Offer cannot be redeemed online or used in conjunction with any other discount, offer, rebate or benefit from any other source other than a health fund rebate. Offer excludes eye tests, gift cards and Alain Mikli, Cartier, Chanel, Lindberg, Oliver Peoples, Ray Ban Stories and Starck products.

Contact your local OPSM store

Vision City by George & Matilda Eyecare

10% discount on goods and services.

10 Moore St, Canberra City ACT 2617

📞 **02 6249 7559**

✉️ canberra@georgeandmatilda.com.au

➡️ georgeandmatilda.com.au

VisionDirect.com.au

Please use the following codes:-

SENIORAU10 10% discount sitewide.

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📞 **1800 320 660**

✉️ customerservice@visiondirect.com.au

➡️ visiondirect.com.au

PROFESSIONAL SERVICES

■ Pet Care

City Services - Pet Registration

Did you know that dog registration is compulsory in the ACT?

All dogs must be registered if:

- The dog is over eight weeks old
- The dog has been kept in the ACT for 28 days or more
- The dog's keeper has been a resident of the ACT for 28 days or more

All cats aged over eight weeks must be registered. Pet owners will receive annual registration reminders by email, text or letter at least 14 days prior to their pet's registration renewal date. Renewal dates are on the anniversary of when your pet was first registered. For instance, if a dog was registered on 1 September 2020, the renewal date will be 1 September each year.


If you hold a Seniors Card or other eligible concession, you can register your cat or dog for the first time for a one-off concessional fee of \$20.70.

Keeping your pet's registration details up to date is part of being a responsible pet owner. It also enables Domestic Animal Services to return lost pets to their owners as quickly as possible.

For more information on fees and how to register visit the City Services website at cityservices.act.gov.au/pets-and-wildlife/domestic-animals/dog-and-cat-registration.

ACT Seniors Card are recognised for pet registration, but at this stage cannot be verified through ACT Digital Account unlike a Services Australia concession card.

People using an ACT Seniors Card need to register their pet will need to do it by contacting DAS (02) 6207 2959 to claim the concession. They can then manage their registration via Digital Account thereafter.

 **13 22 81**

 cityservices.act.gov.au

Canberra Behaviour Vet

20% discount off home visit behaviour consultations.

Mobile service

✉ dr.eloisebright@gmail.com

Kip Happy Stays

10% off pet boarding when you present your Seniors Card. Discount not available over Christmas and Easter holiday period.

143 Wickerslack Lane, Queanbeyan NSW 2620

☎ **1800 951 926**

✉ hello@kip.com.au

➔ kip.com.au/dog-boarding/act

Pets & Positive Ageing

A free emergency contact card for Seniors with pets is available from Pets and Positive Ageing.

PO Box 400, Curtin ACT 2605

✉ info@petsandpositiveageing.com

➔ petsandpositiveageing.com

📘 [/PetsandPositiveAgeing/](https://www.facebook.com/PetsandPositiveAgeing/)

PURR Luxury Cat Hotel

10% discount for bookings 14 days or over.

234 Fernloff Road, Wamboin NSW 2620

☎ **0427 800 990**

✉ heidi@purrcahotel.com.au

➔ purrcahotel.com.au

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☎ **1300 913 047**

✉ hello@rampchamp.com.au

➔ rampchamp.com.au

PROFESSIONAL SERVICES

■ Pet Care

RSPCA ACT

50% discount on adoption fees for pets which are more than 8 years old at RSPCA ACT.

12 Kirkpatrick Street , Weston ACT 2611

☎ **02 6287 8100**

✉ rspca@rspca-act.org.au



Aussie Pharma Direct Pty Ltd

ACT Seniors Card holders receive 60% off the Gold Membership Programme. Sign up here.

☎ **1300 783 113**

✉ hello@aussiepharmadirect.com.au

➔ aussiepharmadirect.com.au

Capital Chemist

Rewards and double points (equivalent to 10% rebate) for Seniors Card holders. Please see our website for store locations and contact details.

➔ capitalchemist.com.au

Capital Chemist Palmerston

2 loyalty points equivalent to 10% off all over the counter products.

**Shop 6, Palmerston Shops, Tiptree Crescent,
Palmerston ACT 2913**

☎ **0402 335 426**

✉ palmerston@capitalchemist.com.au

Colbee Court Chemist

\$1 discount and lower prescription price for eligible Seniors. Webster pack service with free packing. Free delivery with 5 or more medications.

33 Colbee Court, Phillip ACT 2606

☎ **02 6282 6771**

✉ colbee@ypm.com.mx

PROFESSIONAL SERVICES

■ Pharmacy

Coleman Court Pharmacy - Life Pharmacy Group

5% discount for Seniors on eligible products, on top of our in-store Life Club loyalty rewards program.

Coleman Court, Brierly Street, Weston ACT 2611

☎ **02 6288 1867**

✉ cooleman@lifepharmacygroup.com.au

➔ lifepharmacygroup.com.au/cooleman-court-pharmacy

f [/coolemancourtpharmacy/](https://www.facebook.com/coolemancourtpharmacy/)

Erindale Pharmacy - Life Pharmacy Group

5% discount for Seniors on eligible products, on top of our in-store Life Club loyalty rewards program.

Erindale Shopping Centre, Erindale ACT 2903

☎ **02 6231 6550**

✉ erindale@lifepharmacygroup.com.au

➔ lifepharmacygroup.com.au/erindale-pharmacy

f [/erindalepharmacy](https://www.facebook.com/erindalepharmacy)

Lanyon Pharmacy - Life Pharmacy Group

7% discount for Seniors on eligible products, on top of our in-store Life Club loyalty rewards program.

Lanyon Market Place, Sidney Nolan Drive, Conder ACT 2906

☎ **02 6284 8555**

✉ lanyon@lifepharmacygroup.com.au

➔ lifepharmacygroup.com.au/lanyon-pharmacy

f [/lanyonpharmacy](https://www.facebook.com/lanyonpharmacy)

Priceline Pharmacy Woden

5% discount for seniors storewide on retail purchases, on top of our national Sister Club loyalty rewards program.

**Shop G 98, Corinna St, The Market,
Woden Plaza Woden ACT 2606**

☎ **02 6282 1414**

✉ plp.woden@outlook.com

➡ www.priceline.com.au

**REWARDS
& DOUBLE POINTS**
for Seniors Card holders.

10% Equivalent Rebate

Capital Chemist

Loyalty matters

Please see our website for store locations and contact detail
capitalchemist.com.au

PROFESSIONAL SERVICES

■ Pharmacy

Queanbeyan Pharmacy - Life Pharmacy Group

5% discount for Seniors on eligible products, on top of our in-store Life Club loyalty rewards program.

Suite 2, Level 1, 23 Antill St, Queanbeyan, NSW 2620

☎ **02 6297 6570**

✉ queanbeyan@lifepharmacygroup.com.au

➔ lifepharmacygroup.com.au/queanbeyan-pharmacy

Watson Pharmacy

10% off over the counter products.

Shop 1, Watson Pace, Watson ACT 2602

☎ **02 6241 1506**

☎ **02 6241 3787**

✉ watsonpharmacy@yahoo.com.au

➔ watsonpharmacy.com.au

Weston Pharmacy

10% discount to Seniors Card holders. Excluding prescription medication, webster packs and sale items.

7-11 Brierly Street, Weston ACT 2611

☎ **02 6288 4888**

☎ weston.pharmacy@nunet.com.au

EmPower Better Health

Special senior rate for gym classes.

Belconnen

CISAC, 100 Eastern Valley Way, Bruce ACT 2617

Dickson.

**Level 2 North Building, 23 Challis Street,
Dickson ACT 2602**

Gungahlin.

**Club Lime Platinum, 35 Crinigan Circuit,
Gungahlin ACT 2912**

☎ **02 6140 3282**

✉ info@empowerbetterhealth.com.au

➡ empowerbetterhealth.com.au

Fortis Physiotherapy

\$15 discount on Physiotherapy, Exercise Physiology and Remedial Massage sessions.

8/5 McKay Gardens, Turner ACT 2612

☎ **02 6247 7033**

✉ admin@fortisphysio.com.au

➡ fortisphysio.com.au

Higher Function Physio and Pilates

Enjoy 10% off Physiotherapy and Exercise Physiology appointments and Clinical Exercise class assessments.

**Suite 4, Level 1,
23 Petrie Plaza Canberra City ACT 2601**

☎ **02 6262 9664**

✉ reception@higherfunction.com.au

PROFESSIONAL SERVICES

■ Physiotherapy

Momentum Physio and Rehab

Stay Active, Stay Independent with Momentum Physio and Rehab.

At Momentum Physio and Rehab, we help you maintain strength, balance, and mobility so you can keep doing what you love. With clinics in Bruce and Phillip, our expert physiotherapists specialize in reducing dizziness, preventing falls, and improving overall well-being.

Seniors Discount Available!

Show your Seniors Card to receive \$10 off your initial consultation and \$5 off all one-on-one appointments thereafter.

Let's keep you moving - no referral needed - contact us today!

☎ North Canberra **02 6210 0060**
6/28 Thynne Street, Bruce ACT 2617

☎ South Canberra **02 6162 0450**
10 Colbee Court, Phillip ACT 2606

✉ contact.phillip@mtherapy.com.au and contact.bruce@mtherapy.com.au

➡ mtherapy.com.au

NeuroStudio

NeuroStudio - an all-abilities gym offering inclusive fitness for body & mind.

Located in Phillip, ACT, NeuroStudio is an all-abilities gym dedicated to supporting physical and cognitive well-being. Our state-of-the-art facility offers specialized equipment, expert Exercise Physiologists, and a welcoming environment for people of all fitness levels, including seniors and those with disabilities. Whether you're looking to improve strength, balance, mobility, or overall brain health, we're here to help you achieve your goals.

Seniors Discount Available!

Show your Seniors Card to receive \$10 off your initial consultation and \$5 off all one-on-one appointments thereafter.

No referral needed - contact us today!

56 Colbee Court Phillip ACT 2606

☎ **02 6162 0450**

➔ neurostudio.com.au

Positive Motion Rehabilitation

10% discount for consultations for ACT Seniors Card holders.

**Green Square Centre, Shop 4 62 Jardine Street,
Kingston ACT 2604**

2 15/150 Soward Way, Greenway ACT 2905

☎ **02 6260 8244**

✉ info@positivemotion.com.au

➔ positivemotionrehab.com.au

Queanbeyan Physiotherapy Centre

10% off consultations on presentation of Seniors Card.

276 Crawford St, Queanbeyan NSW 2620

☎ **02 6297 1005**

✉ info@queanbeyanphysio.com.au

➔ queanbeyanphysio.com.au

PROFESSIONAL SERVICES

■ Physiotherapy

Southside Physio

Southside Physio offers all privately paying Seniors Card holders a \$5 discount off all 1:1 consultations. We have clinics in Tuggeranong and Woden offering Physio, Exercise Physiology, Remedial Massage and Dietetics. Both clinics are easily accessible with some parking available close by. We also offer Mobile services, where our practitioners can see you in your home or other suitable location. Southside Physio Mobile offers Physio, Exercise Physiology, Remedial Massage, Dietetics and Occupational Therapy and can provide services to NDIS/NDIA, HCP, STRC and Rehab in the Home participants.

Southside Physio Tuggeranong
146 Scollay Street, Tuggeranong ACT 2900

☎ **02 62931955**

Southside Physio Woden
16 Wilbow Street, Woden ACT 2606

☎ **02 6282 5010**

Southside Physio Mobile - We come to you

☎ **02 5116 6615**

➔ southsidephysio.com.au

f [/SouthsidePhysioWoden/](https://www.facebook.com/SouthsidePhysioWoden/)

SportsCare Canberra

\$10 off any physiotherapy treatment.

7-8/11 Brierly Street, Weston ACT
Unit 1 & 2 Dickson Place, Dickson ACT
Level 7A, 3 Sydney Ave, Barton ACT

☎ **1800 001 500**

✉ Weston@sportscarecanberra.com.au,
Dickson@sportscarecanberra.com.au,
Barton@sportscarecanberra.com.au

➔ sportscarephysio.com.au

SportsTec Clinic

\$12.50 for student physiotherapy, exercise physiology and exercise classes for Seniors.

5/28 Sandford Street, Mitchell ACT 2911

📞 **02 6156 1308**

✉ admin@sportstecclinic.com.au

➡ sportstecclinic.com.au

📘 [/SportsTecClinic/](https://www.facebook.com/SportsTecClinic/)

📷 [#sportstecclinic/](https://www.instagram.com/sportstecclinic/)

PROFESSIONAL SERVICES

■ Real Estate

Hyde Burchell Buyers Agents

10% off all services.

9/2 Phillip Law Street, Canberra ACT 2600

☎ **02 6243 3661**

✉ hello@hydeburchell.com.au

Independent Real Estate Consulting

10% reduction to your real estate agent's commission.

☎ **1300 886 359**

✉ robert@irec.com.au

➔ irec.com.au/real-estate-agent-fees-commission-act

INGLE Property Services

5% off total commission.

1a 2-14 Hughes Place, Hughes ACT 2605

☎ **02 6101 7823**

✉ robert@acttaxagents.com.au

➔ acttaxagents.com

Northbourne Valuers

5% off our services.

Level 9, 2 Phillip Law Street, New Acton ACT 2601

☎ **0412 875 060**

✉ info@northbournevaluers.com

➔ northbournevaluers.com

Property Registry

Land titles, property ownership and valuations are all in the one place with the Property Registry. Seniors can receive a 15% discount on any online copy of Land Titles, Survey Plans and Property Evaluations by using SENIOR15OFF at checkout.

44 Kings Park Road, Perth WA 6005

📞 **1300 459 335**

✉️ mathew@propertyregistry.com.au

➡️ propertyregistry.com.au

VERV Property

Thinking of selling? Seniors Card holders receive a 20% discount on commissions for house sales.

Unit 4/1-3 Torrens Street, Braddon ACT 2601

📞 **0431 419 847**

✉️ jason@vervproperty.com

➡️ vervproperty.com

Yes Property Agents

Save up to 50% on your first three months of management fees.

Fixed Fee selling on selling your property, \$5500.

No sale = no commission. Pay nothing upfront.

32 Monaro Street, Queanbeyan NSW 2620

📞 **0426 918 473**

✉️ yespropertyagents@gmail.com

PROFESSIONAL SERVICES

■ Telecommunications

Myhomefone

10% off all costs (setup and monthly fees) across all products for Seniors Card holders.

**Level 1, 100 William Street,
Woolloomooloo NSW 2011**

☎ **1300 031 107**

✉ sales@myhomefone.com.au

➡ myhomefone.com.au

Pennytel

10% off for 12 months on Mobile Plans.

SE 409 90 Podium Way Oran Park NSW 2570

☎ **1300 232 888**

✉ enquiries@pennytel.com.au

➡ pennytel.com.au/act-seniors-card/

f [/pennytel](https://www.facebook.com/pennytel)

Abode Kingston Hotel

Save up to 20% at Abode Hotels with Your ACT Seniors Card!

Abode Hotels offers accessible and comfortable stays across multiple locations in the Canberra region, Murrumbateman, and Malua Bay. Whether visiting family or enjoying a relaxing getaway, guests can feel at home with pet-friendly options, studios with kitchenettes and laundry facilities, and rooms designed for those with mobility needs, ensuring a comfortable stay for everyone.

ACT Seniors Card holders can receive **up to 20% off public rates** at Abode Kingston and Abode Murrumbateman. Simply enter **ACTSENIORS** when booking online or reference it over the phone.

14 Kennedy Street, Kingston ACT 2604

☎ **1300 122 633**

✉ reservations@abodehotels.com.au

➔ abodehotels.com.au/hotels/kingston

f [/abodehotel](https://www.facebook.com/abodehotel)

RECREATION AND ENTERTAINMENT

■ Accommodation

Abode Murrumbateman Hotel

Save up to 20% at Abode Hotels with Your ACT Seniors Card!


Abode Hotels offers accessible and comfortable stays across multiple locations in the Canberra region, Murrumbateman, and Malua Bay. Whether visiting family or enjoying a relaxing getaway, guests can feel at home with pet-friendly options, studios with kitchenettes and laundry facilities, and rooms designed for those with mobility needs, ensuring a comfortable stay for everyone.


ACT Seniors Card holders can receive **up to 20% off public rates** at Abode Kingston and Abode Murrumbateman. Simply enter **ACTSENIORS** when booking online or reference it over the phone.

57 Rose Street, Murrumbateman, NSW 2582

 **1300 122 633**

 reservations@abodehotels.com.au

 abodehotels.com.au/hotels/murrumbateman

 [/abodehotel](https://www.facebook.com/abodehotel)

Best Western Hotels and Resorts

10% off Flexible Rate in Australia and NZ. Please select the Senior rate from the drop down menu when booking your room on the website or mention that you are an ACT Seniors Card holder when calling the BWH Hotels, Australiasia.

 Australia: **131 779** New Zealand: **0800 237 893**

 au.customerservice@bestwestern.com


 bestwestern.com.au

 worldhotels.com

Crowne Plaza Canberra

Save up to 30% off your accommodation at Crowne Plaza Canberra when you book direct on any day of the week.

1 Binara Street, Canberra City ACT 2601

 **1800 593 932**

 reservations.cbrbs@ihg.com

Forrest Hotel and Apartments

5% discount to all Seniors Card holders.

30 National Circuit, Forrest ACT

☎ **0411 461 316**

✉ reservations@forresthôtel.com

➡ forresthôtel.com

Golden Chain Motels

10% discount to Seniors Card holders 800 hotels in 80 countries worldwide.

Red Cedars Motel, 11 Aspinal Street, Watson ACT

☎ **02 9211 2377**

✉ email@goldenchain.com.au

➡ goldenchain.com.au



IBIS Styles The Entrance

10% off best available rates and \$125.00 room and Continental breakfast (Sunday-Thursday)

Seniors Card holders also have access on level 2 to Diggers@TheEntrance. Daily bingo, food and beverages. Guests receive Diggers members pricing for all food and beverages.

315 Central Coat Highway, The Entrance NSW 2261

☎ **02 4336 0400**

✉ reservations@ibisstylestheentrance.com.au

➡ ibistheentrance.com.au

RECREATION AND ENTERTAINMENT

■ Accommodation

Mariners on the Waterfront Hotel

Book rooms via the Mariners on the Waterfront Hotel Website marinerswaterfront.com.au or call (02) 4472 6222 (walk ins available but availability will be limited). Senior discount of 5% will be applied to the rooms current rate upon checking in when the senior discount card and identification is presented. Also a 5% discount will be given on all meals purchased during your stay. From December 24th till 26th of January this offer will not be valid.

31 Orient Street, Batemans Bay NSW 2536

☎ **02 4472 6222**

✉ info@marinerswaterfront.com.au

➡ marinerswaterfront.com.au

Oaks Hotels & Resorts

10% discount all year plus exclusive hotel deals.

☎ **07 3246 1700**

✉ reservations@theoaksgroup.com.au

➡ oakshotels.com

Ramada by Wyndham Diplomat Canberra

10% off best available rate.

2 Hely Street, Griffith ACT 2603

☎ **02 6295 2277**

✉ info@ramadadiplomatcanberra.com.au

➡ ramadacanberra.com.au

Sapphire Palms Motel

Seniors may book a Queen Room until 18 December 2025 for only \$90 per night for a minimum of 6 nights (Sun-Fri), excluding public holidays, long weekends, Christmas and New Year.

**178-182 The Entrance Road,
The Entrance NSW 2261**

☎ **02 4332 5799**

✉ theentrance@sapphirepalmsmotel.com.au

➡ sapphirepalmsmotel.com.au

Statesman Hotel

10% off food and beverages.

14 Theodore Street, Curtin ACT 2605

☎ **02 6281 1777**

✉ hello@statesmanhotel.com.au

➡ statesmanhotel.com.au/eat-and-drink

Terrigal Sails Serviced Apartments

Book via our website - terrighalsails.com.au or call (02) 4384 7444.

Senior discount of 10% will be applied upon check in when the senior discount card and identification is presented.

6 Maroomba Road, Terrigal NSW

☎ **02 4384 7444**

✉ reception@terrighalsails.com.au

RECREATION AND ENTERTAINMENT

■ Cinemas

Dendy Cinemas

\$8.00 Senior Wednesdays with complimentary morning tea before 12pm.

**Level 2, North Quarter Canberra Centre, 148 Bunda St,
Canberra ACT 2601**

☎ **02 6221 8908**

➔ dendy.com.au

Limelight Cinemas

Seniors Card holders save \$2.00 per ticket. If they join our Free Membership program, they will save \$4.50.

**157 Anketell Street, South Point Shopping Centre,
Greenway ACT 2900**

☎ **02 6293 6190**

✉ info@limelightcinemas.com.au

➔ limelightcinemas.com.au

National Film and Sound Archive

Discounted seniors/concession tickets for all National Film and Sound Archive events including the seasonal film series in Arc Cinema. Regular evening and matinee screenings on offer throughout the year.

1 McCoy Circuit, Acton ACT 2601

☎ **1800 067 274**

✉ tickets@nfsa.gov.au

➔ nfsa.gov.au



STAR BUFFET

ALL-YOU-CAN-EAT



Where friends meet

Enjoy great saving with senior card!



Star Buffet - Burns Club

28 kett street, KAMBAH ACT

Tel: (02)6296 3045

Email: burns@starbuffet.com.au

The Scottish Club

THE TRADIES.
PROUDLY SERVING THE
CANBERRA COMMUNITY FOR
OVER 60 YEARS.

Belonging STARTS HERE

FOR OUR SENIORS

Great value dining, friendly faces
and a welcoming place to connect.

Discounted memberships for seniors
with **EXTRA PERKS** including free
parking, weekly social activities and
special events throughout the year.

Ainslie Football & Social Club

Ask about our special offers for ACT Seniors Cardholders.

52 Wakefield Avenue, Ainslie ACT 2602

☎ **02 6248 8422**

✉ ainslie@ainsliigroup.com.au

➡ ainsliigroup.com.au/

Burns Club - Star Buffet

Discounted meals for Seniors Card holders.

☎ **02 6296 3045**

✉ burns@starbuffet.com.au

➡ starbuffet.com.au

Gungahlin Lakes Golf and Community Club

Ask about our special offers for ACT Seniors Cardholders.

110 Gundaroo Drive, Nicholls ACT 2913

☎ **02 6242 6283**

✉ lakes@ainsliigroup.com.au

➡ ainsliigroup.com.au/

Pickleball ACT

Pickleball ACT provides a membership discount of \$10 for all Seniors Card holders.

56 Coyne Street, Fadden ACT 2904

✉ info@pickleballact.org

➡ pickleballact.org

📷 [#pickleballact](https://www.instagram.com/pickleballact)

RECREATION AND ENTERTAINMENT

■ Clubs

Statesman Hotel

10% off food and beverages.

14 Theodore Street, Curtin ACT 2605

☎ **02 6281 1777**

✉ hello@statesmanhotel.com.au

➔ statesmanhotel.com.au/eat-and-drink

The Juniors Kingsford

Special Seniors discounted menu.

558A Anzac Parade, Kingsford NSW 2032

☎ **02 9349 7555**

➔ thejuniors.com.au

The Tradies

Complimentary Seniors morning tea every Tuesday morning.

2 Badham Street, Dickson ACT 2600

☎ **02 6162 5656**

✉ ContactUs@thetradies.com.au

➔ thetradies.com.au

Community Education

COTA ACT can provide guest presenters to speak on a number of important topics relevant to people over 50 in our community.

Community education sessions about the work of COTA ACT are:

- FREE
- Available across Canberra
- Delivered by COTA ACT staff
- Designed to be interactive
- Sessions provide simple practical strategies for tackling issues and solving problems
- For groups small or large
- 45 minutes to an hour in duration

For a complete list of topics, or to book a community education session, please call COTA ACT on 6282 3777 or email contact@cotaact.org.au



RECREATION AND ENTERTAINMENT

■ Community Education

COTA ACT

Access a range of services, programs and events - free or low cost. Free Seniors Information Service provides information, advice and referrals.

**Hughes Community Centre, 2 Wisdom Street,
Hughes ACT 2606**

☎ **02 6282 3777**

✉ info@cotaact.org.au

➡ cotaact.org.au

f [/cotaact](https://www.facebook.com/cotaact)

Canberra School of Photography

15% discount for Seniors Card holders.

☎ **0412 412 223**

✉ irenelorbergs@ozpix.com.au

Resumes by Lana

“It’s never too late to explore a career change. You may be considering your final career move, seeking more flexibility and balance, or looking for a role that better aligns with your lifestyle and interests. Reach out for more information at hello@resumesbylana.com and get 5% off all services for card holders and receive a free 15 minute consultation before engagement.

☎ **0493 423 983**

✉ hello@resumesbylana.com

St John Ambulance Australia (ACT) Inc

15% off accredited courses and first aid kits, 10% off non-accredited courses. Free basic first aid session.

14 Thesiger Court, Deakin ACT 2600

☎ **02 6282 2399**

✉ info@stjohnact.com.au

➡ stjohnact.com.au

19 Mosaics

10% off all products excluding postage.

☎ **0413 468 062**

✉ sales@19mosaics.com

➡ 19mosaics.com.au

f [/19Mosaics](https://www.facebook.com/19Mosaics)

📷 [#19_mosaics/](https://www.instagram.com/19_mosaics/)

ACT Stamp Artists - Stamping & Papercraft Club

A friendly group of people with a wide range of interests in all areas of paper craft including card making, scrapbooking, journaling and mixed media. Our gatherings usually include one or two demonstrations or workshops and there is provision for displaying your own craft. Generally people bring their own lunch and personal projects to work on and find plenty of time to chat and make new friends. Afternoon tea is provided, birthdays recognised and raffle tickets (\$1) are sold and drawn. New members are always welcome.

✉ actstampartists@gmail.com

Canberra School of Photography

15% discount for Seniors Card holders.

☎ **0412 412 223**

✉ irenelorbergs@ozpix.com.au

Embroiderers' Guild ACT Inc

10% discount on membership for Seniors Card holders.

**Chifley Community Hub, 70 Maclaurin Crescent,
Chifley ACT 2606**

☎ **0481 578 789**

✉ embroideryact@gmail.com

➡ embroidersact.org.au

RECREATION AND ENTERTAINMENT


■ Crafts and Hobbies

Merlin Mosaica

10% off all products excluding postage.

The place for Australian Mosaicists looking for something a little different. I sell stained glass and glass tile, a variety of glues, premium cement and epoxy grouts, tools, supplies and equipment (from small tweezers to ring saws), a wide range of interior and exterior substrates, and a whole heap more.

You can arrange to collect from my premises in Calwell, or I can ship to you (Australia wide). Merlin Mosaica also runs classes in the Canberra region on weekends, and during the week. Service, Quality and advice with a smile!

 **0455 062 087**

 info@merlinmosaica.com.au

 merlinmosaica.com/shop


 [/merlinmosaica/](https://www.facebook.com/merlinmosaica/)


 [#merlinmosaica/](https://www.instagram.com/merlinmosaica/)

Music Classes Canberra

Music Classes Canberra specialises in adult music education, fostering community and connection through small group classes. Seniors Card holders are entitled to 10% discount from the standard full term fee on the first term of enrolment.

30 Elouera Street, Braddon ACT.


 **0403 576 025**

 info@musicclassescanberra.com

 musicclassescanberra.com

Ardanien Entertainment

Ardanien Entertainment provide personalised DJ and MC services. For a full range of our options please see our website, or contact us for an obligation-free chat about your next event. Seniors Card holders receive a 10% discount on any booking (normal terms and conditions apply)

 **02 6169 6845**

 info@ardanien.com.au

 ardanien.com.au

RECREATION AND ENTERTAINMENT

■ Groups and Classes

Alessandro's Kitchen

20% off for ACT Seniors Card holders. Please use the code Elderly20 when signing up.

5/118-128 Mawson Place, Mawson ACT 2607

☎ **0400 941 468**

✉ alessandroskitchenaustralia@gmail.com

➡ classbento.com.au/alessandros-kitchen

Canberra School of Bollywood Dancing (CSBD)

10% discount on classes.

Experience the joy of movement with our interactive and low-impact Bollywood dance classes designed especially for seniors! These fun and engaging sessions focus on gentle choreography, rhythm, and expression, ensuring a safe and enjoyable workout for all fitness levels. With vibrant music and easy-to-follow moves, you'll improve flexibility, coordination, and energy while enjoying a social and uplifting atmosphere. No dance experience needed - just bring your enthusiasm and let the music move you! You can even use your discount for your grandkids!

PATS Dance Room, Harrison School, Harrison

McGrath Irish Dance, Phillip

University of Canberra, Bruce

Studio A, Eden Dance Academy, Queanbeyan

☎ **0411 158 506**

✉ csbd.cbr@gmail.com

➡ canberrabollywood.com

f [/canberrabollywood](https://www.facebook.com/canberrabollywood)

Canberra School of Dancing

Up to 20% off group lessons & 10% off private lessons.

**Weston Community Centre Parkinson St,
Weston ACT 2611**

☎ **0412 629 436**

✉ canberraschoolofdancing@gmail.com

➔ canberraschoolofdancing.com.au

Canberra Seniors Centre

All programs discounted and designed for seniors.

Seniors (over 50 yrs) are eligible for a range of low priced social and creative activities, mental stimulation, and exercise options.

Activities include Jazzercise, Tai Chi, Yoga, Table Tennis, Line Dancing, Social Partner Dance, Singing, Latin Dance, Art, Porcelain Painting, Craft, Social Cards, Mahjong, Russian Language, Book Groups and Computer Support.

Lunch available Monday, Tuesdays and Thursdays.

Come and try! Your first visit is free!

10 Watson Street, Turner ACT 2612

☎ **6248 9509**

✉ ops@canberraseniors.org.com

➔ canberraseniors.org.au

📘 [/CanberraSeniorsCentre](https://www.facebook.com/CanberraSeniorsCentre)

Carlingford Music Centre

10% off for Seniors with a valid Seniors Card (instore) or type SENIORS online at the checkout. This offer cannot be used with other discount offers or on already discounted/marked down products.

320 Pennant Hills Road, Carlingford NSW 2118

☎ **02 9873 2333**

✉ contact@carlingfordmusic.com.au

➔ carlingfordmusic.com.au

RECREATION AND ENTERTAINMENT

■ Groups and Classes

COTA ACT

Access a range of services, programs and events - free or low cost. Free Seniors Information Service provides information, advice and referrals.

**Hughes Community Centre, 2 Wisdom Street,
Hughes ACT 2606**

☎ **02 6282 3777**

✉ info@cotaact.org.au

➡ cotaact.org.au

f [/cotaact](https://www.facebook.com/cotaact)

Heart Foundation Walking

Free walking groups.

☎ **13 11 12**

✉ walking@heartfoundation.org.au

➡ walking.heartfoundation.org.au

Music Classes Canberra

Music Classes Canberra specialises in adult music education, fostering community and connection through small group classes. Seniors Card holders are entitled to 10% discount from the standard full term fee on the first term of enrolment.

30 Elouera Street, Braddon ACT.

☎ **0403 576 025**

✉ info@musicclassescanberra.com

➡ musicclassescanberra.com

Rainbow Music Adventures

10% off all music lessons.

Coombs ACT 2611

☎ **0466 048 488**

✉ rainbowmusicadventures@gmail.com

Hughes Community Centre Hall & Room Hire



Hall: seats up to 140 theatre style

Room 2: seats up to 25

Room 3: seat up to 45

The main hall has a wooden floor suitable for dance schools. Other rooms are carpeted. Chairs, tables and kitchen are available.

Hughes Community Centre is managed by COTA ACT by our Facility Manager.

Phone 6282 3777 for more information.

RECREATION AND ENTERTAINMENT

■ Groups and Classes

Stitch

10% discount for Seniors Card holders.

**Level 3, WeWork,
100 Harris Street Pyrmont NSW 2009**

📞 **02 8880 0371**

✉️ support@stitch.net

➡️ wipeoutloneliness.org/contact

6th Position

Concession 10 class pass (save \$20) or 5 class pass (save \$10) are available to Seniors Card holders. Purchase from: 6thposition.com.au/class-prices#concession.

83 Petrie Plaza, Canberra City ACT 2601

📞 **0416 894 288**

✉️ 6thposition.studio@gmail.com

Ainslie Tennis Club

\$15.00 reduction in the cost of single adult annual membership for Seniors Card holders.

Patterson Street, Corroboree Park, Ainslie ACT 2602

📞 **0409 906 215**

✉️ president@ainslietennis.org.au

Canberra Balloon Flights

10% off balloon flights. Not valid during the Canberra Balloon Spectacular.

19 Kallaroo Road, Pialligo ACT

📞 **02 6248 8200**

✉️ sales@dawndrifters.com.au

➡️ dawndrifters.com.au

Canberra Dance Theatre

CDT is a not-for-profit community dance organisation which has been offering classes in a range of styles for everybody over 16 for more than 40 years. Seniors membership \$35 (20% discount), 15% discount on all regular classes including GOLD classes (for people over 55)

1 Kingsley Street, Canberra City ACT 2602

📞 **0435 025 365**

✉️ canberradancetheatre@gmail.com

➡️ canberradancetheatre.org

Canberra School of Dancing

Up to 20% off group lessons & 10% off private lessons.

**Weston Community Centre Parkinson St,
Weston ACT 2611**

📞 **0412 629 436**

✉️ canberraschoolofdancing@gmail.com

➡️ canberraschoolofdancing.com.au

RECREATION AND ENTERTAINMENT

■ Recreation and Leisure

Canberra Seniors Centre

All programs discounted and designed for seniors.

Seniors (over 50 yrs) are eligible for a range of low priced social and creative activities, mental stimulation, and exercise options.

Activities include Jazzercise, Tai Chi, Yoga, Table Tennis, Line Dancing, Social Partner Dance, Singing, Latin Dance, Art, Porcelain Painting, Craft, Social Cards, Mahjong, Russian Language, Book Groups and Computer Support.

Lunch available Monday, Tuesdays and Thursdays.

Come and try! Your first visit is free!

10 Watson Street, Turner ACT 2612

☎ **6248 9509**

✉ ops@canberraseniors.org.com

➔ canberraseniors.org.au

f [/CanberraSeniorsCentre](https://www.facebook.com/CanberraSeniorsCentre)

Canberra Walk In Aviary

Seniors entry \$13 (saving of 15%)

**Unit 13 Federation Square, O'Hanlon Place,
Nicholls ACT 2913**

☎ **02 6230 2044**

➔ canberrawalkinaviary.com.au

Chronicle

Chronicle is Australia's first curated history documentary streaming platform. Discover new insights on WWII, legacies, or Australia's greatest sporting heroes; there's a story for all history lovers.

Memberships are \$79 a year or \$9 a month.

Get 20% discount on a subscription using the coupon code: CHRONICLESENIORSCARD.

☎ **02 6248 8444**

✉ support@chronicle.watch

➔ chronicle.watch

Cockington Green Gardens

25% saving off adult entry free.

11 Gold Creek Road, Nicholls ACT 2913

☎ **02 6230 2273**

✉ info@cockingtongreen.com.au

➡ cockingtongreen.com.au

Gungahlin Lakes Golf and Community Club

Ask about our special offers for ACT Seniors Cardholders.

110 Gundaroo Drive, Nicholls ACT 2913

☎ **02 6242 6283**

✉ lakes@ainsliigroup.com.au

➡ ainsliigroup.com.au/

iVenture Card Travel

iVenture Card is offering 10% off pre-paid attraction passes for over 305+ attractions, tours and experiences worldwide.

**Suite 202, 9 Alexander Street,
Crows Nest NSW 2065**

☎ **02 9263 1100**

✉ info@iventurecard.com

➡ iventurecard.com/au

RECREATION AND ENTERTAINMENT

■ Recreation and Leisure

Life's An Adventure

Life's An Adventure offers award-winning **pack-free guided walks** across Australia and the world, delivering unforgettable experiences in breathtaking destinations. **Walking is just part of the journey**our tours also include immersive cultural experiences, superb dining, and unique accommodations, creating a truly enriching adventure.

Seniors Discount: Senior card holders receive a **\$100 discount** on their first Life's An Adventure tour. Join us for a stress-free, fully supported exploration of nature and culture.

Shop 7, 1306 -1312 Pittwater Road, Narrabeen, NSW, 2101.

 **02 9775 4553**

 walks@lifesanadventure.com.au

 lifesanadventure.com.au


 [/lifesanadventure.com.au/](https://www.facebook.com/lifesanadventure.com.au/)

 [#lifesanadventureoz/](https://www.instagram.com/lifesanadventureoz/)

National Dinosaur Museum

Save 30% off adult entry fee. Adults \$20.00, Seniors Card discount \$14.00. Wheelchair accessible.

6 Gold Creek Road, Nicholls ACT 2913

 **02 6109 8160**


 admin@nationaldinosaurmuseum.com.au

 nationaldinosaurmuseum.com.au

National Film and Sound Archive

Discounted seniors/concession tickets for all National Film and Sound Archive events including the seasonal film series in Arc Cinema. Regular evening and matinee screenings on offer throughout the year.

1 McCoy Circuit, Acton ACT 2601

 **1800 067 274**

 tickets@nfsa.gov.au

 nfsa.gov.au

National Zoo & Aquarium

\$7.00 discount per person upon presentation of a Seniors Card.

999 Lady Denman Drive, Weston Creek ACT 2611

☎ **02 6287 8400**

✉ frontdesk@nationalzoo.com.au

➔ nationalzoo.com.au

NatureArt Lab

10% discount on courses and workshops by NatureArt Lab.

Workspace A, M16 Artspace 21 Blackland Crescent, Griffith ACT.

☎ **0414 342 839**

✉ info@natureartlab.com.au

NCE Pty Ltd

15% off full priced items, excluding gift cards, special offers and promotions.

34-48 Stanley Drive, Somerton VIC 3062

☎ **1300 366 024**

✉ cs@homeandrv.com.au

➔ homeandrv.com.au

Resumes by Lana

It's never too late to explore a career change. You may be considering your final career move, seeking more flexibility and balance, or looking for a role that better aligns with your lifestyle and interests. Reach out for more information at hello@resumesbylana.com and get 5% off all services for cardholders and receive a free 15 minute consultation before engagement.

☎ **0493 423 983**

✉ hello@resumesbylana.com

RECREATION AND ENTERTAINMENT

■ Recreation and Leisure

Status Golf

10% discount for Seniors Card holders - Monday to Friday 10am to 5pm.

11 Akuna Street, Canberra City ACT 2601

☎ **0452 284 653**

✉ info@statusgolf.com.au

➔ statusgolf.com.au

Yass Valley Outdoors Pty Ltd

10% discount to Seniors Card holders in line with loyalty card already offered.

156 Comur Street, Yass NSW 2582

☎ **02 6226 6884**

✉ info@yassvalleyoutdoors.com.au

➔ yassvalleyoutdoors.com.au

Australian Parliament House

Concession price offered on all standard public tours, adult tickets \$28pp, concession tickets \$21pp. Presentation of a valid concession card required.

**Australian Parliament House, Parliament Drive,
Canberra ACT 2601**

☎ **02 6277 5399**

✉ parliament.shop@aph.gov.au

➡ aph.gov.au/Visit_Parliament

Cockington Green Gardens

25% saving off adult entry free.

11 Gold Creek Road, Nicholls ACT 2913

☎ **02 6230 2273**

✉ info@cockingtongreen.com.au

➡ cockingtongreen.com.au

iVenture Card Travel

iVenture Card is offering 10% off pre-paid attraction passes for over 305+ attractions, tours and experiences worldwide.

**Suite 202, 9 Alexander Street,
Crows Nest NSW 2065**

☎ **02 9263 1100**

✉ info@iventurecard.com

➡ iventurecard.com/au

National Dinosaur Museum

Save 30% off adult entry fee. Adults \$20.00, Seniors Card discount \$14.00. Wheelchair accessible.

6 Gold Creek Road, Nicholls ACT 2913

☎ **02 6109 8160**

✉ admin@nationaldinosaurmuseum.com.au

➡ nationaldinosaurmuseum.com.au

RECREATION AND ENTERTAINMENT

■ Tourist Attractions

National Film and Sound Archive

Discounted seniors/concession tickets for all National Film and Sound Archive events including the seasonal film series in Arc Cinema. Regular evening and matinee screenings on offer throughout the year.

1 McCoy Circuit, Acton ACT 2601

☎ **1800 067 274**

✉ tickets@nfsa.gov.au

➡ nfsa.gov.au

National Library Bookshop

10% discount on purchases in store (exceptions apply)

National Library, Parkes Place, Parkes ACT 2600

☎ **02 6262 1424**

✉ nlshop@nla.gov.au

➡ bookshop.nla.gov.au

National Zoo & Aquarium

\$7.00 discount per person upon presentation of a Seniors Card.

999 Lady Denman Drive, Weston Creek ACT 2611

☎ **02 6287 8400**

✉ frontdesk@nationalzoo.com.au

➡ nationalzoo.com.au

She Shapes History

Stand in the abandoned bunker where codebreakers worked during World War II. Walk in the footsteps of the first women elected to federal parliament. Hear the words of a trailblazing judge outside the courtroom that transformed the nation.

She Shapes History is a historical tourism company sharing women's history in a fun, engaging, and accessible way through walking tours.

A fantastic activity for seniors, our tours offer gentle exercise, fresh air, and inspiring storytelling that sparks curiosity and conversation. With a relaxed pace, frequent stops, and plenty of opportunities to sit and use the bathroom, it's a comfortable way to connect with history, community, and new perspectives.

Step beyond the history books and onto Canberra's streets, where the stories of trailblazing women are waiting to be uncovered.

We offer a 10% seniors discount - just use the code SENIORS10.

✉ hello@sheshapeshistory.com.au

➔ sheshapeshistory.com.au

f [/sheshapeshistory](https://www.facebook.com/sheshapeshistory)

📷 [#sheshapeshistory](https://www.instagram.com/sheshapeshistory)



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cota.com.au

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50% off the commitment deposit saving \$100 (usually \$200). This is not an extra fee as this deposit comes off your final balance.

10% saving on travel insurance quotes through NIB, Covermore or Aussie Travel Cover.

\$50 per person flight credit when booking any Club Med multi-generational family holiday.

✉ askus@activetravel.com.au

➔ activetravel.com.au

f [/activetravelau](https://www.facebook.com/activetravelau)

📷 [#activetravelau](https://www.instagram.com/activetravelau)

Aussie Traveller

15% off all products. Excludes promotional or discounted items.

235 Barry Road, Campbellfield VIC 3061

☎ **1300 663 868**

✉ enquiries@aussietraveller.com.au

Australian Pacific Touring Pty Ltd

\$100 per person discount for Seniors Card holders.

Level 4, 1230 Nepean Hwy, Cheltenham VIC 3192

☎ **1300 656 985**

✉ customer.sales@aptouring.com.au

➔ aptouring.com.au

BKB Holidays

10% discount for Seniors Card holders when you book with BKB Holidays.

*Please mention ACTSENIORS when booking.

Minimum spend required. Additional terms and conditions may apply.

Unit 2, 69 Graham Street, Wembley WA 6008

☎ **1300 357 057**

✉ bookings@bkbholidays.com

f [/BKBHolidays/](https://www.facebook.com/BKBHolidays/)

RECREATION AND ENTERTAINMENT

■ Travel

DriveAway

Get 10% off on domestic and international car rentals, motorhomes, and Europe car leasing when you book with DriveAway today. It's easy - mention '**SENIORS**' when booking and provide your Seniors Card Number. Additional terms and conditions may apply.

Level 1, 157 Walker Street, North Sydney NSW 2060

📞 **1300 363 500**

✉ enquiries@driveaway.com.au

➡ driveaway.com.au

Driving Miss Daisy CBR/QBN

10% discount on all bookings for Seniors Card holders - return trips only.

PO Box 1071 Woden ACT 2606

📞 **0419 255 395**

✉ eastcbrwestqbn@drivingmissdaisy.com.au

➡ drivingmissdaisy.com.au

Easy Travel Insurance

Save an extra 10% on our already discounted rates at Easy Travel Insurance - Specialists in all travel insurance needs for seniors of any age.

Use promotional code SCARD10.

✉ info@easytravelinsurance.com.au

Europcar Australia

10% off car rental across Australia and New Zealand.

189 South Centre Road, Tullamarine VIC 3043

**Novotel City, 65 Northbourne Avenue,
Canberra City ACT 2601**

Terminal Building, Canberra Airport ACT

📞 **1300 13 13 90**

✉ customer.relations@europcar.com.au

➡ europcar.com.au/partners/seniors-act

International Rail Australia

Up to 15% off global rail passes and tickets.

63 Rosstown Road, Carnegie VIC 3163

☎ **1300 387 245**

✉ service@internationalrail.com.au

➡ internationalrail.com.au

iVenture Card Travel

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**Suite 202, 9 Alexander Street,
Crows Nest NSW 2065**

☎ **02 9263 1100**

✉ info@iventurecard.com

➡ iventurecard.com/au

Japan Explorer

\$100.00 per person discount for Japan travel packages which include airfares plus accommodation.

227A, 98 Elizabeth Street, Melbourne VIC 3000

☎ **1300 527 269**

✉ info@japanexplorer.com.au

➡ japanexplorer.com.au

RECREATION AND ENTERTAINMENT

■ Travel

Life's An Adventure

Life's An Adventure offers award-winning **pack-free guided walks** across Australia and the world, delivering unforgettable experiences in breathtaking destinations. **Walking is just part of the journey**our tours also include immersive cultural experiences, superb dining, and unique accommodations, creating a truly enriching adventure.

Seniors Discount: Senior card holders receive a **\$100 discount** on their first Life's An Adventure tour. Join us for a stress-free, fully supported exploration of nature and culture.

Shop 7, 1306 -1312 Pittwater Road, Narrabeen, NSW, 2101.

☎ **02 9775 4553**

✉ walks@lifesanadventure.com.au

➡ lifesanadventure.com.au

f [/lifesanadventure.com.au/](https://www.facebook.com/lifesanadventure.com.au/)

📷 [#lifesanadventureoz/](https://www.instagram.com/lifesanadventureoz/)

Spirit of Coorong

8-10+% discount across "Spirit of Coorong" tour range.

Main Wharf, Goolwa SA 5124

☎ **08 8555 2203**

✉ bookings@spiritaustriacruises.com.au

➡ spiritofthecoorong.com.au

The Travel Cellar

10% from travel insurance; up to 3% on cruises and tours; and no booking fees.

☎ **1300 659 011**

✉ reservations@northsidetvl.com.au

➡ northsidetvl.com.au

Towncars Networks Australia

10% off all Towncars services and an additional \$10.00 off on your first trip PROMO CODE: TOWN65.

📞 **1300 869 627** or **(02) 8874 5000**

✉️ bookings@towncarsaust.com.au

➡️ towncarsaust.com.au

Travelmarvel

\$100 per person discount for Seniors Card holders.

Level 4, 1230 Nepean Hwy, Cheltenham VIC 3192

📞 **1300 656985**

✉️ customer.sales@aptouring.com

➡️ travelmarvel.com.au

Valhalla Travel

50% off the commitment deposit saving \$100 (usually \$200). This is not an extra fee as this deposit comes off your final balance.

10% saving on travel insurance quotes through NIB, Covermore or Aussie Travel Cover.

\$50 per person flight credit when booking any Club Med multi-generational family holiday.

📞 **02 6249 6122**

✉️ askus@valhalla.travel

➡️ valhalla.travel

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📷 [#valhallatravelau](https://www.instagram.com/valhallatravelau)

RETAIL AND SHOPPING

■ Retail and Shopping

19 Mosaics

10% off all products excluding postage.

☎ **0413 468 062**

✉ sales@19mosaics.com

➡ 19mosaics.com.au

f [/19Mosaics](https://www.facebook.com/19Mosaics)

📷 [#19_mosaics/](https://www.instagram.com/19_mosaics/)

Amante Jewellery

Save 15% storewide. Visit our online store and enter coupon code SENIORACT before checkout or quote when calling.

☎ **1300 654 860**

✉ info@amante.com.au

➡ amante.com.au

Australian Bedding Company

10% Discount off All Beds Including Electric Adjustable Beds and Free Installation. * Conditions apply.

The Australian Bedding Company is locally owned and has been in business for over 25 years. We pride ourselves on offering old fashioned service and we supply quality Australian made products, factory direct at competitive prices.

We are offering ACT Seniors Card holders 10% discount off all beds and free installation*.

Conditions apply. These conditions are dependent on access and location and we ask you to discuss any of these variables with our sales staff who will provide you with a competitive quote on your purchase.

We also **take away old beds, bed bases and frames** with only minimal handling charges above what the government charges for recycling and disposal. Our showroom is open Mon-Sat 9am - 5pm.

2/78 Hoskins Street, Mitchell ACT 2911

☎ **02 6262 3260**

✉ accounts@ausbedco.com

➡ australianbeddingcompany.com.au



Make Life Better with an Electric Adjustable Bed from ABC

SmartFlex 2

Head & Foot Adjustability
Steel Construction
Wireless Hand Control
Vibration Massage
USB Charging Ports
Underbed Lighting
Customizable Preset Positions



SmartFlex 3

Stylish Modern Design
Zero Gravity Position
Wireless LED Remote
Lockable Castors
3 Speed Massage Unit
Dual Zone Massage
Hi-Lo Function
Battery Back Up



Hi-Lo Chair Bed

Easy-Up Functionality
Vibration Massage
Head & Foot Adjustability
Hi-Lo Functionality
Steel Construction
Castors Optional
Wired Hand Control



Seniors Card holders receive Free Delivery and Installation of Electric Adjustable Beds.

** Conditions apply*



2/78 Hoskins St, Mitchell ACT
M-F 9-5 Ph: 02 6262 3260

Web: australianbeddingcompany.com.au
Email: retail@ausbedco.com.au

RETAIL AND SHOPPING

■ Retail and Shopping

Bedshed Fyshwick

Free delivery is only available to ACT Seniors Card holders for delivery within 20km from the store of purchase, when purchasing in-store or online.

Online orders will receive free delivery upon use of the promotional code 'SCDELIVERY'

Minimum purchase value of \$1,000.

Standard delivery and installation conditions apply.

Anything outside of this may incur additional charges.


See in-store for details.

At the time of delivery, please present a valid senior's card along with matching photo ID and order confirmation, either displayed on your mobile device or as a printed copy.

**Canberra Outlet Centre, 337 Canberra Avenue,
Fyshwick ACT 2609**


 **(02) 6280 7101**

 sales.fyshwick@bedshed.com.au

 bedshed.com.au/find-a-store/bedshed-fyshwick

Bubs The Word

10% discount on selected items.

 **0424 131 289**

 info@bubstheword.com.au

 bubstheword.com.au

 [/bubstheword.com.au](https://www.facebook.com/bubstheword.com.au)

 [#bubstheword.com.au/](https://www.instagram.com/bubstheword.com.au/)

Buy A Safe

Offering prioritized service for ACT Seniors Card holders.

203 Victoria Road, Marrickville NSW 2204

 **1300 405 200**

 admin@apexlocksmiths.com.au

 buyasafe.com.au

Carlingford Music Centre

10% off for Seniors with a valid Seniors Card (instore) or type SENIORS online at the checkout. This offer cannot be used with other discount offers or on already discounted/marked down products.

320 Pennant Hills Road, Carlingford NSW 2118

☎ **02 9873 2333**

✉ contact@carlingfordmusic.com.au

➔ carlingfordmusic.com.au

Casey Superstore

Seniors Card holders receive 5% off their groceries every Monday and Tuesday. Excluding tobacco and alcohol.

19 Whitrod Avenue, Casey ACT 2913

☎ **02 6170 3437**

✉ caseysuperstore@gmail.com

RETAIL AND SHOPPING

■ Retail and Shopping

Chilada

10% off storewide with Seniors Card.

Chilada Airport

**Shop 19, Majura park shopping centre,
18-26 Spitfire Avenue, Canberra Airport ACT 2601**

 **02 6262 7887**

Trading Hrs: Mon - Fri 9-5:30, Sat 9-5, Sunday & Public holiday 10-4.

Chilada Mitchell

Shop 5 , 83-101 Lysaght Street Mitchell ACT 2911

 **02 6262 0080**

Trading Hrs:

Mon - Sat 10-4, Sunday & public holiday close.

Chilada Gungahlin

**Shop G2/48 Gungahlin place ,
Anthony Rolfe Avenue, ACT 2912**

 **02 6242 4190**

Trading Hrs:

Mon - Sat 10-5, Sunday & public holiday 10-3.


 info@chilada.com.au

 chilada.com.au

Clover Fields

10% off all orders over \$16.00 use code: SENIORS10.

26 Peachtree Road, Penrith NSW 2750

 **02 4732 1644**

 sales@cloverfields.com

 cloverfields.com

ELGAS

\$100 worth of LPG gas account credits.

*terms and conditions apply.

5 Geelong Street, Fyshwick ACT 2609

📞 **131 161**

✉ canberra@elgas.com.au

➡ elgas.com.au

Ember Homewares

Ember Homewares is please to offer 10% off your total order to ACT Seniors Card holders. Use code Ember10 at checkout and visit our Australian home furniture store.

3/89 Albert Coasts Lane Melbourne, VIC 3000

✉ admin@emberhomewares.com.au

➡ emberhomewares.com.au

Envy Nightwear

15% off EnvyNightwear.com.au.

✉ customerservice@envynightwear.com.au

➡ envynightwear.com.au

Exquisite Jewellers

10% off on all sale items and 10% off watch batteries starting from \$10.00.

**Shop 28 Kippax Fair, 48 Hardwick Crescent,
Holt ACT 2615**

📞 **6254 0388**

✉ exquisitejewellers@gmail.com

French Affair

Enjoy 10% discount on full priced items with code: SeniorsACT.

PO Box 417 Willoughby NSW 2068

📞 **0491 056 026**

✉ sue@frenchaffair.com.au

➡ frenchaffair.com.au

RETAIL AND SHOPPING

■ Retail and Shopping

Hydragun Australia

\$39.90 off HYDRAGUN at hydragun.com.au/. Enjoy Deep-Tissue Massages In The Comfort of Your Home. Redeem now by emailing support@hydragun.com with your Seniors Card ID number.

Level 10, 171 Clarence Street, Sydney NSW 2000

📞 **6581 613811**

✉️ support@hydragun.com

Merlin Mosaica

10% off all products excluding postage.

The place for Australian Mosaicists looking for something a little different. I sell stained glass and glass tile, a variety of glues, premium cement and epoxy grouts, tools, supplies and equipment (from small tweezers to ring saws), a wide range of interior and exterior substrates, and a whole heap more.

You can arrange to collect from my premises in Calwell, or I can ship to you (Australia wide). Merlin Mosaica also runs classes in the Canberra region on weekends, and during the week. Service, Quality and advice with a smile!

📞 **0455 062 087**

✉️ info@merlinmosaica.com.au

➡️ merlinmosaica.com/shop

f [/merlinmosaica/](https://www.facebook.com/merlinmosaica/)

📷 [#merlinmosaica/](https://www.instagram.com/merlinmosaica/)

Plant and Leaf

10% off all stock on website. Use discount code SENIORS10 at checkout.

📞 **0425 610 932**

✉️ admin@plantandleaf.com.au

➡️ plantandleaf.com.au

Sharp

10% discount to Seniors Card holders on our range of fully serviced printers/photocopiers.

You know technology is moving fast when kids don't go ask for help from their elders, that the elders go ask the kids.

Who has time to fix printer problems, outsource it back to the supplier. A serviced MFD (printer, scanner, photocopier) includes all part, labour and toner. Check out our website sharp.net.au for our products and reach out by phone or email.

2 Julius Ave East North, Ryde NSW 2113

📞 **0412 114 391**

✉️ rmathe@sharp.net.au

➡️ sharp.net.au

Sleeptime

Seniors Card holders get \$200 below the advertised price.

Mobile Showroom, Greater Sydney

📞 **02 9018 9255**

✉️ info@sleeptime.com.au

➡️ sleeptime.com.au

South Pacific Hemp

5% discount for ACT Seniors Card holders on a wide range of products including clothing, manchester, fabric, oils, baby clothes and blankets, food, hair and skin care and pet supplies.

84 Wollongong Street, Fyshwick ACT 2609

📞 **0431 318 898**

✉️ sthpacifichemp@gmail.com

➡️ southpacifichemp.com.au

RETAIL AND SHOPPING

■ Retail and Shopping

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➡ sunnybunny.com.au

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📷 [#sunnybunnysolar/](https://www.instagram.com/sunnybunnysolar/)

SunStak Energy Solutions

\$400 Off a SunStak Solar Energy System (Small, Medium or Large) sunstak.com.au/solar-installs-canberra.

\$100 Off the hardware cost of a Sanden Hot Water Heat Pump system. sunstak.com.au/hot-water-heat-pump-sanden.

\$100 Off the hardware cost of a Tesla Powerwall 2 sunstak.com.au/solar-battery-tesla-powerwall.

\$50 Off the installation cost of a Tesla (HPWC) EV Charger sunstak.com.au/ev-charging.

110 Woodberry Avenue, Coombs ACT 2611

☎ **02 5127 5000**

✉ team@sunstak.com.au

➡ sunstak.com.au

f [/sunstak.energy](https://www.facebook.com/sunstak.energy)

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New Customer - Order and pay for 2 x 45kg LPG bottles of gas and get 50% off your first order! Standard rental charges apply. PLUS, you will receive 24 months fixed branch pricing and FREE delivery to most areas. T&Cs apply.

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2 Tooth Street, Mitchell ACT 2911

✉ canberraorders@supagas.com.au

➔ supagas.com.au/blogs/promotions/2025/May/22/seniors_offer

Yass Valley Outdoors Pty Ltd

10% discount to Seniors Card holders in line with loyalty card already offered.

156 Comur Street, Yass NSW 2582

☎ **02 6226 6884**

✉ info@yassvalleyoutdoors.com.au

➔ yassvalleyoutdoors.com.au

RETAIL AND SHOPPING

■ Cafes and Restaurants

1882 Bar and Grill

10% discount Tuesday - Friday 12pm to 2.30pm.

13 Gladstone Street, Hall ACT 2618

✉ events@1882barandgrill.com.au

➔ 1882barandgrill.com.au

Ainslie Football & Social Club

Ask about our special offers for ACT Seniors Cardholders.

52 Wakefield Avenue, Ainslie 2602 ACT

☎ **02 6248 8422**

✉ ainslie@ainsliigroup.com.au

➔ ainsliigroup.com.au/

Caffe Luxxe

\$0.30 discount on coffee and tea.

**G-058 Tuggeranong Hyperdome, Anketell Street,
Tuggeranong ACT 2906**

☎ **0421 440 658**

✉ caffeluxxe328@gmail.com

Chifley's Bar & Grill

Seniors Lunch Discount Monday to Friday.

10% off Chifley's Bar and Grill Express Lunch
between 12noon and 2:30pm.

\$3.00 coffees all day.

8 National Circuit, Barton ACT 2600

☎ **02 6234 4444**

✉ reservation@hotelkurrajong.com.au

➔ hotelkurrajong.com.au/chifleys-bar-grill

Cup of Joy

10% off any item.

20 Benjamin Way, Belconnen ACT 2617

☎ **0451 985 761**

✉ cupofjoybelconnen2025@gmail.com

Double Drummer

6% discount on all purchases.

4 National Circuit, Barton ACT 2600

☎ **02 6273 8008**

✉ accounts@doubledrummer.com.au

➡ doubledrummer.com.au

Gungahlin Lakes Golf and Community Club

Ask about our special offers for ACT Seniors Cardholders.

110 Gundaroo Drive, Nicholls ACT 2913

☎ **02 6242 6283**

✉ lakes@ainsliigroup.com.au

➡ ainsliigroup.com.au/

Indian Affair Restaurant

Dine in customers - 10% discount.

Take away customers - a complimentary side dish of your choice for orders over \$20.00.

64 Colbee Court, Phillip ACT 2606

02 6282 1483 or 02 6282 1492

✉ bookings@indianaffair.com.au

Little Steamer

10% off for Seniors Card holders.

G06/39 London Circuit, Canberra City ACT 2601

☎ **02 6193 8577**

✉ info@littlesteamer.com.au

RETAIL AND SHOPPING

■ Cafes and Restaurants

Mirchi Indian Restaurant

10% discount on dine-in or takeaway (maximum discount to the value of \$100). Not available on special orders, catering and discount dinner packs. Not available with any other discounts.

**Shop 10 and 11, 4 Riley Close,
Ngunnawal ACT 2913**

☎ **02 6241 0011**

✉ chefseby@hotmail.com

Neutral Grounds Cafe

Seniors Card holders receive 10% discount on coffee, tea and other hot beverages.

2/47 Nettleford Street, Belconnen ACT 2617

☎ **0427 117 013**

✉ neutralgroundsespresso@gmail.com

Siam Twist

5% discount.

1/5 Hackett Place, Hackett ACT 2602

☎ **6249 1386**

✉ contact@siamtwist.com.au

➔ siamtwist.com.au

Star Buffet

Discounted meals for Seniors Card holders.

**Canberra Burns Club, 8 Kent Street,
Kambah ACT 2902**

☎ **02 6296 3045**

✉ Burns@starbuffet.com.au

➔ starbuffet.com.au



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Star Buffet - Burns Club

28 kett street, KAMBAH ACT

Tel: (02)6296 3045

Email: burns@starbuffet.com.au

The Scottish Club

RETAIL AND SHOPPING

■ Cafes and Restaurants

Statesman Hotel

10% off food and beverages.

14 Theodore Street, Curtin ACT 2605

☎ **02 6281 1777**

✉ hello@statesmanhotel.com.au

➡ statesmanhotel.com.au/eat-and-drink

Thai Basil Restaurant Erindale

5% discount for ACT Seniors Card holders.

38 Gartside Street, Wanniasa ACT 2903

☎ **02 6231 2365**

✉ Pekky_kha@hotmail.com

➡ thai-basil.com.au

The Denman Kitchen and Wine Bar

Monday \$25 any meal and drink.

Tuesday \$25 Steak and drink.

Wednesday \$25 burger and drink.

Thursday \$25 Schnitzel and drink.

5/1 Felsted Vista, Denman Prospect ACT 2611

✉ hello@thedenmankitchen.com.au

➡ thedenmankitchen.com.au

Urban by Asian Tiger ANU

10% off for Seniors Card holders. Minimum spend of \$15.

155 B2 Joplin Lane, Acton ACT 2601

✉ urbanbyasiantiger@gmail.com

➡ kambri.com.au/eat-drink-shop/urban-by-asian-tiger

Vibe Café & Juice Bar

Small coffee and cake for \$7.00 on Tuesdays.

**Macquarie Shopping Centre, Lachlan Street,
Macquarie ACT 2615**

Wheat and Oats

10% off for Seniors Card holders.

Unit 2 22/24 Colbee Court, Phillip ACT 2606

☎ **02 6282 6828**

✉ wheatandoat@gmail.com

Capital Food Market

Seniors Card discount in select shops each Thursday.

10 Lathlain Street, Belconnen ACT 2617

✉ pm@sentiare.com.au

➡ capitalfoodmarket.com.au

Casey Superstore

Seniors Card holders receive 5% off their groceries every Monday and Tuesday. Excluding tobacco and alcohol.

19 Whitrod Avenue, Casey ACT 2913

☎ **02 6170 3437**

✉ caseysuperstore@gmail.com

RETAIL AND SHOPPING

■ Food and Drink

Elite Supps

15% off, applicable at all Elite Supps stores.

Lvl 1, Westfield Woden, Woden ACT 2606

☎ 02 6281 5563

205 Anketell St Tuggeranong ACT 2900

☎ 02 6293 9853

2/88 Newcastle St Fyshwick ACT 2601

☎ 02 6239 1222

Shop 5/75 Garema Place Canberra ACT 2601

☎ 02 6257 8444

**33 Hibberson Street Gungahlin Marketplace
Gungahlin ACT 2912**

☎ 02 6242 6606

**Shop 48A Lvl 2, Westfield Belconnen
Benjamin Way Belconnen ACT 2615**

☎ 02 6251 7717

Elite Supps CISAC (Club Lime)

**100 Eastern Valley Way
Bruce ACT 2617**

☎ 02 6253 1888

✉ enquiries@elitesupps.com.au

➡ elitesupps.com.au

FishCo Fish Market

10% off on Thursday when Seniors Card is shown.
Not valid for the week leading up to Christmas and
Easter.

19 Dalby Street, Fyshwick ACT 2609

☎ 02 6239 6415

✉ info@fishco.com.au

➡ fishco.com.au

Kenko Tea

Save 10% on all products at Kenkotea.com.au with coupon code 'SENIOR'

449/585 Little Collins Street, Melbourne Vic 3000

✉ hello@kenkotea.com.au

➔ kenkotea.com.au

Liquor Legends Woden

5 - 10% off for ACT Seniors Card holders.

**Paul's Centre,
Unit 4 101 Hindmarsh Drive Phillip ACT 2606**

☎ **02 6282 0539**

✉ liquorlegends.woden@gmail.com

Norton Road Wines

10% discount at the restaurant and 5% discount on cellar door wine purchases for Seniors Card holders.

344 Norton Road, Wamboin NSW 2620

☎ **02 6238 3148**

✉ enquiries@nortonroadwines.com.au

➔ nortonroadwines.com.au

Purematcha

Seniors Card holders get 10% off our entire Purematcha teas, matcha tea sets and matcha tea accessories range. Use SENIOR10 at cart checkout. We import the finest quality Matcha green tea powder directly from Japan. 100% organic and full of amazing health benefits making it gram for gram one of the most powerful antioxidants in all of nature.

☎ **1300 50 44 69**

✉ info@purematcha.com.au

➔ purematcha.com.au

RETAIL AND SHOPPING

■ Food and Drink

Supabarn Supermarkets

5% off every Wednesday. Excludes tobacco, liquor and already discounted items.

15 Kingsland Parade, Casey ACT 2913

☎ 02 6225 7270

56 Abena Avenue, Crace ACT 2911

☎ 02 6162 0913

34 Eyre Street, Kingston ACT 2604

☎ 02 6257 1777

✉ info@supabarn.com.au

➔ supabarn.com.au

Urban by Asian Tiger ANU

10% off for Seniors Card holders. Minimum spend of \$15.

155 B2 Joplin Lane, Acton ACT 2601

✉ urbanbyasiantiger@gmail.com

➔ kambri.com.au/eat-drink-shop/urban-by-asian-tiger

winedirect.com.au

20% off the first purchase with a minimum of 12 bottles in the first transaction. Only applies to first purchase customers with winedirect.com.au. Must use code SENIORS20 at checkout. Excludes French champagne. Cannot be used in conjunction with any other offer.

8 Gilles Lane, Adelaide SA 5000

alice.day@winedirect.com.au

➔ winedirect.com.au/?group=seniorscard

Zen Green Tea

10% off for Seniors Card holders on all Zen Green Matcha Tea products and free Australia-wide shipping. Simply use coupon “SENIOR” at checkout. Matcha contains 137 x the antioxidants in standard green tea and helps increase energy, boost the metabolism and support the immune system. Click here to learn more about matcha health benefits.

✉ hello@zengreentea.com.au

➔ zengreentea.com.au

Eat well. Live independently.

Eating well should be enjoyable at every stage of life. That's why Lite n' Easy created My Choice dinners, soups and desserts, specially designed for older Australians with smaller appetites.

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on your first delivery

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by Lite n' Easy

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Free delivery over \$50.00 for Seniors Card holders.

📞 **02 8804 7457**

✉️ help@alifeplus.com.au

➡️ alifeplus.com.au

Lite n' Easy

Save 30% on your first delivery. Order online using promo code SENACT or call us on 13 15 12 and mention this offer.

📞 **13 15 12**

✉️ privacy@liteneasy.com.au

➡️ liteneasy.com.au

Tender Loving Cuisine

Seniors Card holders receive a 5% discount on orders. You'll love the homemade taste of our award-winning meals delivered to over 3,200 suburbs.

**Suite 201, 166 Great North Road,
Five Dock NSW 2046**

📞 **1800 801 200**

✉️ clientservices@tlcmeals.com.au

➡️ tlcmeals.com.au

The Good Meal Co

As an ACT Seniors Card member, you can save 20% off your deliveries from The Good Meal Co. Order online using promo code SENIORACT20 or call us on 1800 155 255 and mention this offer.

📞 **1800 155 255**

✉️ enquiries@goodmeal.com.au

➡️ goodmeal.com.au

RETAIL AND SHOPPING

■ Shopping

4 Corners Picture Framers

10% discount on custom picture framing.

59 Colbee Court, Phillip ACT 2606

☎ **02 6282 3535**

✉ sales@4cornersframing.com.au

➡ 4cornersframing.com.au

All Things For Kids

10% off store wide.

☎ **03 9013 7059**

✉ info@allthingsforkids.com.au

➡ allthingsforkids.com.au

Autumn Avenue

Seniors Card holders receive 10% off all orders.

Please advise via email or online chat that you hold a Seniors Card to receive this offer.

PO Box 843 Northcote VIC 3070

☎ **03 9016 9460**

✉ info@autumnavenue.com.au

➡ autumnavenue.com.au

Baselayers

25% off everything on the website only. Use coupon code Senior25 at checkout. Applies to thermal underwear, briefs, slips and sleepwear.

617 Glenferrie Road, Hawthorn VIC 3122

☎ **03 9818 3000**

✉ sales@brandella.com

➡ baselayers.com.au

Beautiful Gems and Jewellery

30% off selected anniversary and birthstone jewellery.

PO Box 775, Mudgeeraba QLD 4213

📞 **0448 959 233**

✉️ james@beautifulgemsjewellery.com.au

➡️ beautifulgemsjewellery.com.au

Best Pillows

10% off your first order. You will need to call the store to get your discount code.

Seniors Card Required.

Therapeutic pillows, back, neck, side and leg support pillows, cushions & wedges.

PO Box 3048, Myaree 6154 WA

✉️ sales@bestpillows.com.au

➡️ bestpillows.com.au/shop

Black Mango

10% discount off all furniture and lighting at Black Mango with code SR10%

📞 **03 9005 6000**

✉️ team@blackmango.com.au

➡️ blackmango.com.au

Buvelot Picture Framers

10% off all custom frames, readymade frames and accessories.

45 Colbee Court, Phillip ACT 2606

📞 **02 6282 4605**

✉️ framing@buvelot.com.au

➡️ buvelot.com.au

RETAIL AND SHOPPING

■ Shopping

Capital Eye Optometrist

\$100 off a complete pair of Spectacles (frames and lenses) when you mention this discount offer at the time of purchasing.

**Suite 3B, Level 1, 3 Sydney Avenue,
Barton ACT 2600**

☎ **02 6273 7458**

✉ info@capitaleye.com.au

Carlingford Music Centre

10% off for Seniors with a valid Seniors Card (instore) or type SENIORS online at the checkout. This offer cannot be used with other discount offers or on already discounted/marked down products.

320 Pennant Hills Road, Carlingford NSW 2118

☎ **02 9873 2333**

✉ contact@carlingfordmusic.com.au

➔ carlingfordmusic.com.au

Cassidy's Department Store

10% off original price, 7 days a week, dry-cleaning and discounted items excluded.

Shop A5 Jamison Plaza, Macquarie ACT 2614

☎ **02 6251 1911**

✉ admin@cassidysjamison.com.au

Colleen's Lingerie & Swimwear

10% off full priced items (excludes breast forms)

Shop 6, Garran Place, Garran ACT 2605

☎ **02 6285 1311**

✉ info@colleens.com.au

Custom Neon

10% discount on the entire range. Simply enter the promo code SENIORS10 at checkout. We sell a stunning range of custom design LED neon lights and signs.

☎ **1800 725 574**

✉ info@customneon.com.au

➡ customneon.com.au

Dawn Clocks

10% discount for ACT Seniors Card holders.

PO Box 5167 Kahibah NSW 2290

☎ **1300 958 905**

✉ info@dawn-clocks.com

➡ dawn-clocks.com/

Dentons Pillows

10% discount across all products using code SENIORS10.

93 Lewis Road, Wantirna South VIC 3152

☎ **03 9887 0001**

✉ enquiries@dentons.com.au

➡ dentons.com.au

RETAIL AND SHOPPING

■ Shopping

Elite Supps

15% off, applicable at all Elite Supps stores.

Lvl 1, Westfield Woden, Woden ACT 2606

☎ 02 6281 5563

205 Anketell St Tuggeranong ACT 2900

☎ 02 6293 9853

2/88 Newcastle St Fyshwick ACT 2601

☎ 02 6239 1222

Shop 5/75 Garema Place Canberra ACT 2601

☎ 02 6257 8444

**33 Hibberson Street Gungahlin Marketplace
Gungahlin ACT 2912**

☎ 02 6242 6606

**Shop 48A Lvl 2, Westfield Belconnen
Benjamin Way Belconnen ACT 2615**

☎ 02 6251 7717

Elite Supps CISAC (Club Lime)

100 Eastern Valley Way

Bruce ACT 2617

☎ 02 6253 1888

✉ enquiries@elitesupps.com.au

➔ elitesupps.com.au

Ember Homewares

Ember Homewares is please to offer 10% off your total order to ACT Seniors Card holders. Use code Ember10 at checkout and visit our Australian home furniture store.

3/89 Albert Coasts Lane Melbourne, VIC 3000

✉ admin@emberhomewares.com.au

➔ emberhomewares.com.au

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Save 20% on all mattresses and accessories with the code “seniorscard.” Our mattress, is the number one choice for back pain in Australia, and perfect for electric adjustable beds. We offer Australia-wide delivery. Visit our website or call 1300 791 753 today!

7/2 Sabre Close, Rutherford NSW 2320

📞 **1300 791 753**

✉️ hello@ergoflex.com.au

➡️ ergoflex.com.au

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Turning every space into a Gallery. 10% discount for ACT Seniors Card holders.

Commercial appointments and business consultations welcome.

**Hughes Shopping Centre, 2 Wisdom Street,
Hughes ACT 2605**

📞 **0450 427 470**

✉️ europeanmasters@outlook.com

➡️ european-masters.myshopify.com

📷 [#european__masters/](https://www.instagram.com/european__masters/)

Exquisite Jewellers

10% off on all sale items and 10% off watch batteries starting from \$10.00.

**Shop 28 Kippax Fair, 48 Hardwick Crescent,
Holt ACT 2615**

📞 **6254 0388**

✉️ exquisitejewellers@gmail.com

Focus On Furniture

5% off already discounted items.

**Canberra Outlet Centre, Canberra Ave,
Fyshwick ACT 2609**

📞 **02 6288 1680**

✉️ canberra@focusonfurniture.com.au

RETAIL AND SHOPPING

■ Shopping

Frankie & Lois “The Cat’s Whisker”

Personal Retail Shopper- Canberra, Queanbeyan Region 10% off hourly rate of \$25.00.

Ainslie ACT 2602

📞 **0431 256 320**

✉ margaretvlay@gmail.com

French Affair

Enjoy 10% discount on full priced items with code: SeniorsACT.

PO Box 417 Willoughby NSW 2068

📞 **0491 056 026**

✉ sue@frenchaffair.com.au

➡ frenchaffair.com.au

FurnitureOkay

10% off all products when shopping online or in-store.

21/200 Boundary Road, Braeside VIC 3195

📞 **1300 682 302**

✉ info@furnitureok.com.au

➡ furnitureok.com.au/collections

Fusion Furniture

ACT Seniors Card holders receive an exclusive 10% discount on eligible full priced furniture. Show your valid Seniors Card at checkout. Excludes new arrivals and products already on sale or reduced. No stacking discounts.

2/38 Kembla Street, Fyshwick ACT 2609

📞 **0414 208 477**

✉ support@fusionfurniture.com.au

➡ fusionfurniture.com.au

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Between 5% - 15% discount.

📞 **02 6280 4447**

✉ dan@gqfitness.com.au

inkybluemoon

12.5% off graphic design and digital photo restoration services.

170 Copland Drive, Evatt ACT 2617

📞 **0401 050 057**

✉ inkybluemoon.graphicdesign@gmail.com

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At Koala, we believe everyone deserves the perfect sleep! This is why we would like to offer you an exclusive discount of \$125.00 off your new Koala mattress. Koala is Australia's best reviewed mattress, delivered to your door for free with a 120 night trial. To redeem, please contact our friendly staff on 1800 575 337 or via the live chat on our website and simply advise them that you hold a Seniors Card and redeem the code on our website upon checkout.

📞 **1800 575 337**

✉ support@koala.com

➔ au.koala.com/products/koala-mattress

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10% discount on any purchase.

**Shop 10B, Jamison Plaza, Bowman Street,
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📞 **02 6162 1646**

✉ la.shabbie@hotmail.com

RETAIL AND SHOPPING

■ Shopping

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10% off ready-to-wear gift range.

**The Strand Arcade, Level 5, 412-414 George Street,
Sydney NSW**

**Melbourne's GPO, Level 2, 350 Bourke Street,
Melbourne VIC**

☎ **02 9223 2006**

✉ sydney@larsenjewellery.com.au

➡ larsenjewellery.com.au

Lucent Imaging

Show your Seniors Card for a 10% discount on professional photo restoration, film and slide digitisation and high quality photo printing.

☎ **02 6153 3308**

✉ hello@lucentimaging.com.au

➡ lucentimaging.com.au

LuvLink Australia

10% off digital photo frames, friendship lamps and other connection products.

465 Victoria Avenue, Chatswood NSW 2067

☎ **0420 331 906**

✉ support@luvlink.com

➡ luvlink.com.au

f [/FriendshipLamp](https://www.facebook.com/FriendshipLamp)

📷 [#luvlink/](https://www.instagram.com/luvlink/)

Magnetite Retrofit Double Glazing

10% discount for ACT Seniors Card holders.

7/91-93 Grimwade Street, Mitchell 2911

☎ **02 6255 7220**

✉ canberra@magnetite.com.au

➡ magnetite.com.au

Mister Minit

10% off all services (Shoe Repairs, Key Cutting, Engraving, Watch Services & Car Key and Remote Control Duplication)

**Westfield Belconnen Kiosk 101,
Benjamin Way, Belconnen ACT 2617**

☎ 02 6251 3999

**South Point Tuggeranong, K0002,
Anketell St, Tuggeranong ACT 2900**

☎ 02 6293 4158

**Westfield Woden, Kiosk KL7, Keltie Street, Woden
ACT 2606**

☎ 02 6281 1302

**Westfield Woden 2, Kiosk KG009c, Keltie Street,
Woden ACT 2606**

☎ 02 6282 1223

**The Terrace Manuka, Shop 35, Flinders Way,
Manuka ACT 2603**

☎ 02 6295 2181

**Majura Park, Kiosk 23, 18 26 Spitfire Avenue,
Majura ACT 2609**

☎ 02 6247 0755

**Gungahlin Marketplace, Shop 11a, 30 Hibberson
Street, Gungahlin ACT 2912**

☎ 02 6255 4212

**Canberra Centre, Kiosk EFK32, 148 Bunda Street,
Canberra City ACT 2601**

☎ 02 6257 5248

**Riverside Plaza Queanbeyan, Shop 3 131 Monaro
St, Queanbeyan NSW 2620**

☎ 02 6179 3901

☎ 02 95219100

✉ info@minit.com.au

➔ misterminit.co

RETAIL AND SHOPPING

■ Shopping

My Little Love Heart

15% off to all ACT Seniors Card holders across our baby gifts and accessories online store.

Unit 6, 18 Watson Place, Maylands WA 6051

☎ **0456 714 869**

✉ info@mylittleloveheart.com.au

➡ mylittleloveheart.com.au

Myhomefone

10% off all costs (setup and monthly fees) across all products for Seniors Card holders.

**Level 1, 100 William Street,
Woolloomooloo NSW 2011**

☎ **1300 031 107**

✉ sales@myhomefone.com.au

➡ myhomefone.com.au

Mypurmist Pty Ltd

10% discount on Mypurmist Free and Mypurmist 2 Ultrapure Steam Inhalers when purchased directly. Product must be purchased directly from online shop at mypurmist.com.au Excludes accessories and spares. Only applicable to Seniors Card holders. TGA Registered. Use ACTSENIORS10 at checkout.

✉ info@mypurmist.com.au

➡ mypurmist.com.au

National Library Bookshop

10% discount on purchases in store (exceptions apply)

National Library, Parkes Place, Parkes ACT 2600

☎ **02 6262 1424**

✉ nlshop@nla.gov.au

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PO Box 490 Chirn Park QLD 4215

📞 **07 5591 1629**

✉ info@neeki.com.au

➡ neeki.com.au

📘 [/wondersheet/](https://www.facebook.com/wondersheet/)

📷 [#wondersheet.australia/](https://www.instagram.com/wondersheet.australia/)

Not Another Baby Shop

10% off full priced items. Enter code Seniors at checkout.

✉ notanotherbabyshop@gmail.com

➡ notanotherbabyshop.com.au

Online Trophy Shop.com.au

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📞 **1300 787 861**

✉ alan@imagedata.com.au

RETAIL AND SHOPPING

■ Shopping

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10% off for all Seniors Members only.

Please contact us via phone or email before purchasing.

3/86 Charman Road, Mentone VIC 3194

☎ **1300 785 191**

✉ info@outdoorlivingessentials.com.au

➔ outdoorlivingessentials.com.au

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12% discount on all products when you buy directly from our website or our retail store in Ashmore, QLD.

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3/31 Dominions Road, Ashmore QLD 4214

☎ **1300 911 442**

✉ info@painpodau.com

➔ thepainpod.com

f [/thepainpod/](https://www.facebook.com/thepainpod/)

📷 [#thepainpod/](https://www.instagram.com/thepainpod/)

Personal Cooling Products

10% off on all products that are not already on sale.

Visit our website and upon checkout in the Discount Options enter the coupon code 3912 for Seniors Card Discount Code or quote the number when calling.

14/2 Taylors Drive, Lane Cove North NSW 2066

☎ **1300 820 708**

✉ pcpsales18@gmail.com

➔ personalcoolingproducts.com.au

Plastic Creations

5% discount off all our products.

3/83 Wollongong Street, Fyshwick ACT 2906

☎ **0418 425 957**

✉ plasticman@plasticcreations.com.au

➡ plasticcreations.com.au

f [/plasticcreations](https://www.facebook.com/plasticcreations)

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☎ **1300 366 265**

✉ Liz@unionshopper.com.au

➡ seniorshopper.com.au

The Back & Neck Bed Shop

10% off your first order. You will need to call the store to get your discount code.

Seniors Card Required.

Beds, mattresses, pillows, electric beds.

2/110 Norma Road, Booragoon WA 6154

☎ **(08) 9302 1290**

✉ sales@backandneck.com.au

➡ backandneck.com.au/adjustable-beds-perth

The Good Feet Store - Belconnen

10% off for Seniors Card holders.

Shop 71, Westfield Belconnen, Benjamin Way, Belconnen ACT 2617

☎ **02 6251 5562**

✉ customersupport@goodfeet.com.au

➡ goodfeet.com

RETAIL AND SHOPPING

■ Shopping

Town & Country Mattresses & Beds

5% discount.

68 Research Road, Pooraka SA 5095

☎ **08 8349 6565**

✉ quotes3@bigpond.com

➡ electricadjustablebeds.com.au

VisionDirect.com.au

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SENIORAU30 30% on Prescription Lenses.

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☎ **1800 320 660**

✉ customerservice@visiondirect.com.au

➡ visiondirect.com.au

Yass Valley Outdoors Pty Ltd

10% discount to Seniors Card holders in line with loyalty card already offered.

156 Comur Street, Yass NSW 2582

☎ **02 6226 6884**

✉ info@yassvalleyoutdoors.com.au

➡ yassvalleyoutdoors.com.au

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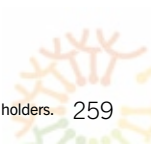
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